# AMANTAKA

Lunar New Year 2024

## Season's Greetings,

Join us at Amantaka as we welcome the Lunar New Year – a period marked by fresh starts, festive banquets, ceremonies and celebrations, and, above all, the joy of togetherness.

As we bid farewell to the Year of the Rabbit, our peaceful hideaway in Luang Prabang awaits the Year of the Dragon – the fifth creature in the zodiac, symbolising luck and prosperity.

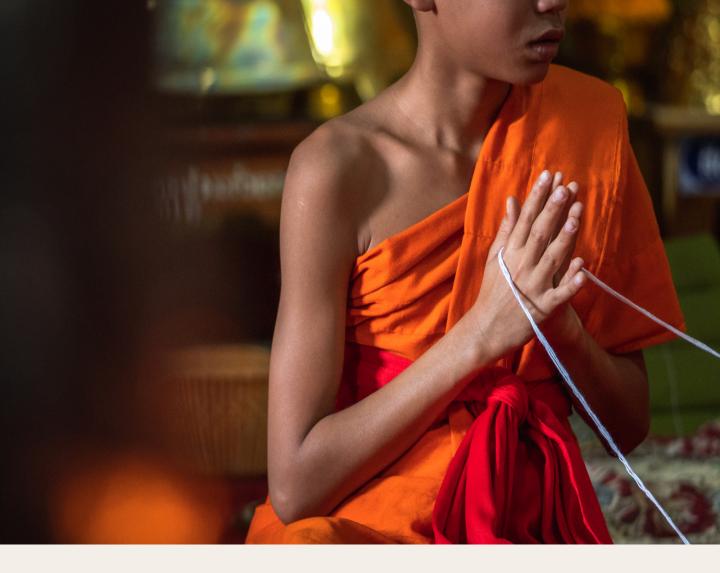
To mark the event, our seasonal calendar is brimming with festive dining experiences, spiritual blessings, captivating performances and cultural adventures, ensuring an unforgettable Lunar New Year in 2024.

If you are interested in participating, please contact our team, who are dedicated to making your experience as seamless as possible. They are on hand for any special requests, to make your stay even more memorable.

We wish you a pleasant stay with us and a prosperous New Year.

Your Amantaka Family





#### A BRIGHTER FUTURE

Aman properties around the world are an integral part of their communities. At this time of year, when reflection and gratitude go hand in hand, we are pleased to be able to share our local initiatives.

## TRAINING THE NEXT GENERATION

Hospitality careers are sought after in Luang Prabang. Students who join Amantaka are paid as trainees, and as part of their placement, they also gain greater awareness which is invaluable training in the ways of the wider world. Since Laoians are mostly taught in local languages, Amantaka's team teaches English skills and passes on international knowledge that will support the community in skills needed for employment.

Amantaka is also proud to support the Association of the Blind, offering the services of two visually impaired therapists who are celebrated for a heightened sense of touch.

#### SOCIAL-IMPACT SOUVENIRS

Amantaka supports a local hospital for children through its boutique thanks to the sale of hand-crafted elephant toys, which fund the charity. The story behind these gifts is very important and when information is provided to Aman's visitors, they are keen to learn more, and support the hospital. When guests waive a full change in bedlinen, a donation is made to Laos-Friends Hospital of Luang Prabang, a free hospital for children under 15.

If you would like to get involved, please contact a member of the Amantaka team.

## Lunar New Year Activities

## **10 FEBRUARY**

## Water Blessing Ceremony

9am at the resort's Buddhist Learning Centre

A personal encounter with Lao Buddhist traditions is the ideal way to welcome the Lunar New Year with a lasting sense of peace. In a water blessing ceremony, one of the monastery's monks administers a water blessing – pouring flowerinfused water while chanting to purify the spirit.

## Complimentary

## **Baci Ceremony**

5pm at Amantaka Gallery

Begin the festive period with a traditional Baci Ceremony. Also known as 'Sou Khouan', this Brahmin-influenced ritual has been practised in Luang Prabang for centuries, to bring luck and prosperity ahead of the upcoming year.

Complimentary

## A Night Under the Stars

6.30pm at the Main Pool

As sunset, revel in the festive spirit with a host of traditional Lao dances. Guests will be welcomed by the Blessing and Frangipani dance, a very graceful performance that offers prayers and wishes for a prosperous year. The night continues with another dance showcasing the rich cultural and ethnic diversity of Luang Prabang.

Following the captivating cultural performances, savour a family-style Chinese set dinner under the star-lit sky, showcasing the finest ingredients sourced from both land and sea, concluding with a traditional dessert.

Reservations essential



## DINNER UNDER THE STARS 10 FEBRUARY 2024

## STARTERS

Shrimp Egg Drop Soup Shrimp egg clear soup with sweet corn, shitake mushroom, carrot and spring onion

> Spring Roll Fried vegetable spring rolls, sweet chilli sauce

Chicken Salad Romaine lettuce salad with grilled chicken, orange sesame seed and vinaigrette sesame dressing

## MAINS

Braised Whole Duck Slow-cooked local duck with Chinese herbs, palo powder and steam bok choi

> Dumplings Steamed pork dumplings with Kikkoman soy sauce

Steam Sea Bass Soya sauce, sesame oil, ginger spring onion and steam rice

Mapo Tofu Wok-fried tofu with garlic, ginger, sesame oil and Chinese chili sauce

Stir-Fried Sichuan Stir-fried mixed green with garlic, ginger and Chinese chili paste

## DESSERT

Tangyuan Tangyuan in Ginger Syrup

Reservations essential



## 11 FEBRUARY

## **First Light Alms Offering 'Sai Bat'** 5.30am at the Outing Gate

Take part in a traditional alms offering – Sai Bat – and witness the seasoned Buddhist monks and trainees receiving alms and gifts of rice prepared by our Amantaka family. This contemplative and spiritual experience is an opportunity to cultivate generosity of spirit and start the day with a sense of peace.

Complimentary

## House Talk by Tiao Nitth

5pm at the resort's Buddhist Learning Centre

Discover Laos' artistic heritage with Tiao Nith, the sole royal descendant of the Vang Naa lineage. Nithakong, son of the king's advisor and prime minister, passionately dedicates himself to preserving, promoting and passing on Laos' cultural and artistic legacy through art and communitysupporting educational programmes.

Complimentary

## Live Barbecue Station

6.30pm at the Main Pool

As the sun sets, congregate at the main pool tonight, illuminated with candles and lanterns. Immerse yourself in the festive spirit with a performance of Ramayana dances that convey prayers and wishes for a prosperous year.

Following the performances, savour a barbecue with live stations featuring ingredients from both land and sea. Conclude the evening with an array of traditional desserts.

Reservations essential

## LIVE BARBECUE DINNER 11 FEBRUARY 2024

#### APPETISER

Tam Mak Hung Green papaya salad, cherry tomatoes, eggplant, water spinach, hog plum snake beans, cucumber, peanuts

Nem Dip Fresh spring rolls, perch, duck, wood-ear mushrooms, rice noodles, lime chilli sauce

Cheese and Hummus

COLD CUT STATION

#### BREAD STATION

### SALAD STATION

Mi Kouy Pan Roasted eggplant wrapped in green leaves, Tahini dressing

Koi Kai Chicken, herbs, bean-sprout salad, chilli

Caprese Tomatoes, mozzarella, basil pesto

Sweet Potatoes and Quinoa Greens, olives, sunflower seeds

#### SOUPS

Kaeng Som Pa Fish broth with local herbs

Creamy Smoked Tomato Soup Tomatoes, onion, garlic focaccia croutons

> SELECTION OF GRILLED MEATS & FISH

Kha Nap Pa Mekong catfish grilled in banana leaves

> Lamb Chops Grilled and marinated

> > **River Prawns**

Sai Oua Luang Prabang Luang Prabang beef & pork sausage

German Sausage

Chicken Skewer Chicken marinated with herbs and coconut milk

Ribeye Beef

#### SELECTION OF GRILLED VEGETABLE

Sweet Corn Baked Potato Marinated Mushrooms Marinated Courgette Grilled French Beans

## SIDE DISH

Oorlam Ngua Beef Stew

Kaeng Phet Phuk Vegetable red curry

Khua Sen Fer Wok-fried Noodle

> Kao Niew Sticky Rice

#### SELECTION OF SAUCES

Sweet and Sour Sauce Peanut Coconut Sauce Creamy Pepper Sauce Lamp Jus Sauce

#### DESSERT

Mango Sticky Rice Apple Pie Pandan Noodle in Coconut Chocolate Cake Fruit Platter Tiramisu



## OTHER ACTIVITIES

## **Discover Luang Prabang**

Famed as the best-preserved traditional town in Southeast Asia, Unesco-protected Luang Prabang is home to 32 temples and 111 historic Lao-French buildings.

At Amantaka, we are blessed to enjoy a serene setting right in the very heart of this charming Unesco World Heritage Site. We take great pride in introducing our guests to this remarkable destination and helping them embrace Laos' natural and cultural wonders through a range of personalised journeys.

## **Organic Farm Tour & Cooking Class**

On arrival at our organic farm, you will be taken on a short tour of the farm and its openair kitchen overlooking eight hectares of rice fields. Your chef will then provide an overview of the basic tenets of Lao cuisine, before you try your hand at making some classic dishes. Finally, you will enjoy the fruits of your labour overlooking the fishpond, rice fields and distant mountains.

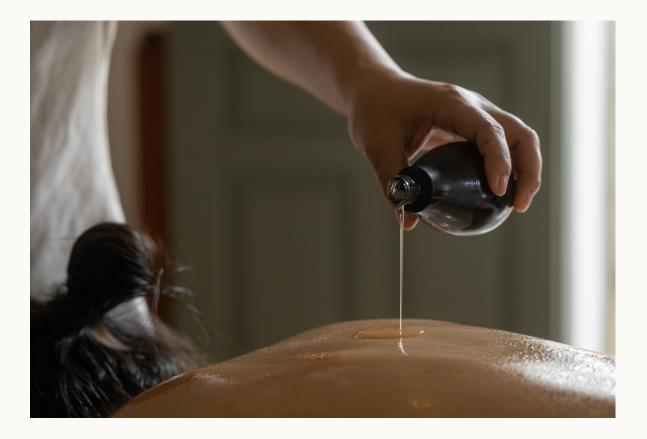
## Sunset Mekong Cruise

Absorb the magic of dusk in Luang Prabang on a private cruise as the sun sets behind the town's forested mountains. Enjoy snacks and drinks served by your personal bartender as you float down the river. Witness the end-ofday rituals of locals, as villagers return home on small boats and fishermen count their catches. After the cruise, take a leisurely stroll through the bustling night market en route back to Amantaka.



Romantic Farmhouse Dinner

In an impossibly romantic, candlelit setting, savour a multi-course dinner for two with breathtaking views of mountains and serene rice fields. Your personal chef will curate an authentic Lao feast using only the finest locally sourced ingredients. After dinner, sit back and relax beneath the stars.



## WELLNESS JOURNEYS

A place of quiet contemplation, Amantaka's spa offers guests an exceptional personalised experience.

## **Embark on a Holistic Journey**

Our Signature Wellness Journeys are designed to meet individual needs while incorporating local wellness traditions and healing techniques. Each includes a massage and a personalised bath with local herbs. The Samun Pai incorporates herbal poultices, while the Anamai Hang Kai includes a detoxifying scrub and a mineral wrap.

### Lao Massage

Passed down through the generations, Lao massage is a rhythmic, oil-free treatment performed over loose, comfortable clothing. A series of gentle stretches opens the body to enhance mobility, while deep pressure-point stimulation eases tension, leaving a whole-body sense of relaxation and fulfillment.

## **Spiritual Immersion**

Every morning at dawn, the monks of Luang Prabang walk in silent procession through the quiet streets accepting alms from those waiting in the day's first light. Be a part of this moving ritual, or celebrate dawn in a different way, with a walking meditation, a yoga class or a traditional Baci (Lao chanting ceremony) to reintroduce harmony into your life.

AMANTAKA 55/3 Kingkitsarath Rd, Ban Thongchaleun, Luang Prabang, Laos LDR amantaka@aman.com

aman.com