

A tropical beach scene with turquoise water, a white umbrella, and lounge chairs. The water is a vibrant turquoise color, transitioning to a deeper blue at the horizon. A white beach umbrella stands on a sandy beach, with two wooden lounge chairs positioned in front of it. The sky is a clear, deep blue with a few wispy clouds. The overall atmosphere is serene and relaxing.

AMANYARA

Thanksgiving 2023

Welcome to Amanyara

Thank you for choosing to spend your Thanksgiving holiday with us. This time of year is always a wonderful reminder to give thanks for our loved ones and cherish the joy in our lives.

Whether you're experiencing the beauty of the Turks and Caicos for the first time or are a seasoned regular at Amanyara, we are thrilled to share this week with you.

The team and I have lined up an unforgettable calendar of experiences to ensure you make the most of your time together in this pristine natural paradise. Please let us know if we can enhance your stay in any way.

Happy Thanksgiving!

Tom Rutherford
General Manager



Wednesday 22 November

WELLNESS ACTIVITIES

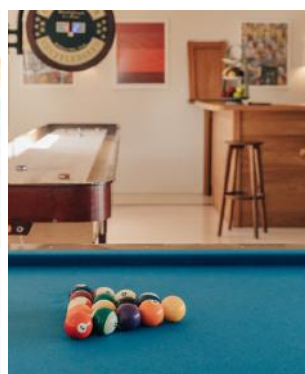
- Boxing Class at the Clubhouse Studio (Reserve your spot at the Spa)** 8.00am – 8.45am
Learn boxing techniques and basic self-defense moves from our experienced boxing coach while rapidly gaining fitness and strength.
- Thai Partner Stretch Class (Reserve your spot at the Spa)** 11.00am – 11.45am
Learn the art of Thai massage as one of our therapists guides you and your partner through therapeutic stretches and massage techniques.
- Pilates Apparatus Introduction (Reserve your spot at the Spa)** 4.00pm – 5.00pm
Pilates works by developing and integrating our awareness of our bodies, our core strength and our mobility. This combination enables us to know and be able to use our true strength and flexibility effectively.

YOUTH & FAMILY ACTIVITIES

- Youth Yoga (Meet at Nature Discovery Center - NDC)** 9.00am – 10.00am
This positive and fun class for the littlest yogis explores simple yoga poses, while incorporating stories, music and playful yoga games.
- Ladder Golf at the Clubhouse** 10.00am – 11.00am
Join us as a team of two or three for a great toss game that is fun for all skill levels.
- Connect Four Competition** 2.00pm – 3.00pm
Form a team and choose your favorite color to win this fun game.
- Billiard Lesson at the Clubhouse** 3.00pm – 4.00pm
Have a blast playing billiards! We'll show you the ropes if you're new to the game.
- Soccer Drills on the Soccer Pitch** 4.00pm – 5.00pm
Improve your skills, technique, and coordination with our professional coach

POP UP EVENTS & EVENING CELEBRATIONS

- Clase Azul Private Master Pairing at the Restaurant (max 12)** 6.30pm – 9.30pm
This one-of-a-kind private dining experience with Clase Azul includes a multi-course dinner perfectly paired with limited-edition releases from the renowned tequila maker's portfolio.
- Levantine Night at the Beach Club with Live Entertainment** 6.00pm – 9.00pm
Join us in celebrating the traditional cuisine of the Levant. Delight in the magic of fresh herbs and spices, nuts including pine, pistachio, almond, and sesame, and plenty of fresh lemon. A transporting culinary adventure not to be missed.





Thursday 23 November

WELLNESS ACTIVITIES

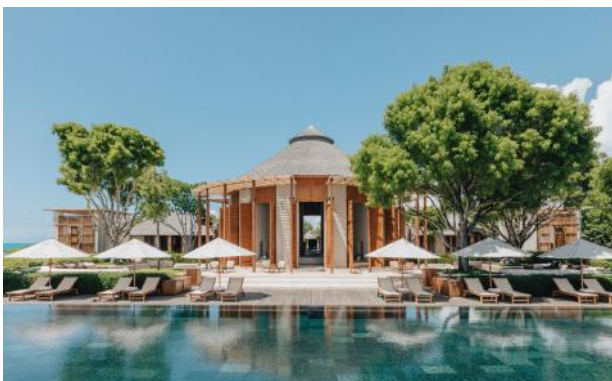
- Outdoor Cardio Class (Reserve at the Spa)** 8.00am – 8.45am
These bootcamp style fitness sessions involve circuits, relays, and general bootcamp type exercises using body weight, battle ropes, med balls, slam balls, dumbbells, barbells, dragging tyres, and more.
- Introduction to Reflexology (Reserve at the Spa)** 10.00am – 10.45am
Discover how the application of pressure on various reflex points on the feet can aid healing. This therapy relieves tension, improves circulation, and helps to promote the natural function of the related areas of the body.
- Tennis Drills at the Clubhouse** 2.00pm – 3.00pm
This class involves a warm-up featuring dynamic movement, catching/tossing skills and light hitting, followed by a variety of games and activities and a cool down.
- Sunset Yoga at the Main Pool (Reserve at the Spa)** 5.00pm – 5.45pm
Enjoy sunset while engaging in light yoga and breathing exercises.

YOUTH & FAMILY ACTIVITIES

- Sandcastle Building Competition (Meet at NDC)** 9.00am – 10.00am
Join us with your team to build your own sandcastle on the beach.
- Amanyara Thanksgiving Pickleball Tournament (Mixed Doubles)** 9.00am – 11.00am
A fast-paced game for experienced players, pickleball has simple rules and is easy for beginners to learn. Join us for a fun-filled morning of friendly competition!
- Chess Competition (Meet at NDC)** 2.00pm – 3.00pm
An ancient game of strategy, chess is beloved the world over. Show off your skills to checkmate your opponents and take the crown.
- Table Tennis Competition at Clubhouse** 4.00pm – 5.00pm
This friendly tournament will take indoor fun to a whole new level!

POP UP EVENTS & EVENING CELEBRATIONS

- Coconut and Rum Bar at the Beach** 11.00am – 3.00pm
Savor a fresh coconut or a selection of rum cocktails overlooking the ocean.
- Thanksgiving Dinner at the Restaurant** 6.00pm – 9.00pm
Join us for this traditional celebration with live entertainment.



Friday 24 November

WELLNESS ACTIVITIES

- Aqua Barre Bodywork (Reserve at the Spa)** 9.00am – 9.45am
Focusing on postural strength, alignment, flexibility, and balance, participants will utilize the barre for ballet and Pilates-inspired exercises in the pool. This class is great for those who are looking to lengthen and tone muscles but want to avoid stress on the joints.
- Chinese Tea Ceremony (Meet at Arrival Pavilion)** 11.00am – 12.00pm
Experience a Chinese tea ceremony during which you will learn about the history of tea, its health benefits, and how the leaves are handled to bring out each tea's unique flavor profile.
- Makko Ho (Reserve at the Spa)** 4.00pm – 4.45pm
Movements based on the principles of Traditional Chinese Medicine that correct imbalances in the body's energy system, Makko Ho involves simple stretches that improve flexibility, increase blood and lymph node circulation, and benefit the joints and spine.
- Guests vs Staff Soccer Game at the Clubhouse** 4.00pm – 5.30pm
Pit your skills against your hosts' in this sure to be entertaining friendly match.

YOUTH & FAMILY ACTIVITIES

- Thanksgiving Carnival at the Clubhouse** 11.00am – 12.00pm
This colorful celebration will draw on the island's fabled Maskanoo festival to get everyone into the spirit of the holiday.
- Cornhole (Meet at NDC)** 3.00pm – 4.00pm
A fun game involving the tossing of beanbags through holes in a wooden board.
- Thanksgiving Crafts (Meet at NDC)** 4.00pm – 5.00pm
Indulge your creative side with a crafting session for the whole family.

POP UP EVENTS & EVENING CELEBRATIONS

- Tacos and Margaritas at the Bar** 12.30pm – 2.30pm
The light agave flavor of tequila means that a margarita is the perfect complement to a range of hearty tacos.
- Chef's Tapas and Caviar at the Bar** 5.00pm – 7.00pm
Start your evening with delicious Chef's tapas featuring the finest caviar.



Saturday 25 November

WELLNESS ACTIVITIES

Easy Trail Run off property (Meet at Clubhouse)

Trail running brings benefits for both body and mind. While varying terrain will challenge your physical fitness, you'll be surrounded by the soothing beauty of nature with no distractions.

7.00am – 7.45am

Seaside Yoga (Reserve at the Spa)

Join us at the main pool to enjoy a relaxing yoga class while listening to the sound of the waves and enjoying the stunning ocean views.

8.00am – 8.45am

Round Robin Tennis at the Clubhouse

The points from this tournament go towards our Championship Tournament later today.

8.00pm – 12.00pm

Guided Meditation Walk (Reserve at the Spa)

Reawaken your mind to the beauty of life and reconnect with nature in the present moment. This gentle walk is the perfect way to ease into your evening.

4.00pm – 5.00pm

Tennis Championship Match at the Clubhouse

Find out who will be crowned the Thanksgiving 2023 Amanyara Tennis Champion!

4.30pm – 5.30pm

YOUTH & FAMILY ACTIVITIES

Kayak Race (Meet at NDC)

Whether you come first or last, this race over the ocean's turquoise surface is all about enjoying the beauty of nature off Amanyara's breathtaking shoreline.

10.00am – 12.00pm

Youth Yoga (Meet at NDC)

This positive and fun class for the littlest yogis explores simple yoga poses, while incorporating stories, music, and playful yoga games.

2.00pm – 3.30pm

Junior Pickleball Tournament

Easy to learn with simple rules, pickleball is fun for all ages.

4.00pm – 5.00pm

POP UP EVENTS & EVENING CELEBRATIONS

Sushi and Poke at the Bar

The freshest ahi tuna and other seafood features in superb sushi and poke bowls as you're transported to Japan and Hawaii without leaving the shores of Providenciales.

12.30pm – 2.30pm

Caribbean Night at the Beach Club

Experience the distinctive flavors of the Caribbean with live entertainment.

6.00pm – 9.00pm





Sunday 26 November

WELLNESS ACTIVITIES

Soccer Drills at the Clubhouse Practice drills focusing on skills, technique, and coordination with our professional coach.	8.00am – 9.00am
Ai-Chi (Aqua Tai Chi) (Reserve at the Spa) Ai Chi is a form of aquatic exercise used for recreation, relaxation, fitness, and physical rehabilitation. Using breathing techniques and progressive resistance training in water to relax and strengthen the body, it is based on elements of Qigong and Tai Chi.	9.00am – 9.45am
Darts at the Clubhouse Test your arm and your aim in a round or two of darts.	3.00pm – 3.45pm
Restore Your Core with the Oov (Reserve at the Spa) The Oov works as a biofeedback tool to subconsciously teach your body how to stabilize and function optimally. The crescent-shaped bottom creates three-dimensional instability while the S-shaped top follows the natural curves of the spine.	4.00pm – 5.00pm

YOUTH & FAMILY ACTIVITIES

Shuffleboard at the Clubhouse A sporting event for the whole family – children more than welcome.	9.30am – 10.15am
Youth Hike to Split Rock (Meet at NDC) Split Rock (also known as Pirate's Cove) is a scenic area at the southwest point of Providenciales. This easy guided hike will explore the peninsula with its sea cliffs, small open-faced cave, and about a mile of secluded beach.	10.00am – 12.00pm
Foosball at the Clubhouse If soccer outdoors isn't your thing, join us for foosball indoors this afternoon.	2.00pm – 2.45pm
Thanksgiving Family Tie-Dye (Meet at NDC) A fun family activity to create your own colorful tie-dye T-shirt.	2.00pm – 3.00pm
Volleyball at the Clubhouse Join us for an energetic volleyball session guaranteed to be fun. All skill levels welcome.	4.00pm – 5.00pm





Everyday Dining

The Restaurant

7.00am - 11.00am — Breakfast

6.00pm - 10.00pm — Dinner

A magnificent venue with uninterrupted sea views, The Restaurant is divided into two areas, one opening onto the terrace with outdoor seating scattered beneath two large trees, and the other opening onto a balcony with views across the central reflection pond. This second area can be closed to provide air-conditioned dining.

The Bar

9.00am - 11.00pm — Cocktails & Light Snacks

12.00pm - 4.00pm — Lunch (Mediterranean)

3.00pm - 4.00pm — Afternoon tea

The Bar overlooks the ocean and the pool, located in the heart of the property. It sets a beautiful scene for sunrise coffee and sunset cocktails.

The Beach Club

12.00pm - 4.00pm — Lunch

6.00pm - 10.00pm — Dinner on Selected Evenings

Located on a dune at the southern end of Amanyara's beach, the Beach Club provides an elevated interior, a bar area and a lower terrace leading to an expansive timber deck. Each area offers exceptional sea and beach views.

Beach Hut

9.00am - 5.00pm — Cocktails & Beach Menu

Located midway down Amanyara's beach



Special Culinary Events

Thanksgiving will be marked by a range of exquisite dining events* this year at Amanyara. As well as hosting the artisanal tequila makers, Clase Azul, over the course of three days, we will also celebrate the Middle Eastern cuisine of the Levant, Mexican tacos paired with margaritas, the finest caviar complemented by tapas, and the legendary flavors of the Caribbean, Japan, and Hawaii.

CLASE AZUL POP UP EVENTS

Clase Azul Pop Up at the Bar

As sunset paints the sky a myriad pinks, enjoy a selection of specialty cocktails highlighting the finest Clase Azul tequilas and mezcal. These will include Anejo and Ultra in addition to limited-edition releases.

Monday, 20 November
5.00pm – 7.00pm

Clase Azul Tasting at the Bar

Taste four icons of the Clase Azul brand while learning more about the artistic craft behind each decanter. This experience will highlight: Tequila Reposado, Tequila Gold, Mezcal Durango, and Mezcal Guerrero.

Tuesday, 21 November
5.00pm – 7.00pm

Clase Azul Private Master Pairing at the Restaurant

Join us at the Restaurant for a one-of-a-kind master class with Clase Azul. This unique sensory experience will include a multi-course menu expertly crafted by Amanyara Chefs with each dish perfectly paired with the finest limited-edition releases from the Clase Azul portfolio. Each course is thoughtfully designed to showcase the unique flavors and aromas of both ingredients and spirits, creating a truly harmonious dining experience. This intimate event is limited to 12 members to ensure a personalized and unforgettable experience.

Wednesday, 22 November
6.30pm – 9.30pm

\$1500++ per person. Reserve your spot with our Concierge

*Please note that all outdoor dining activities are subject to changing weather conditions and may need to be rescheduled or moved indoors.



Special Culinary Events Continued

CULINARY JOURNEY & POP UP EVENTS

Levantine Night at the Beach Club with Live Entertainment

Join us in celebrating the traditional cuisine of the Levant. Delight in the magic of fresh herbs and spices, nuts including pine, pistachio, almond, and sesame, and plenty of fresh lemon. A transporting culinary adventure not to be missed.

Wednesday, 22 November
6.00pm – 9.00pm

\$185++ per adult / \$95++ per child

Pop-up Coconut and Rum Bar at the Beach

Savor a fresh coconut or a selection of rum cocktails overlooking the ocean.

Thursday, 23 November
11.00am – 3.00pm

A la carte

Thanksgiving Dinner at the Restaurant

Join us for a traditional Thanksgiving dinner with live entertainment.

Thursday, 23 November
6.00pm – 9.00pm

\$225++ per adult / \$115++ per child

Tacos and Margarita at the Bar

The light agave flavor of tequila means that a margarita is the perfect complement to a range of hearty tacos.

Friday, 24 November
12.30pm – 2.30pm

A la carte

Chef's Tapas and Caviar Night at the Bar

Start your evening with delicious Chef's tapas featuring the finest caviar.

Friday, 24 November
6.00pm – 9.00pm

A la carte

Sushi and Poke at the Bar

The freshest ahi tuna and other seafood features in superb sushi and poke bowls as you're transported to Japan and Hawaii without leaving the shores of Providenciales.

Saturday, 25 November
12.30pm – 2.30pm

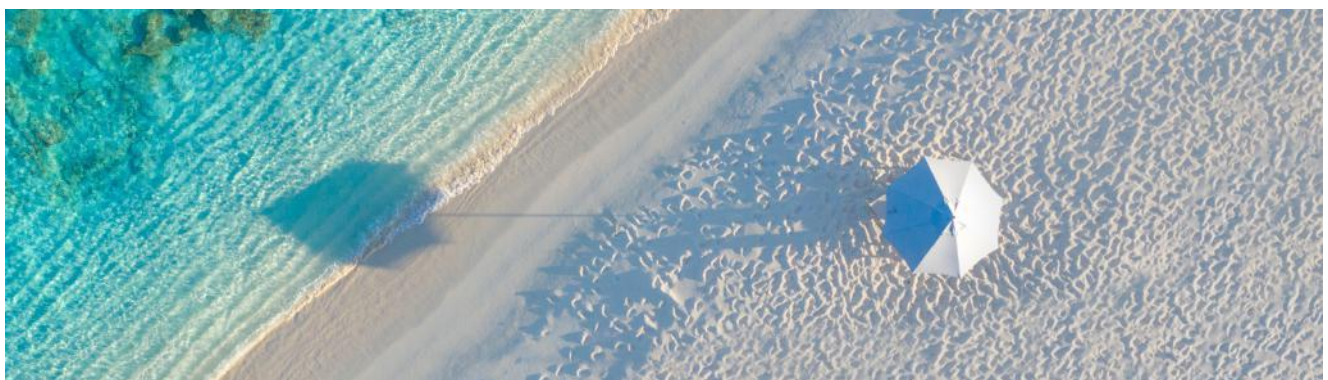
A la carte

Caribbean Night at the Beach Club with Live Entertainment

This evening sample authentic dishes from multiple Caribbean islands including the Turks & Caicos, Antigua, and Bajan.

Saturday, 25 November
6.00pm – 9.00pm

\$225++ per adult / \$115++ per child



Special Youth & Family Events

Amanyara is an ideal family destination and this Thanksgiving season our specially curated seasonal calendar is full of nature experiences, cultural activities, celebratory dinners, and family experiences for all ages. Enjoy a host of activities together – from nature walks to energetic beach sports – or relax while your kids participate in nature discovery, creative arts, or sports programmes under the supervision of specially trained staff.

SPORTS & ADVENTURES IN NATURE

Soccer Game Guests vs Staffs at the Clubhouse

Pit your skills against those of your Amanyara family and have a ball seeing who comes out on top!

Friday, 24 November
4.00pm – 5.30pm

Soccer Drills at the Clubhouse

Our professional coach will focus on skills, technique development, and coordination.

Sunday, 26 November
8.00am – 9.00am

Youth Hike to Split Rock

Split Rock (also known as Pirate's Cove) is a scenic area at the southwest point of Providenciales. This easy guided hike will explore the peninsula with its sea cliffs, small open-faced cave, and about a mile of secluded beach.

Sunday, 26 November
10.00am – 12.00pm

GAMES & COMPETITION HIGHLIGHTS

Connect Four Competition at the NDC

Wednesday, 22 November
2.00pm – 3.00pm

Sandcastle Building Competition at the Beach

Thursday, 23 November
9.00am – 10.00am

Amanyara Thanksgiving Pickleball mixed doubles Tournament at the Clubhouse

Thursday, 23 November
9.00am – 11.00am

Chess Competition at the NDC

Thursday, 23 November
2.00pm – 3.00pm

Table Tennis Competition at Clubhouse

Thursday, 23 November
4.00pm – 5.00pm

Kayak Race at the NDC

Saturday, 25 November
10.00am – 12.00pm

CELEBRATION HIGHLIGHTS

Thanksgiving Carnival at the Clubhouse

Friday, 24 November
11.00am – 12.00pm

Thanksgiving Crafts at the NDC

Friday, 24 November
4.00pm – 5.00pm



Visiting Wellness Specialists

Amanyara takes a holistic approach to wellbeing, catering both to those seeking to relax and restore body and mind, and guests wanting to enhance physical fitness. The spa's four treatment pavilions and yoga sala are complemented by a Pilates studio at the Fitness Center, four tennis courts, a multi-sport field and a volleyball court.

Throughout the year Amanyara welcomes accomplished wellness experts who offer specialised wellness programs while in residence. This Thanksgiving season, guests will be able to engage with Toby McGuire, Irene Maranon, and Joao Santos to optimize wellbeing while working towards specific wellness goals.

Toby McGuire

Toby's journey into wellness began in his early 20s when a book on meditation completely transformed his life. Wishing to learn more and deepen his practice, he moved to Thailand in 1998 to study in Buddhist monasteries. It was during this period that he also became interested in Eastern Medicine and studied Thai Massage, Acupuncture, Qi Gong and Hypnotherapy. With his range of skills, he soon landed invites from health and wellness resorts worldwide to treat and inspire their guests with motivational talks. For the last 16 years he has worked as a Visiting Practitioner at some of the top health and wellness resorts across the globe while also running retreats, talks, and workshops on stress management.

Treatments available :

Meditation, Hypnotherapy, Chi Balancing, Chi Nei Tsang, Qi Gong



Irene Maranon

With over 20 years of experience, Irene combines her knowledge of Western medicine with Traditional Chinese Medicine to offer unique treatments and therapies personalized to individual needs. Through her hands and body, Irene performs a conscious listening of her guest's body, knowing intuitively, in or out of the water, where to adjust to ease their ailments. Offering a delicate and subtle experience of maximum care, Irene's deep perception is practiced while respecting the natural movements of the body.

Treatments available :

Zen Shiatsu, Miolift Facial Massage, Aquatic Physiotherapy, Bahiku Water Balance



Joao Santos

Joao is a highly regarded international wellness practitioner who has developed his own massage techniques over the course of more than 20 years. With a solid knowledge of anatomy and physiology, he offers an intuitive, holistic approach to wellbeing that is based on Tui Na, Thai, Swedish and Sports Massage.

Treatments available :

Dry Massage, Reflexology and Indian Head Massage, Deep Tissue and Sports Massage, Deep Tissue and Stretch Massage





AMANYARA

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