



AMAN  
NEW YORK

Experience Guide





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## The Aman New York Experience

On the corner of Fifth Avenue and 57th Street, Aman New York is an urban sanctuary set within the historic Crown Building. Surrounded by the dynamicity of Manhattan, the city that never sleeps lies below, ready to be explored.

To uncover the city with Aman is to celebrate New York's diverse culture, from art historian-guided gallery and neighborhood tours in Chelsea, Soho and Brooklyn to fashion photography and portrait workshops in partnership with Leica. Within the serene confines of the hotel, experiences range from culinary masterclasses to rejuvenating wellness rituals in one of our two private Spa Houses.

Aman New York's Concierge team is on hand to ensure each detail is handled with care for the most memorable of experiences.



## Complimentary

As an enhancement to your stay, we invite you to discover your urban sanctuary and the vibrancy that surrounds it through an array of activities.

### Daily wellness

Partake in complimentary group wellness activities ranging from yoga and mat Pilates to meditation sessions. Please inquire at our spa reception area for the activity schedule and further details.

### Medical Aesthetic consultation by bodySCULPT Wellness & Aesthetics

Available on weekdays, experience a complimentary 15-minute consultation with a double board-certified Physician Assistant from bodySCULPT Wellness & Aesthetics. This personal assessment unveils the forefront of innovative wellness technologies and treatments, proposing a highly effective pathway tailored to your individual wellness desires.

### New York by bicycle

New York City, a destination renowned for its pedestrian-friendly streets and paths, awaits leisurely exploration by bike. A mere two blocks from the famed Central Park, our selection of bicycles for adults and children is available on a first-come, first-served basis to transform your city adventure.

### Leica cameras

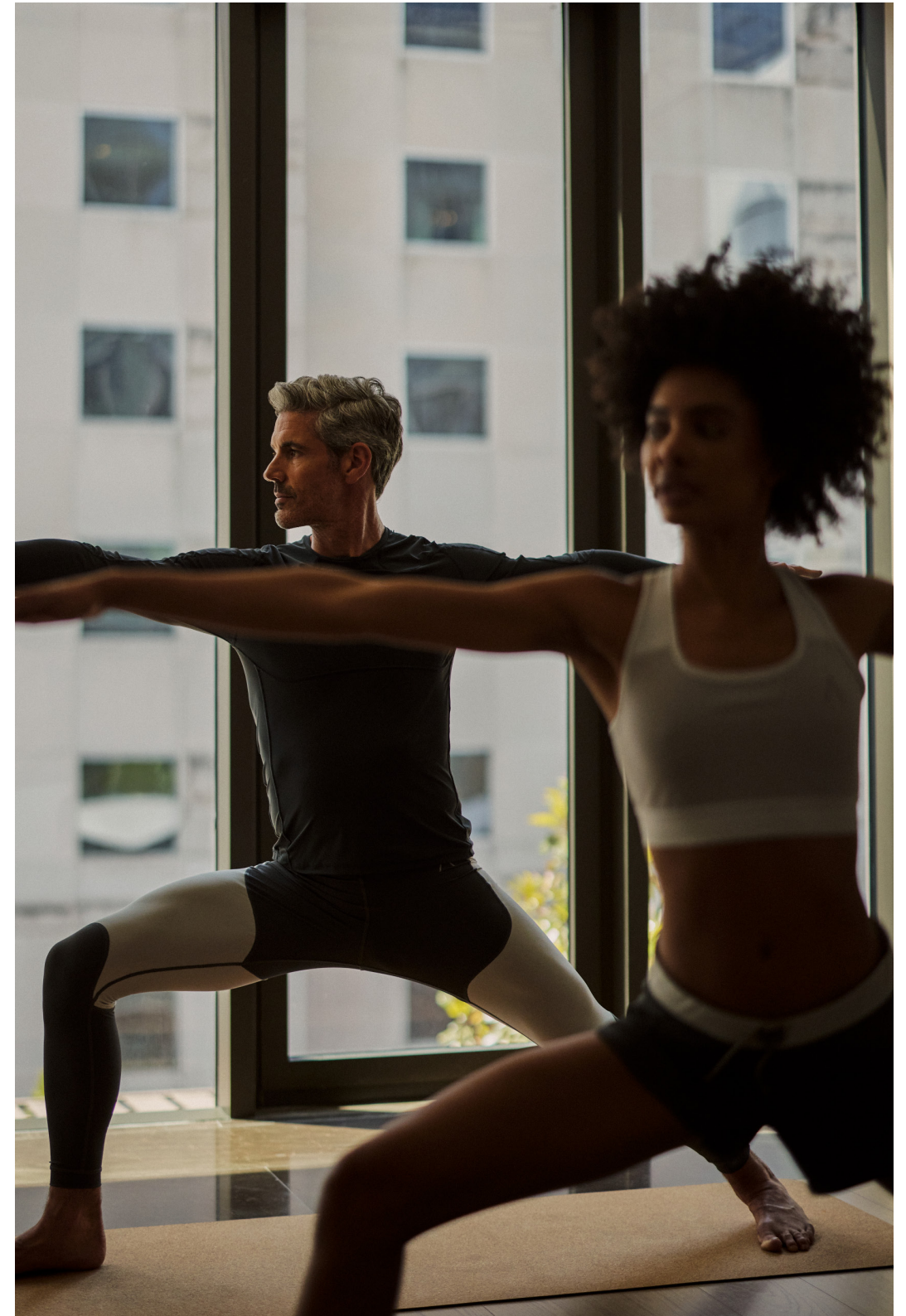
View the city through the lens of a Leica Q2 camera, available for complimentary use through our concierge. Amateurs and avid photographers alike are encouraged to embark on a journey of discovery, capturing the vibrancy of the city and cherished moments of your stay at Aman New York.

### Evening music

Experience light tunes inspired by the world of jazz at The Lounge Bar, a place infused with an essence of sociability. Enhance your experience with its sophisticated menu of light bites, seasonal cocktails and fine wines.

### House car

For your convenience and to ensure a seamless journey through Manhattan, our house car is at your disposal, ready to transport you to any location within a 15-block radius. Available on a first-come, first-served basis.





## Aman New York Exclusive Journeys

To experience, is to be immersed. Whether rediscovering Manhattan or visiting for the very first time, our journeys have been curated in appreciation for Aman New York's home – its art, culture and movement. Explore the city through a lens of your own, making new discoveries in this vibrant city.





# Through the Leica Lens

New York leaves itself to be discovered - its beauty in the eye of the beholder. Experience the city's artistic prowess firsthand through our partnership with Leica.

## An introduction to photography

Venture into the world of photography on the set of your own personal photoshoot. Learning basic technical elements of photography to transition from “point-and-shoot” photography to truly “creating” images, this introductory class takes you away from automatic mode, to harness the full potential of the camera.

**Guests:** 1  
**Duration:** varies

## Experience the city through photography

Discover this inspiring city through the lens, guided by a Leica master photographer, using Manhattan as your backdrop. Allow the photographer to guide you through their favourite locations in the five boroughs. Absorb their techniques as they teach you their approach to capturing dramatic compositions that illustrate the sense of a place and its people.

**Guests:** varies  
**Duration:** varies

## Discover editorial photography

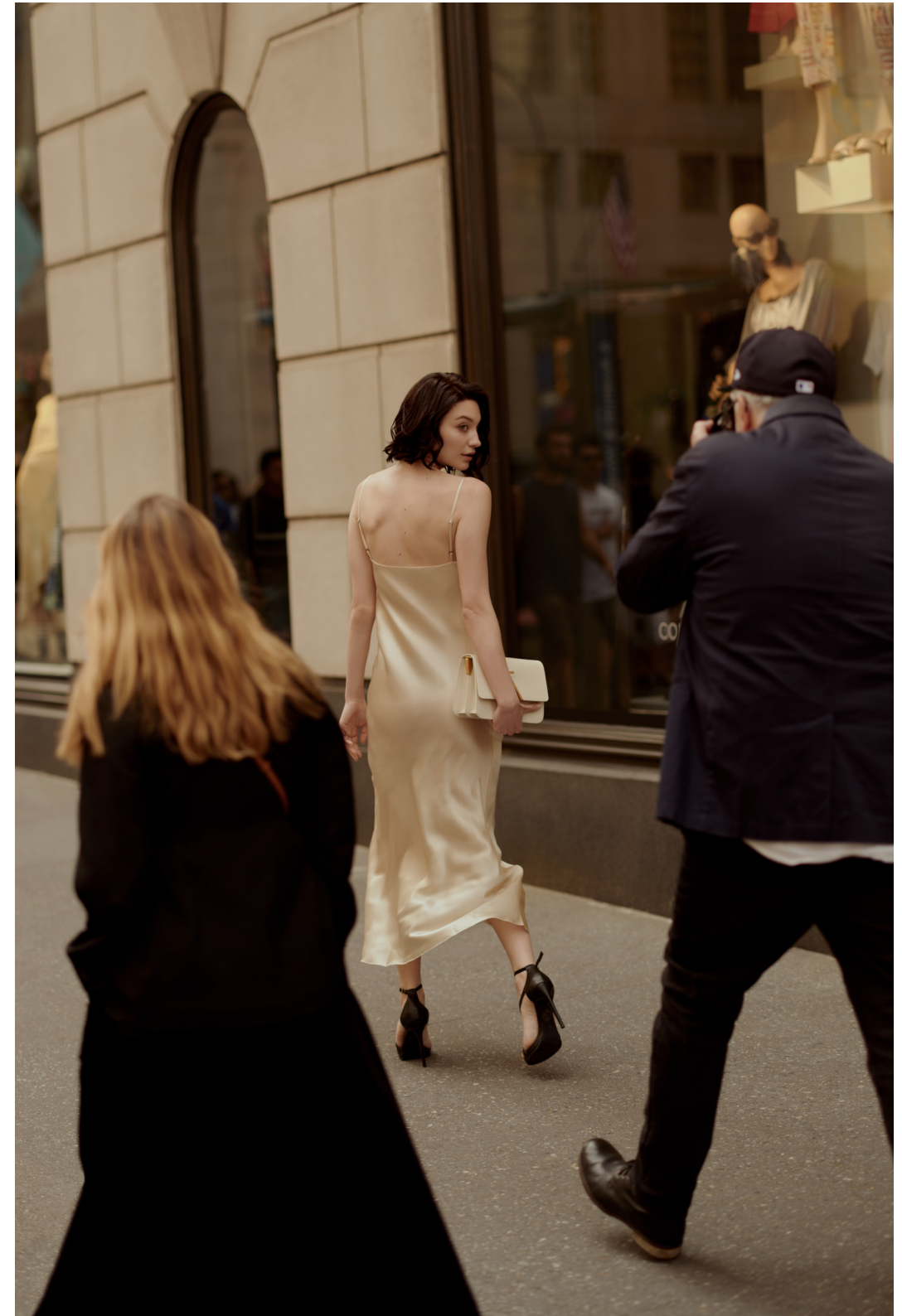
Delve into the world of editorial photography, with a renowned fashion photographer and model. Offering an in-depth experience of the fashion and beauty industry, find the perfect New York City backdrop and begin to shoot your very own fashion and portrait imagery.

**Guests:** up to 4  
**Duration:** varies

## The art of portrait photography

Appreciate the creative process of famed, celebrity portrait photographer, Mark Mann, from start to finish. Receive hands-on experience working in a studio, instruction on Mark's signature lighting techniques and approach to interacting with talent, before finishing with a candid-look at his post-production workflow.

**Guests:** varies  
**Duration:** up to 3 days





## Storm King Art Centre

Embark on a transcendent journey as you depart from the city aboard a private Blade helicopter, observing the vibrant blooming of the foliage beneath you to paint a breath-taking panorama. Upon arriving at the renowned Storm King Art Centre, an open-air museum in New Windsor hosting one of the largest collections of contemporary outdoor sculptures in the United States, meet their curator, who will guide you through the inspiring collection. Afterwards, savour an Aman-prepared picnic lunch.

### Private viewing

Experience the rare privilege of exploring the museum when it is typically closed to the public, creating an intimate encounter with art and nature.

**Guests:** up to 12

**Duration:** 2 - 6 hours

**Availability:** Tuesdays through June 2024

### Weekend viewing

An intimate exploration of the museum, providing a serene connection with both art and nature despite the bustle.

**Guests:** up to 12

**Duration:** from 2 hours

**Availability:** Saturdays and Sundays through June 2024

For individual admission tickets, along with car transfers to/from Storm King Art Center, please contact the concierge for availability and pricing.









## Art and Culture

Set within the over 100-year-old Crown Building, Aman New York embraces its legacy as the first home to The Museum of Modern Art. From guided neighbourhood tours to a behind-the-scenes glimpse into a local artist's studio, guests are encouraged to find their own side to this iconic city.





## A Look into an Artist's World

Offering unrivalled access into the lives of the creatively minded, connect with several of the city's master artists, from sculptors to painters. Gain insight into their lives through candid conversations and observing them in their personal studios.

### **In conversation**

Meet with a renowned artist, chosen to suit your interests and preferred medium, for an open conversation. Have the unique opportunity to ask questions, talk informally about their sources of inspiration and receive an exclusive look at their pieces not yet on the market.

**Duration:** varies

### **A glimpse behind the scenes**

Discover the studios and workshops of several renowned artists, both established and emerging, with exclusive behind-the-scenes access. A customised itinerary, based on your preferences, will offer a unique insight into their world, including private visits to view their workspace and current projects.

**Duration:** varies





## The Practice of Ikebana

Originating in Japan, the art of Ikebana transcends mere floral arrangement, offering a form of meditation and aesthetic expression. Discover the ancient practice, as our expert guide, Kenji Takenaka, a relative of the Ikebana specialist at Aman Kyoto, transforms seasonal blooms into captivating displays of structure, colour and form, bridging the East and the West.

### Flower market stroll

Embark on a guided morning tour of the Chelsea neighborhood's esteemed flower district with Ikebana specialist, Kenji Takenaka. Learn the art of choosing the day's freshest blooms under Kenji's expert guidance. Following the visit, return to Aman New York for a masterclass where you will transform your handpicked florals into a beautiful arrangement.

**Guests:** up to 2

**Duration:** from 3 hours

### Ikebana masterclass

Master the tranquil art of Ikebana in your urban sanctuary during a masterclass with specialist Kenji Takenaka. Kenji will provide a curated selection of fresh-cut flowers, elegant vases, and essential tools, guiding you step-by-step as you create your own distinctive floral arrangement.

**Guests:** varies

**Duration:** from 1 hour





## Gallery and Neighbourhood Tours

Stroll through the streets of New York, exploring its abundance of galleries and diverse local neighbourhoods through a choice of guided tours. Led by an art historian, their expertise sheds new light on some of the city's most iconic areas.

### Chelsea art galleries

Often considered to be the primary gallery district in the city, Chelsea is known for its exhibitions that push the boundaries with an everchanging offering. Allow our guide to show you the leading galleries, sparking discovery and discussion. For those interested in purchasing, our guide can arrange a behind-the-scenes viewing of the galleries' larger holdings.

**Guests:** up to 4

**Duration:** from 2 hours

### Lower East Side art tour

The gallery district of the Lower East Side, anchored by the New Museum, is ideal for those who prefer exploring edgier or immersing contemporary art. Allow our guide to take you through highly regarded art galleries while sourcing pieces according to your tastes.

**Guests:** up to 4

**Duration:** from 2 hours

### Art and architecture tour

Brooklyn is home to one of the largest artist communities in the world. From Bushwick's Clearing Gallery and Williamsburg's Boiler and Pierogi Gallery to the Brooklyn Art Space and the Gowanus Studio Space, allow our guide to introduce you to the commercial galleries and nonprofit artist-run spaces.

**Guests:** up to 4

**Duration:** from 2 hours





## Curator-Led Art Museum Tours

With over 100 museums in Manhattan and its surrounding areas, spend a day visiting exhibitions with a knowledgeable guide, with exclusive access and itineraries tailored to your areas of interest.

### The Museum of Modern Art

Founded in 1929 in the Crown Building, The MoMA in Midtown Manhattan was the first museum devoted to the modern era. Today, MoMA's rich and varied collection offers a panoramic overview of modern and contemporary art from the innovative European painting and sculpture of the 1880s to today's film, design and performance art. A private, guided tour highlights the key pieces from the original collection of MoMA that once were shown in what is now the home of Aman New York.

**Guests:** up to 4  
**Duration:** 2 – 6 hours

### American Museum of Natural History

The American Museum of Natural History is one of the most prized museums in the world. With five vast floors housing 45 permanent installations and multiple special exhibitions, our experienced guides make the museum more manageable—and fascinating—by tailoring the visit to suit your personal interests. If you're exploring as a family, your private tour will include treasure hunts, games, and more to make the experience engaging for guests of all ages.

**Guests:** up to 4  
**Duration:** 2 – 6 hours

### The Metropolitan Museum of Art

The MET is one of the largest and most impressive art museums in the world. With over two million works, from American, European, Egyptian, Asian, Ancient, Modern and Contemporary, and more, there is no end to what can be discovered. Well-suited to those interested in a broad selection of the finest art, your art historian will guide you through, diverting from the standard tour and highlighting the collections and exhibitions that suit your interests.

**Guests:** up to 4  
**Duration:** from 2 hours

### The Guggenheim Museum

Housed in Frank Lloyd Wright's iconic, spiralling architectural landmark, The Guggenheim Museum is as much about its unique space as it is about its abstract paintings and thematic exhibitions. A guided tour will help you discover the intricacies of the building and appreciate the premier works of art that it showcases.

**Guests:** up to 4  
**Duration:** from 2 hours

### Whitney Museum of American Art

As the preeminent institution devoted to the art of the United States, the Whitney fills a special niche. It holds an outstanding collection of works by master American modernists while presenting some of the most thought-provoking special rotating exhibitions, including its world-renowned Biennial. A private, guided tour allows you to hone in on the best of the museum's collection.

**Guests:** up to 4  
**Duration:** 2 – 6 hours



## Culinary

In a city famed for its diverse culinary landscape, Aman New York adds more depth and luster to the scene with its source-origin eateries. Gastronomes are invited to taste the seasonal offerings from the rustic Italian at Arva to traditional Japanese washoku dining at Nama, as well as partake in unique culinary experiences that offer insight into how the dishes they serve are artfully created.





## Beyond the Dining Room

### Market stroll

Join our Executive Chef, Jeremy Price, for a visit to non-profit, GrowNYC's Union Square Greenmarket, a famed year-round farmer's market showcasing products from regional farmers, fishers and bakers to a dedicated legion of city dwellers. Located in one of New York's great public spaces, become enchanted by the energy on market day and appreciate all the Northeast has to offer from just-picked fresh fruit and vegetables to heritage meats and award-winning farmstead cheeses, maple syrup and more. On your return to the hotel, have a chance to refresh before Chef prepares a personalised lunch menu using the fresh ingredients chosen at the market, allowing you to appreciate Arva's process from start to finish.

**Guests:** up to 4

**Duration:** 2 hours, followed by lunch between 12:00pm - 3:00pm

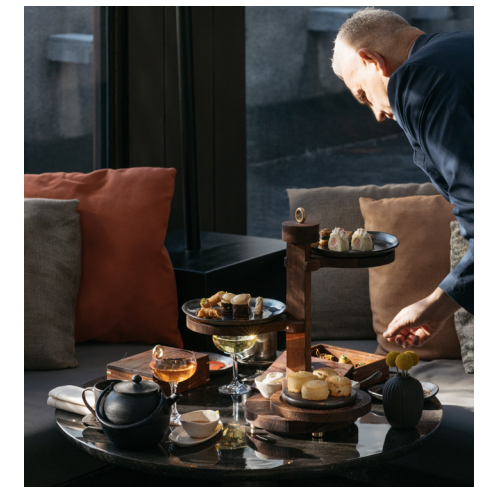
**Availability:** Monday, Wednesday, Friday and Saturday, 8:30am - 11:00am at the market

### Picnic in the park

Steps away from Aman New York, immerse yourself in the famed architectural landscape of Central Park. This urban oasis awaits, offering you the chance to enjoy an idyllic afternoon surrounded by greenery. From a fully adorned picnic setting to the simplicity of a classic basket filled with an assortment of local charcuterie and cheese, each offering is thoughtfully prepared by our skilled chefs to perfectly complement the idyllic setting.

**Guests:** 2

**Availability:** Monday - Sunday, 10:00am - 6:00pm





## A Taste of Aman New York

### Omakase

Nama invites guests to explore the Japanese fine-dining concept of omakase. Translating to 'I leave it up to you,' the omakase experience sees diners enjoy a chef-chosen multi-course menu, based on ingredients sourced that day. Served at the seven-seat Japanese hinoki wood counter, observe the theatre of the food preparation, coming face-to-face with the chef as they work artfully to create each diner's bespoke menu.

**Guests:** up to 7

**Duration:** 2.5 hours

**Availability:** Tuesday – Saturday,  
5:30pm or 8:30pm

### Afternoon tea

Reimagined by Aman New York, delight in an array of teas, perfectly paired with sweet and savoury delicacies that venture beyond the conventional. Where East meets West, our culinary offerings converge, showcasing creations infused with the bold, rich Italian tastes of Arva, alongside the traditional Japanese flavours of Nama. A curated selection of champagne, thoughtfully chosen by our Wine Director, is available to complement the delicate assortment of dishes.

**Availability:** Monday – Friday, 3:00 pm – 4:00 pm

## Masterclasses

### Sushi masterclass

Learn the art of sushi, sashimi and maki roll making with one of our Sushi Master Chefs. Discover how seasonal ingredients and the freshest fish are delicately formed before tasting your hand-crafted masterpiece, served with Japanese appetisers.

**Guests:** up to 7

**Duration:** up to 3 hours

**Availability:** Tuesday – Saturday,  
12:00pm - 3:00pm

### The art of fish butchery

As a complement to the Sushi Masterclass, observe the art of the catch and cut from the chef. Appreciate the precision required to slice, prepare, and present the finest dishes before indulging in a tasting of nigiri and sashimi.

**Guests:** up to 7

**Duration:** an additional hour

**Availability:** Tuesday – Saturday,  
12:00pm - 3:00pm

### Pasta masterclass

Transport to the city of Venice right here in the heart of Manhattan with a masterclass in creating heart-warming, fresh egg pasta and complementary Italian sauces of your choice. Our esteemed chefs kindly offer recipes from Italy for guests to make their own pasta, followed by a tasting of your creation at Arva's counter.

**Guests:** Up to 6

**Duration:** 2 hours

**Availability:** Monday – Saturday,  
12:00pm - 5:00pm







## The Jazz Club

A quintessential New York concept reimaged by Aman, The Jazz Club brings a sense of occasion back to Midtown Manhattan in speakeasy style. Inviting you on a rhythmic journey from one era to the next, until you arrive exactly where you want to be.





## Spirited Evenings

### Mixology masterclass

Guests are invited to step behind the bar at our speakeasy Jazz Club to learn the art of cocktail crafting. Immerse yourself in the world of fine spirits and flavours as you discover how ingredients are muddled and mixed for the perfect cocktail to be enjoyed amongst friends and strangers alike.

**Guests:** up to 6

**Duration:** 45 minutes

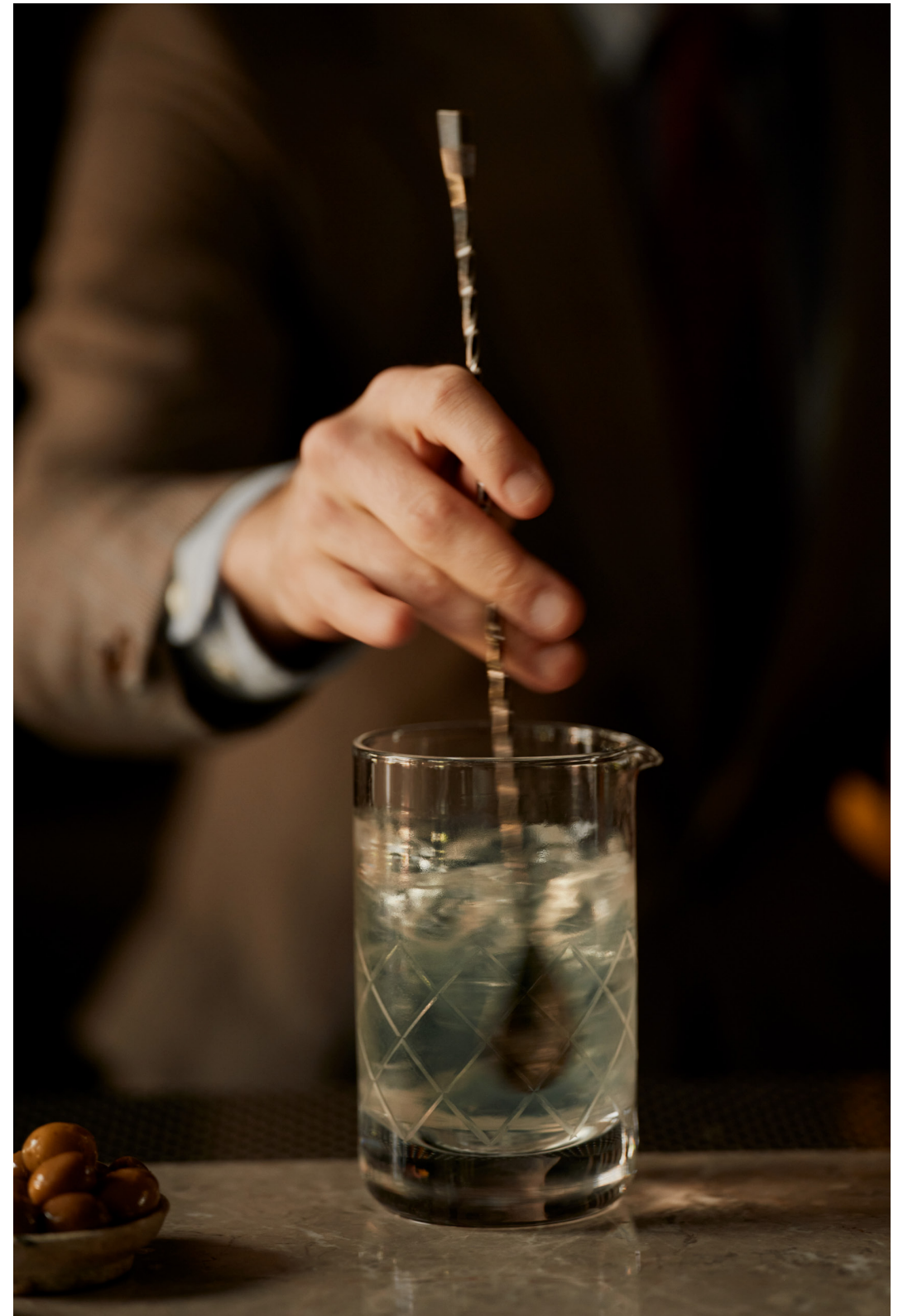
**Availability:** Tuesday - Thursday

### Evening programming at The Jazz Club

Experience nightly live performances featuring jazz, as well as a variety of other genres inspired by this great musical tradition. To close the evenings, an array of New York DJs bring the energy of celebration and evoke nostalgia for bygone years.

**Duration:** 2 hours

**Availability:** Tuesday - Saturday with live music at 6:30pm and 9:30pm, followed by a DJ set at 11:00pm





## Wellness

An escape like no-other in Manhattan, Aman Spa New York is a temple of wellness, epitomising the phrase urban sanctuary. Bringing to life the fullest expression of Aman's health and wellness concept yet, each experience allows for a personalised journey to relaxation and rejuvenation.





## Spa House Journeys

### The Hammam Spa House

Embark on a journey of deep relaxation, centred around the ancient ritual of an exfoliating and cleansing body scrub, within the private Hammam Spa House. Whether seeking a half-or full-day experience, each journey is customised and paired with complementary wellness programming, such as the use of the hot bath and cold plunge on the Spa House's private terrace, an Aman New York Signature treatment and a session in the cryotherapy chamber, nourishing the body, mind, and spirit.

**Guests:** up to 4

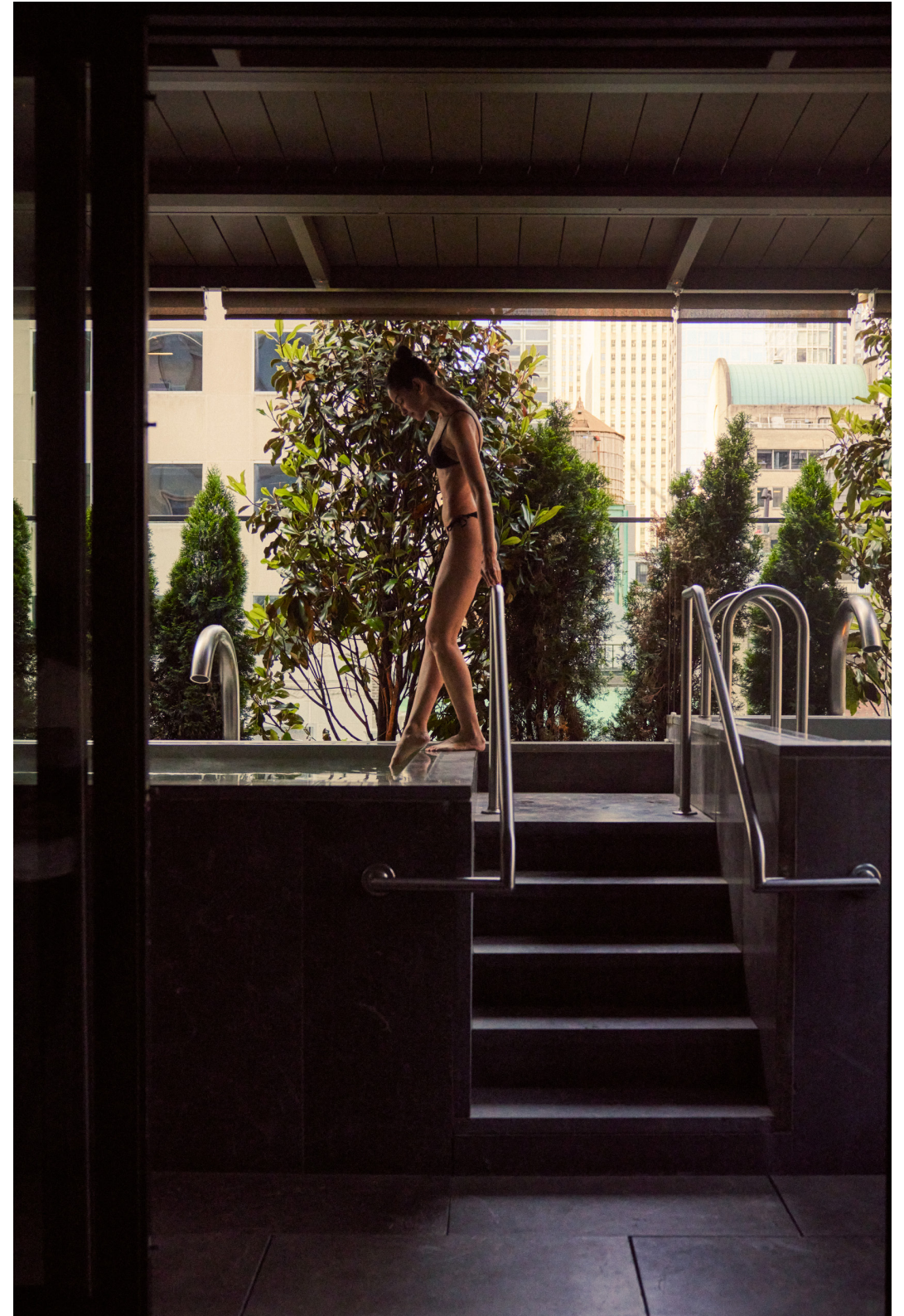
**Duration:** 6 or 9 hours

### The Banya Spa House

A half- or full-day journey centred around manipulating temperatures, the Banya Spa House experience artfully utilises heat to treat the body both inside and out. Set within a wood-clad sauna, oak or birch leaves, known as veink, are used to massage, stimulate and exfoliate the skin, while traditional treatments, refreshments and time spent lounging on one's own private terrace ensures incomparable rejuvenation.

**Guests:** up to 4

**Duration:** 6 or 9 hours





# Holisitic Wellness

## Jiu Jitsu

Experience the world of Jiu-Jitsu, a martial art steeped in centuries of tradition and celebrated for its remarkable versatility. For those seeking a challenge, Jiu-Jitsu offers a comprehensive system that engages guests of all skill levels.

**Guests:** up to 4

**Duration:** 60 minutes

## Sound bath

Immerse yourself in this therapeutic practice that utilises sounds typically produced by instruments such as singing bowls, gongs and chimes. We invite you to lie down or sit comfortably while these sounds envelop you in a meditative or healing ambiance. The vibrations and frequencies emitted by the instruments offer a deeply calming and rejuvenating experience.

**Guests:** up to 4

**Duration:** 60 minutes

## Cryotherapy

Step into the restorative cryotherapy immersion chamber, where the purity of nitrogen-free, purified air meets the invigorating cold. This unique experience utilises brief exposures to sub-zero air temperatures to invite you to discover a profound sense of vitality and rejuvenation.

**Guests:** up to 2

**Duration:** up to 3 minutes





## Family

An invitation for reconnection, where moments in time turn into cherished memories. Embark on a multi-generational journey that explores the iconic sights and sounds of this urban destination. From channeling collective energy through movement to being transported into the fantastical realm of Alice in Wonderland, each experience is crafted to delight guests of all ages.





## For Guests of All Ages

### **Wonderland tea party at the New York Botanical Garden**

Fall into the New York Botanical Gardens for a Wonderland Tea Party, where Alice's adventures come alive. Enjoy a private golf cart tour through the vibrant, whimsical landscapes, and indulge in a premium tea at the Stone Mill, surrounded by the fantastical beauty of a storybook come to life.

**Guests:** up to 5

**Duration:** 3 hours

**Availability:** May 15 – October 27

### **Family yoga**

Step into our Yoga and Pilates Studio, where classes are thoughtfully tailored for the whole family, inviting our younger guests to channel their natural energy into creative movements and mindful breathing.

**Guests:** up to 4

**Duration:** 60 minutes

### **Cookie masterclass**

Experience the joy of baking the perfect cookie with our pastry team. Join our chef as they guide you through crafting their homemade dough, sharing their secrets for the oven and providing their tips and tricks on decorating. End by indulging in your confectionery creations served with coffee and a selection of teas.

**Duration:** 2 hours

**Availability:** Monday - Sunday, 11:00am - 2:00pm

### **In-suite movie night**

Delight in the magic of movies as your suite is transformed into a captivating cinema experience for guests of all ages. Savour our curated selection of delightful snacks, from classic popcorn to sweet and savory nibbles, all selected to bring smiles and enhance the enchantment of an evening indoors.









AMAN NEW YORK

The Crown Building  
730 Fifth Avenue  
New York, NY 10019

Tel: +1 212-970-2626  
Email: [reservations.ny@aman.com](mailto:reservations.ny@aman.com)

AMAN  
CENTRAL RESERVATIONS

Tel: +1 833-654-2626  
Email: [reservations@aman.com](mailto:reservations@aman.com)





