

# AMANERA

Festive Itinerary 2025



## Welcome to Amanera

This festive season, escape to the serene shores of Playa Grande and create lasting memories with those who matter most.

Amanera's holiday programme brings together cherished traditions from the Caribbean and around the world, paired with experiences unique to our coastal sanctuary. Each day is designed to inspire meaningful connection, with exceptional culinary moments, immersive outdoor adventures unveiling the region's natural wonders, revitalising wellness journeys, and vibrant live entertainment reflecting the island's rich cultural heritage.

Wishing you a joyful holiday season and a New Year filled with health, happiness and togetherness.

## Giving Back

This year, we are committed to supporting a variety of meaningful projects within our community. Ensuring our contributions make the greatest impact, all funds raised will be thoughtfully distributed among the chosen causes, based on their individual needs and priorities.



20 DECEMBER 2025

## Yoga Flow

LOUNGE BAR

WELLNESS

07:00

Expansive yoga class inspired by the power of the star. Mindful movement and breath, guiding the body toward the peak pose of Utthita Tadasana (Star Pose).

Maximum of six guests.

## Soap Atelier

LOUNGE BAR

FAMILY

11:00

Little ones can embrace their creative side while crafting star and moon-shaped soap bars with nourishing, skin-friendly ingredients.

Suggested for children between six and 12 years old.

Maximum of eight guests.

## Shoulder Balance Massage

BEACH

WELLNESS

12:15

Release all the accumulated tension in your body with a quick shoulder balance massage soundtracked by the waves and the ocean breeze.

## Cookie Decoration

LIBRARY

FAMILY

15:00

Kids will have a wonderful time creating festive shooting star cookies with all the frosting and sprinkles they desire.

Suggested for children between six and 12 years old.

Maximum of eight guests.

## Dominican Countryside Dinner

BEACH CLUB

CULINARY

19:00

A Dominican Countryside Dinner accompanied by live entertainment and local rhythms. Step into the heart of the Dominican countryside, where hospitality is second nature and every meal is a celebration of life, land and community. This dinner is a tribute to the kind-hearted people of the campo – those whose recipes are filled with love and passed down through generations.

Expect soulful, home-style Dominican dishes made with fresh, locally sourced ingredients, including hearty root vegetables and bursts of tropical flavour.

21 DECEMBER 2025

## Body Strengthen

FITNESS CENTRE

FITNESS

09:00

An empowering session that challenges the entire body with a fusion of strength and cardio. Fuel your system with intensity and discipline, moving with strength beneath the rising light.

Maximum of six guests.

## Face Painting

LIBRARY

FAMILY

11:00

With a treasure hunt to look forward to, little ones will love getting in character as a pirate or friendly sea creature at this face-painting session.

Suggested for children between five and 12 years old.

Maximum of eight guests.

## Pasta Bar

BEACH CLUB

CULINARY

12:00 - 16:00

Enjoy a relaxed and flavourful afternoon by the sea with our beachside pasta lunch, where Italian comfort meets tropical charm. Savour a selection of freshly made pastas, each crafted with the finest ingredients and a touch of island flair.

Pair your dish with a crisp glass of wine or a refreshing spritz and let the gentle rhythm of the waves set the tone for a perfect coastal escape.

## Solar Reflections

BEACH

WELLNESS

12:15

Perfect for those seeking balance, healing or a serene reset in tune with the cosmos, the Solar Reflections therapy is a celestial embrace for mind, body and soul, guided by the ancient wisdom of reflexology.

## Cornhole Tournament

BEACH

FAMILY

15:00

In this fun and friendly competition, kids will take turns tossing small bean bags onto a wooden board with a hole in it. They'll earn points for getting the bags on the board or in the hole. It's a game of aim, teamwork and lots of laughs.

Suggested for children between five and 12 years old.

Maximum of eight guests.

22 DECEMBER 2025

## Sunrise Vinyasa

WELLNESS PLATFORM

WELLNESS

07:00

A flowing yoga sequence at sunrise that honours the past while inviting renewal.

Maximum of four guests.

## Caribbean Smoothies

LOUNGE BAR

FAMILY

11:00

Discover the delicious tropical fruits that grow in abundance in the Caribbean and transform them into refreshing smoothies – the perfect healthy treat.

Suggested for children between six and 12 years old.

Maximum of eight guests.

## Compress Crafting

LIBRARY

WELLNESS

12:15

Heated herbal compresses can ease muscular pain and other conditions when placed on affected areas and massaged. Create your own with local medicinal plants in this hands-on workshop.

Maximum of eight guests.



22 DECEMBER 2025

## Pottery Making

LOUNGE BAR

FAMILY

15:00

Children will explore their creativity by making pottery inspired by stars, galaxies and the night sky. A fun mix of art and imagination.

Suggested for children between six and 12 years old.  
Maximum of eight guests.

## Chocolate Discovery

LIBRARY

CULINARY

16:00

Discover the journey from cacao bean to chocolate bar– an exploration of the rich ancestral heritage rooted in Dominican soil. Learn how the island’s world-renowned cacao is transformed by time-honoured techniques, and savour a curated chocolate pairing that highlights the deep, complex flavours of Dominican chocolate.

Maximum six guests.  
Reservation required.

## After-Dinner Delights

LOUNGE BAR

CULINARY

AFTER DINNER

After a delicious dinner at Casa Grande, round off your day with the chef’s homemade chocolate bars and truffles, alongside a curated selection of Dominican fine pours and Amanera’s signature tobacco selection, accompanied by the sounds of live music.

23 DECEMBER 2025

## Lower Body Earth Pulse

FITNESS CENTRE

WELLNESS

09:00

A sculpting session focused on glutes, thighs and hamstrings with grounded, steady movement. Feel the beat of your lower body awakening as each rep builds strength and rooted power.

Maximum of six guests.

## Coconut Leaf Bracelet Crafting

LIBRARY

FAMILY

11:00

Learn more about Dominican arts and crafts by weaving your own coconut leaf bracelets. The perfect souvenir or gift to take home.

Suggested for children between five and 12 years old.

Maximum of eight guests.

## Facial Therapy

LOUNGE BAR

WELLNESS

12:15

This facial therapy is a soulful pause in time. Perfect for aligning and reconnecting with nature and yourself.

Maximum of eight guests.

## Seaside Teepee Picnic

BEACH

FAMILY

15:00

Kids will love this seaside picnic in the sand under the shade of a teepee, with storytelling keeping them entertained and a range of delicious snacks and treats to be shared.

Suggested for children between five and 12 years old.

Maximum of eight guests.

23 DECEMBER 2025

## Latin Night

BEACH CLUB

CULINARY

19:00

Experience the vibrant spirit of Latin America with a menu inspired by the culinary traditions of Colombia, Mexico, Ecuador, Brazil and Venezuela. This is a tribute to the flavours that unite a continent. Paired with classic Latin American spirits and live music, this dinner isn't just a meal – it's a cultural toast to the heart of Latin America: vibrant, diverse and unforgettable.

No reservation required.

24 DECEMBER 2025

## Festive Intentions

LOUNGE BAR

WELLNESS

07:00

Through a poetic guided meditation and write a letter not to the self of childhood, but to the soul's deepest desires.

Maximum of six guests.

## Chocolate-Bar Making

LIBRARY

FAMILY

11:00

A fun-filled chocolate bar-making adventure where kids mix, design and decorate their very own delicious creation — featuring a live Milky Way-inspired masterpiece using imaginative spatial forms.

Suggested for children between five and 12 years old.

Maximum of five guests.

24 DECEMBER 2025

## Seafood Market

BEACH CLUB

CULINARY

12:00 – 16:00

Celebrate a Christmas filled with the joys of sun, sand and sea with our festive Seafood Market. Our offering includes succulent grilled prawns, zesty Peruvian ceviche and decadent lobster tails – all locally and sustainably sourced and perfectly paired with a refreshing cocktail or two.

## Stress Relief Massage

BEACH

WELLNESS

12:15

Treat yourself to a gentle, tension-relieving massage. Focusing on pressure points relating to the neck, shoulders and back, the session will also help to regulate your nervous system.

## Letters to Santa Claus

LIBRARY

FAMILY

15:00

Christmas wishes are taken seriously at Amanera. Children will love getting their Christmas desires down on paper and decorating their letter with stickers and more.

Suggested for children between five and 12 years old.

## Christmas Eve

CASA GRANDE

CULINARY

19:00

Reflecting the balmy beauty of a Caribbean winter, our Executive Chef's special Christmas menu is a radiant blend of tradition and tropical inspiration. With twinkling lights overhead and stars mirrored in the waters near Playa Grande, the evening unfolds in the heart of Río San Juan's natural splendour, accompanied by a live jazz band.

Framed by lush cliffs, swaying palms and the soothing rhythm of the sea, this celebration is a timeless reminder of the joy found in laughter, good food and the warmth of the season.

Please note, Casa Grande Restaurant will be the only venue open on the evening of 24 December and will be closed during lunch for the dinner preparation.



25 DECEMBER 2025

## Upper Body Activation

FITNESS CENTRE

WELLNESS

09:00

A sequence targeting arms, shoulders and back with sculpting, resistance-based flows. Elevate your posture and presence by building graceful strength with every lift and reach.

Maximum of six guests.

## Santa's Arrival

LIBRARY

FAMILY

11:00

Join us for a magical moment as Santa makes his grand entrance. Come say hello, snap a photo and share your holiday wishes with the jolly man himself.

Suggested for children between five and 12 years old.

## Solar Touch

BEACH

WELLNESS

12:15

Solar Touch is a therapeutic massage designed to release accumulated tension in the neck and shoulders, using gentle, fluid techniques that harmonise with the cyclical and restorative energy of the sun.

## Pickleball Tournament

PICKLEBALL COURT

FAMILY

16:00

Whether you're a novice or a seasoned player, there's excitement waiting for you and your family on the pickleball court. Join our competition or book a court at any other time of day.

Minimum age eight years old.

25 DECEMBER 2025

Sunset Tacos  
& Margaritas

LOUNGE BAR

CULINARY

18:00

As the sun dips below the horizon and the sky turns gold over the Caribbean, indulge on a beloved classic. Freshly crafted tacos, prepared à la minute with artisanal ingredients and chef-curated fillings. Pair each bite with a signature margarita, handcrafted by our mixologists and served with a twist of salt and a view like no other.

Set against a backdrop of swaying palms and ocean breezes, accompanied by the sounds of live music, this golden hour ritual is a sensory celebration—flavourful, soulful and perfectly timed with the magic of sunset.

Night of Stillness

FITNESS CENTRE

WELLNESS

18:00

Guided Yoga Nidra practice to release the past, anchor the present and plant quiet seeds for the future.

Maximum of four guests.



26 DECEMBER 2025

## Centring Pilates

LOUNGE BAR

WELLNESS

07:00

A precise Pilates session focusing on your core as the gravitational centre. Smooth sequences and breathwork exercises in between sets.

Maximum of six guests.

## Mandala Decoration

LIBRARY

FAMILY

11:00

In this activity, children will decorate stones with intricate mandala designs inspired by the moon, helping them practice patience, focus and creativity.

Suggested for children between four and 12 years old.

Maximum of eight guests.

## Hands Tension Release

BEACH

WELLNESS

12:15

As the jungle's leaves whisper in the gentle sea breeze, allow your hands to be expertly massaged, releasing tension and enhancing circulation and mobility with synchronised pressure point stimulation.

26 DECEMBER 2025

## Coffee Experience

LIBRARY

CULINARY

15:00

A sensory journey into the highlands of the Dominican Republic with an immersive coffee tasting that celebrates the island's prized bean-growing regions – from the misty mountains of Jarabacoa to the fertile valleys of Barahona.

Led by our coffee expert, this curated experience explores the distinct flavour profiles of the country's finest Arabica beans, each one carefully paired with its ideal filtered brewing method to unlock its full aromatic potential.

Savour every sip as you connect with the heritage, terroir and craftsmanship of Dominican coffee, in an experience designed for curious minds and refined palates.

Maximum six guests.

Reservation required.

## Taste of Peru

CASA GRANDE

CULINARY

19:00

Experience the bold, soulful flavours of Peru in an unforgettable dinner crafted by our Executive Chef and Sous Chef – both proudly Peruvian, and bringing their personal heritage to the table. Drawing from family traditions and regional inspirations, each dish is a reflection of their roots, reimagined with refined techniques and best paired with a Pisco Sour.



27 DECEMBER 2025

## Floor-Barre

WELLNESS PLATFORM

WELLNESS

07:00

A floor-barre journey designed to align your body with the poetry of introspection and realignment. Toning glutes, deep core and legs.

Maximum of four guests.

## Magic Puppets

LIBRARY

FAMILY

11:00

In this workshop, children will make puppets inspired by the moon and stars, and use their imagination to bring their creations to life through storytelling and play.

Suggested for children between five and 14 years old.

Maximum of eight guests.

## Back Therapy

BEACH

WELLNESS

12:15

Unwind and restore with our Back Release Massage, a treatment designed to ease muscle tension, improve circulation and melt away stress held in the back, shoulders and neck.

## Taino Ancestral Night

BEACH CLUB

CULINARY

19:00

Experience an unforgettable evening rooted in Taino heritage, where ancestral cooking meets sacred tradition. Dishes are prepared using ancient methods: smoked over open fire, wrapped in leaves and slow-cooked in earth ovens.

Set by the shore around a bonfire with traditional music, live entertainment, rituals and flavours, this is a soulful tribute to the Caribbean's first people.

28 DECEMBER 2025

## Sunlight Unfolding

FITNESS CENTRE

WELLNESS

07:00

A graceful flow of stretching and flexibility to soften the body and calm the nervous system. Inspired by the rhythm of morning sunlight, this session draws space into every joint and breath.

Maximum of four guests.

## Tie-Dye Workshop

LOUNGE BAR

FAMILY

11:00

In this hands-on activity, children will use rubber bands, fabric and special dyes to make their own tie-dye designs. They'll experiment with colours and patterns and discover how each piece becomes totally unique.

Suggested for children between five and 12 years old.

Maximum of eight guests.

## Chef's Burger Collection

BEACH CLUB

CULINARY

12:00 – 16:00

Savour a special evening at the Beach Club with a signature burger menu curated by our Executive Chef. Each burger is a masterpiece—crafted with premium locally sourced ingredients, bold Caribbean flavours and chef-inspired twists.

28 DECEMBER 2025

## Stress-Relief Massage

BEACH

WELLNESS

12:15

A holistic treatment that fuses therapeutic massage techniques for the back, neck and head with the intuitive and balancing energy of the universe. This experience is designed to relieve muscle tension, soothe mental overload and promote a deep state of relaxation and inner clarity.

## Evening Meditation

BEACH

WELLNESS

18:00

A meditative night-time walk under the stars. Each step becomes a quiet offering of gratitude, guided by breath, silence and the soft rhythm of the night. A gentle journey inward – peaceful, present and heart-centred.

Maximum of four guests.

## Aman Champagne & Crudo Bar

LOUNGE BAR

CULINARY

18:00

As the sun melts into the horizon, join us to savour a refined selection of crudos – delicate, artfully prepared raw seafood – paired perfectly with chilled champagne, live music and golden hour views.

29 DECEMBER 2025

## Yin Yoga & Reflection

LOUNGE BAR

WELLNESS

07:00

Long-hold postures and candle-filled practice to create space for inner light.

## Soap Atelier

LOUNGE BAR

FAMILY

11:00

Little ones can embrace their creative side while crafting soap bars with nourishing, skin-friendly ingredients.

Suggested for children between six and 12 years old.

Maximum of eight guests.

## Shoulder Balance Massage

BEACH

WELLNESS

12:15

Release all the accumulated tension in your body with a quick shoulder balance massage soundtracked by the waves and the ocean breeze.

## Discovering Asia

BEACH CLUB

CULINARY

19:00

Embark on a culinary journey of Asian flavourst thoughtfully reimagined with local Caribbean ingredients. From delicate crudos to bold, wok-fired creations, each dish is a balance of spice, freshness and elegance. Set against live music and the warm ocean breeze, this dinner offers a refined fusion of cultures.

30 DECEMBER 2025

## Core Compass

FITNESS CENTRE

### FITNESS

09:00

A full-spectrum core workout connecting abdominal strength, spinal alignment and inner focus. Strengthen your internal guidance system and unlock balance from the centre out.

Maximum of six guests.

## Face Painting

LIBRARY

### FAMILY

11:00

With a treasure hunt to look forward to, little ones will love getting in character as a pirate or friendly sea creature at this face-painting session.

Suggested for children between five and 12 years old.

Maximum of eight guests.

## Reflexology

BEACH

### WELLNESS

12:15

Perfect for those seeking balance, healing or a serene reset in tune with the cosmos, this Lunar Reflections therapy is a celestial embrace for mind, body and soul, guided by the ancient wisdom of reflexology.

## Pickleball Tournament

PICKLEBALL COURT

### FAMILY

16:00

Whether you're a novice or a seasoned player, there's excitement waiting for you and your family on the pickleball court. Join our competition or book a court at any other time of day.

Minimum age eight years old.

## Amanera's Signature Cocktails

LOUNGE BAR

### CULINARY

18:00

Enjoy our best-selling handcrafted cocktails, reimagined with fresh local ingredients and vibrant Caribbean flavours. Guided by expert mixologists, each sip offers a taste of island heritage, bold spices and tropical indulgence.



31 DECEMBER 2025

## Sunrise Meditation

WELLNESS PLATFORM

WELLNESS

07:00

Meditation and writing to reflect on lessons, joys and turning points of the year past, guided by candlelight and seasonal aromas.

Maximum of four guests.

## Pottery Making

LOUNGE BAR

FAMILY

11:00

Children will explore their creativity by making pottery inspired by stars, galaxies and the night sky. A fun mix of art and imagination.

Suggested for children between six and 12 years old.

Maximum of eight guests.

## Compress Crafting

LIBRARY

WELLNESS

12:15

Heated herbal compresses can ease muscular pain and other conditions when placed on affected areas and massaged. Create your own with local medicinal plants in this hands-on workshop.

Maximum of eight guests.

## Night of Lights: New Year's Eve Gala Dinner

BEACH CLUB

CULINARY

20:00

Celebrate the final night of the year beneath a sky ablaze with stars, as rustling palms and the gentle rhythm of the waves create a soothing tropical soundtrack.

Feel the island's rhythm as musicians, performers and a DJ bring the night alive with passion and flair. Indulge in a beach barbecue feast of flame-grilled favourites, then unwind around a crackling bonfire as the stars twinkle above, their quiet brilliance a celestial backdrop to your reflections and hopes. Join in the countdown to midnight as fireworks burst across the sky, welcoming the New Year in a moment of wonder and light.

The Beach Club will be closed for evening preparations.

Casa Grande's outlets, the main pool and In-casita dining remain operative.

1 JANUARY 2026

## Cardio Pulse

FITNESS CENTRE

FITNESS

09:00

A high-intensity cardio class synchronised with music, breath and intention. Let your heartbeat become a mantra in this celestial ride of rhythm, release and renewal.

Maximum of six guests.

## Coconut Leaf Bracelet Crafting

LIBRARY

FAMILY

11:00

Learn more about Dominican arts and crafts by weaving your own coconut leaf bracelets. The perfect souvenir or gift to take home.

Suggested for children between five and 12 years old.

Maximum of eight guests.

## New Year Brunch

CASA GRANDE

CULINARY

10:00

A celebration of our culinary favourites, refreshing ocean views, and the smooth sounds of waves. The perfect way to welcome the first day of the year in style and flavour.

## Facial Therapy

LIBRARY

WELLNESS

12:15

This facial therapy offers a soulful pause in time. Perfect for aligning and reconnecting with nature and yourself.

Maximum of eight guests.

## Croquet

PLATFORM

FAMILY

16:00

Picture the rhythmic tap of mallets punctuated by laughter and cheers as you gather your family for a game of croquet against a serene ocean backdrop.

Suggested for children between five and 14 years old.

Maximum of eight guests.



2 JANUARY 2026

Functional  
Training

FITNESS CENTRE

WELLNESS

09:00

Functional training ritual rooted in isometric holds, designed to awaken deep core engagement, joint stability and mindful presence. Seeking power not in motion, but in presence.

Maximum of six guests.

Mandala  
Decoration

LIBRARY

FAMILY

11:00

In this activity, children will decorate stones with intricate mandala designs inspired by the moon, helping them practice patience, focus and creativity.

Suggested for children between four and 12 years old.

Maximum of eight guests.

Hands Tension  
Release

BEACH

WELLNESS

12:15

As the jungle's leaves whisper in the gentle sea breeze, allow your hands to be expertly massaged, releasing tension and enhancing circulation and mobility with synchronised pressure point stimulation.

2 JANUARY 2026

## Rum Tasting

LIBRARY

CULINARY

15:00

Discover the spirit of the Dominican Republic with our rum tasting journey that celebrates the island's deep-rooted traditions and craftsmanship. Learn about the history of Dominican rum making, the role of sugarcane in island culture, and the unique ageing processes that give each bottle its distinct character. Savour the warm notes of vanilla, caramel, oak and tropical spice as you compare flavour profiles and unlock the story behind each sip.

Maximum of six guests.

Reservation required

## Nikkei Dinner

CASA GRANDE

DINING

19:00

Experience a zesty celebration of fresh catch with authentic Peruvian-style ceviche and tiradito, crafted with vibrant flavours and traditional flair, and accompanied by live music.

3 JANUARY 2026

## Power Kettlebell

FITNESS ROOM

FITNESS

09:00

Dynamic full-body class designed to build strength, endurance and mobility through powerful and controlled kettlebell movements. Combining traditional strength training with fluid, functional sequences, this session challenges both your muscles and cardiovascular system.

Maximum of four guests.

## Magic Puppets

LIBRARY

FAMILY

11:00

In this workshop, children will make puppets inspired by the moon and stars, then use their imagination to bring their creations to life through storytelling and play.

Suggested for children between five and 12 years old.

Maximum of eight guests.

## Back Therapy

BEACH

WELLNESS

12:15

Unwind and restore with our Back Release Massage, a treatment designed to ease muscle tension, improve circulation and melt away stress held in the back, shoulders and neck.

3 JANUARY 2026

## Twilight Yin Yoga

FITNESS CENTRE

WELLNESS

18:00

This candle-filled yin yoga session introduces long-hold postures to create space for inner light, followed by a gentle sleeping ritual at the end.

Maximum of four guests.

## Oceanic Dinner

BEACH CLUB

CULINARY

19:00

From delicate ceviche to bold, Caribbean dishes infused with citrus and local spices, each plate is a tribute to the rhythms and richness of the ocean. Paired with fine wines or a crisp Dominican rum cocktail, accompanied by the sound of live music mingling with the waves, this is a celebration of flavour, freshness and island soul.



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