



AMANEMU

Fact Sheet

Amanemu, set in a national park on the shores of Ago Bay, embraces the ancient Japanese tradition of onsen mineral hot springs and the culinary heritage of this gourmet region. The resort's name is drawn from aman, the Sanskrit-derived word for "peace," and nemu, which means to "share joy" in Japanese.

LOCATION

- Surrounded by the forests of Ise Shima National Park
- Situated on Japan's Osaki Peninsula in Honshu's Mie Prefecture
- Overlooking Ago Bay – known as the Bay of Pearls
- One hour by car to Ise Jingu Grand Shrine, Japan's most sacred Shinto site
- Three hours by car to the UNESCO-protected Kumano Kodo ancient pilgrimage routes

GETTING THERE

- 25 minutes by helicopter from Chubu Centrair International Airport (NGO) in Nagoya
- 150 minutes car journey from Nagoya Station
- Approximately 210 minutes car journey from Osaka or Kyoto station



Accommodation

Amanemu’s 24 suites and Eight two-bedroom villas are positioned on a hillside offering garden views or panoramic vistas of Ago Bay, its picturesque islets and drifting pearl rafts.

8	Mori Suites	99sqm
10	Sora Suites	99sqm
6	Nagi Suites	99sqm
1	Mori Villa	366sqm
2	Sora Villas	366sqm
1	Nagi Villa	366sqm
4	Tsuki Villas	381sqm

MORI SUITE

- Natural views
- Private onsen
- Expansive 27 square metres (290 square feet) terrace with daybeds

SORA SUITE

- Partial sea views toward Ago Bay
- Same interior and amenities as Mori Suite

NAGI SUITE

- Uninterrupted views of Ago Bay
- Same interior and amenities as Mori Suite



MORI VILLA

- Private garden
- Two en-suite bedrooms and private terrace
- Expansive living area and dining area for six, with pantry and extensive terrace with daybeds
- 28 square metres (301 square feet) private onsen area

SORA VILLA

- Private garden
- Partial sea views toward Ago Bay
- Same interior and amenities as Mori Villa

NAGI VILLA

- Exceptional views of Ago Bay
- Same interior and amenities as Mori Villa
- Private garden

TSUKI VILLA

- Spacious private garden
- Tranquil garden view
- Same living and dining area as Mori Villa
- Two en-suite bedrooms with private onsen
- Onsen HANARE - 45 square metres (484 square feet) - private outdoor/indoor onsen area



Dining & Entertainment

THE RESTAURANT

The Ise Shima region is renowned as the breadbasket of the ancient Imperial court, and The Restaurant fully embraces this heritage. The head chef not only sources the finest produce from the areas surrounding Amanemu, but also from across Japan.

- Japanese and Western cuisine
- Seats 55
- Open for breakfast, lunch and dinner
- Views of Ago Bay

THE BAR & LOUNGE

- Serves drinks and light refreshments
- Seats 28
- Views of Ago Bay
- Outdoor sunken terrace
- Selection of Japanese sake and whisky
- Complimentary Tea Time Oyatsu in the afternoon



Other Facilities

SWIMMING POOL

- 33 metres (108 feet)
- Daybeds fringe the water's edge
- Serene views over Ago Bay

LIBRARY

A selection of books about Ise Shima in both Japanese and English are available for the enjoyment of guests. The Library also offers views of Amanemu's resplendent garden.

BOUTIQUE

Local handicrafts and Amanemu original items – including pearl jewellery, accessories, aroma oils – are available to buy, as are Aman Spa products. The Boutique is located at Aman Spa. Aman Essentials products can be purchased at the Boutique.



Relaxation & Fitness

Amanemu is Aman's first hot spring destination. Each suite and villa features its own mineral-rich private onsen, and the resort also offers two larger bathing pavilions. A range of spa and fitness facilities complement Aman's holistic approach to wellness – including the outdoor thermal spring, in which guests can relax in swimwear.

AMAN SPA

- Private relaxation areas, including a thermal spring garden with daybeds
- Covering 2,000 square metres (21,528 square feet)
- Two private onsen bathing pavilions
- Four spa treatment suites
- Hydrotherapy facility with dry sauna, steam room and male/female changing rooms
- Aqua Movement Suite for water treatments
- Treatments incorporate local and seasonal ingredients, including pearl powder, seaweed, and herbs and plants used in traditional kampo therapies
- Chemical-free Aman skincare products
- Finishing salon offering manicures and pedicures
- Extensive menu includes a range of treatments, movement programmes and beauty therapies

FITNESS CENTRE

- State-of-the-art strength-training and cardiovascular equipment
- Power Plate exercise platform

YOGA STUDIO

- Expansive glass-walled space
- Outdoor yoga deck
- Professional yoga and TRX equipment



Experiences & Excursions

These adventures – including bespoke Amanemu Journeys – get the very best out of the local area.

CYCLING OR HIKING ISE SHIMA NATIONAL PARK

The forests surrounding Amanemu offer wonderful hiking and cycling trails. High-end Bianchi bikes and guides are supplied.

ISE JINGU GRAND SHRINE

Ise Jingu is the spiritual home of the Japanese people – a 2,000-year-old Shinto shrine of austere beauty with a divinity that must be experienced to fully comprehend. Ise Jingu is home to the sun goddess Amaterasu-omikami – Japan’s most revered deity – and millions of other gods.

AMA DIVER ADVENTURE

On this unique Journey, guests are taken diving by one of the few remaining female ama divers. Back ashore, she cooks a fantastic seafood barbecue in an amagoya hut.

ISE JINGU AND THE FOOD OF THE GODS

This Journey takes guests to some of the finest food producers in the region to sample the items offered to the gods daily at Ise Jingu Grand Shrine.

SHIMA SHORT TOUR

Guests are taken to some of the region’s best sights, including charming Showa-era Hamajima and Amano-Iwato cave. Other activities include zazen meditation and sado (tea ceremony) with a monk.

MARINE ADVENTURES

A variety of activities can be enjoyed in the area surrounding Amanemu, including cruises through stunning Ago Bay, kayaking, stand-up paddle boarding, and fishing.

GOLF

The 18-hole NEMU Golf Club course, overlooking Ago Bay, is situated near Amanemu. There are two more prestigious golf courses nearby.



AMAN

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