



amansara

Lunar New Year 2024

Season's Greetings,

Join us at Amansara as we welcome the Lunar New Year – a period marked by fresh starts, festive banquets, ceremonies and celebrations, and, above all, the joy of togetherness.

As we bid farewell to the Year of the Rabbit, our former royal residence in Siem Reap awaits the Year of the Dragon – the fifth creature in the zodiac, symbolising luck and prosperity.

To mark the event, our seasonal calendar is brimming with festive dining experiences, spiritual blessings, captivating performances and cultural adventures, ensuring an unforgettable Lunar New Year in 2024.

If you are interested in participating, please contact our team, who are dedicated to making your experience as seamless as possible. They are on hand for any special requests, to make your stay even more memorable.

We wish you a pleasant stay with us and a prosperous New Year.

Your Amansara Family





## SUPPORTING THE LOCAL COMMUNITY

Aman properties around the world are an integral part of their communities. At this time of year, when reflection and gratitude go hand in hand, we are pleased to be able to share our local initiatives.

At Amansara, Cambodia's post-war recovery is central to our commitment to giving back. We have observed that our guests are deeply moved by their experiences here and express a desire to make a positive impact.

Amansara supports Siem Reap Provincial Orphanage by providing lunch and educational materials. Established in 1979 after the end of the Khmer Rouge regime, the orphanage works with Pour un Sourire d'Enfant (PSE) to support scholarships for those who wish to study at the university and seek training to work in hospitality.

During their stay, guests have the chance to support local charitable organisations, particularly those dedicated to aiding local children and their families. Whether it's participating in food drops or visiting local schools, these experiences can be enlightening.

If you would like to get involved, please contact a member of the Amansara team.

10 FEBRUARY

**Pre-Dinner Cocktail**

6pm at the Roof Terrace

Start your evening as the sun dips below the horizon and witness the seamless transition from dusk to night. Indulge in crafted cocktails and a choice of Chinese rice wine, as the soothing melodies of traditional Khmer music form a harmonious backdrop.

Reservations essential

**Dinner Under the Moonlight**

7pm at the Main Pool

Embrace the spirit of the Year of the Dragon with an exquisite dinner alongside the main pool, illuminated by the soft, flickering glow of candles. The multi-course menu features elegant dishes that fuse the finest ingredients from land and sea.

A performance by the Apsara Angkor Dancers will further elevate this epicurean event and provide a fitting conclusion to this celebratory evening.

Reservations essential



# DINNER UNDER THE MOONLIGHT

10 FEBRUARY 2024

## STARTER

Tuna Tartar

Fresh greens and mandarin citrus

Parma Ham & Honeydew Melon

Micro greens, red radish, cardamon sour cream and basil oil

Crab Meat Soup

Goji berries, scented Chinese herbs and spring onion

## MAIN COURSE

Pan-Seared Canadian XL Scallops with Spaghetti

Flying fish caviar, roasted bell pepper and tomato sauce

*Or*

Pistachio Herb-Crusted Lamb Rack

Gratin dauphinoise, Brussel sprouts and tarragon sauce

## DESSERT

Sticky Rice Dumplings

Black sesame stuffed rice dumplings in warm spiced ginger sauce

Coffee or Tea



11 FEBRUARY

**Lunar High Tea**

2-4pm at the Dining Room

Begin the auspicious Year of the Dragon by embarking on a Lunar High Tea, savouring Chinese confections served with a warm, fragrant cup of herbal Oolong tea, as traditional Khmer music is played.

Reservations essential





# LUNAR HIGH TEA

11 FEBRUARY 2024

## SAVOURY

Xiao Mai pork dumplings

Chicken skewers with Sichuan pepper sauce

Crispy vegetable spring rolls

Jiaozi pan-seared prawn dumplings

## SWEET

Dragon-egg-shaped chocolate doughnuts

Dragon-themed sticky rice cakes with mango sauce

Baked scones with homemade seasonal strawberry jam

Jasmine Oolong Tea



## WELLNESS

### Qigong Martial Arts Masterclass

60-minute session

This Qigong Martial Arts masterclass is a holistic and disciplined session where participants learn the ancient Chinese art of Qigong, focusing on cultivating physical and mental wellbeing through controlled movements, breathing techniques and meditation. In this class, students gain insight into the balance between energy and relaxation, promoting harmony and self-awareness.

### Sound Bath & Mindfulness

60-minute session

Align your senses with Ether, the first element in Ayurveda. During this hour-long session, the healing vibrations from Tibetan sound bowls deeply relax the mind and remove blockages in the body's energetic pathways.

### Acupuncture

60-minute session

Acupuncture is a component of Traditional Chinese Medicine in which thin needles are inserted into the body to make energy flow. Acupuncture points stimulate the central nervous system which, in turn, releases chemicals into the muscles, spinal cord and brain. These biochemical changes stimulate the body's natural healing abilities and promote physical and emotional wellbeing.

### Mindfulness Journey

90-minute session

120-minute session

Focused on achieving a deep state of peace, this journey combines several mindfulness methods in one session. After a brief consultation, Manuela will curate a mindfulness journey based on your individual needs. The choices offered will include sound bathing, Reiki, breathing exercises, restorative yoga, aqua yoga and meditation.

### Apsara Scrub, Wrap & Facial

120-minute session

This treatment commences with a steam, followed by a full-body scrub with an aromatic blend of Khmer herbs known to exfoliate, stimulate and hydrate. A natural clay wrap to soothe and energise follows. A traditional Khmer mask tones the chest while a warm rice compress relaxes the stomach. The treatment is completed with a nourishing mini facial.

### Apsara Dance Class

60-minute session

Apsara dance is a form of classical Cambodian ballet, inspired by the Apsara carvings and sculptures of Angkor Wat. Lessons are led by an Apsara dancer, who has been performing and teaching this elegant dance form for more than 15 years. She will guide you through the traditional dance elements, sharing the meaning behind each movement, designed to improve posture, tone and balance.



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