

AMANPULO



WHAT'S NEW AT AMANPULO

Third Edition, 2026

This season unfolds at an unhurried pace as the island moves beyond the heat of summer and into a period of lush tropical abundance. Here, time naturally slows, inviting moments of connection and presence with loved ones. Within the Amanpulo's Villas, spacious private settings accommodate larger groups, creating an environment shaped entirely by shared time in paradise. The island welcomes the season in its most serene form, introducing new wellness journeys, immersive experiences, and distinctive dining moments.

EXCLUSIVE FEATURES



Extend Your Stay

A complimentary fourth night for every three-night stay makes this season an ideal time to experience Amanpulo at a gentler pace. Paired with daily breakfast and a range of complimentary island activities, the offer invites a deeper immersion into the island's secluded beauty and serene way of life. An extended stay in Amanpulo's Villas, with up to four bedrooms, further enhance the experience. [Discover more.](#)

Wellness Escape

Inspired by indigenous healing traditions, this four-night wellness retreat offers space for rest, renewal and reflection. Alongside daily treatments at the hilltop Aman Spa, breakfast and dinner are included, while curated island experiences foster a holistic journey of rejuvenation and discovery. The remaining time is kept open, allowing each day to unfold at a personal rhythm with the freedom to choose additional island experiences. [Discover more.](#)



Manamoc Marine Sanctuary

Exclusively available this season, the marine sanctuary near Manamoc Island is reached by a short boat ride. Beneath the surface, thriving coral reefs and abundant marine life create an extraordinary underwater landscape. Above the waterline, a bamboo kawayan bar offers a serene place to pause between snorkelling experiences, where time slows and the simplicity of the setting allows the natural surroundings to take centre stage. [Discover more.](#)



Cold Immersion Therapy

Water lies at the heart of wellness in Amanpulo. The Aman Spa's Thermohydro Therapy Facility invites guests to discover the benefits of Cold Immersion Therapy led by a specialist. Created to support physical recovery and enhance mental clarity, the guided session incorporates breathwork, cold plunge and contrast therapy, and a period of rest, allowing body and mind to absorb the full restorative benefits of the ritual. [Discover more.](#)

Seasonal Wellness Programmes

From now until August, the Aman Spa presents a selection of seasonal treatments designed to restore balance, strength and relaxation. The Strength and Conditioning Treatment is a one-on-one programme combining HIIT, mat Pilates and cold immersion therapy. The Muscle Release Programme eases physical and emotional tension through assisted stretching and a neck and shoulder massage. The Calming Bamboo Treatment offers deep relaxation with a warm bamboo back massage and a coconut scalp massage. [Discover more.](#)



A New Sanctuary Awaits

Perched among tranquil treetops, Aman Spa's newest private salon will soon welcome guests to an intimate sanctuary designed for quiet moments of self-care. Thoughtfully appointed for privacy and comfort, the space offers bespoke hair and nail services, complemented by a dedicated hair wash area and two styling chairs, where every treatment is delivered with personalised attention in complete serenity.

For reservations and other information, please contact
AMANPULO RESERVATIONS

amanpulores@aman.com

Phone: +63 (2) 7976 5200

aman.com/trade-professionals/amanpulo