

# Nourishing Breakfast

## Grains and Grainless

**Toast** VG V DF NF - GF option available  
sourdough, plain toast, multigrain toast, vegan  
gluten-free bread, and low-carb grain-free bread

**Pastries** V NF  
grass-fed pain au chocolate, muffin, croissant,  
and Danish

**Bacon & Maple French Toast** V NF  
thick-cut brioche dipped in vanilla and maple-  
scented custard served with crispy bacon

**Smoke Salmon Open-Faced Sandwich** NF ©  
pumpernickel, smoked salmon, sour cream, sliced  
egg, pickled cucumber, red onion, chive

**Grain-Free Fluffy Coconut Pancake** V NF ©  
coconut flour, Banana and mixed berry compote

### Local Balinese Artisanal Cheese

**Artisanal Dairy Cheese** V  
selection of local artisanal cheese from Klungkung  
served with low-sugar chia-based jam

**Artisanal Vegan Cheese** VG ©  
selection of local Vegan Artisanal Cheeses from  
Singakerta, Gianyar served with low-sugar chia-  
based jam

## Bowls and Granolas

**Berry Zen** GF VG ©  
frozen Bedugul strawberries, banana, red dragon  
fruit, cinnamon, maca, adaptogen powder, coconut  
flakes, grain-free granola

**Blue Horizon** GF VG ©  
banana, pineapple, kiwi, baby spinach, blue majik,  
coconut & homemade grain-free granola

**Boost & Uplifting** GF VG ©  
blueberries, banana, coconut, homemade grain-  
free granola and ashwagandha

**Gluten-Free Overnight Oats** GF NF V VG GF ©  
gluten-free rolled oats, banana, cinnamon, berries,  
tree nuts butter, whipped coconut cream, reishi  
mushroom powder

**Acai and Berry Chia Trifle** GF VG ©  
chia seed, coconut lontar nectar, acai puree,  
Bedugul berries, coconut cream and grain-free  
granola

### Balinese Tropical Fruits

**Balinese Tropical Fruit Board** GF VG NF DF ©  
harvest in season served with raw honey or coconut  
lontar nectar

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## Eggs or Egg-less

**Breakfast Pita** NF DF V © - VG option available  
whole wheat pita bread, smoked feta, mesclun,  
tomato, cucumber, hummus and boiled egg

**Avo Toast** V © - GF VE LC options are available  
sourdough, guacamole, semi-dried tomato, bagel  
blend, gochugaru and jalapeno with two eggs any  
style

**Huevos Rancheros** GF NF  
corn tortilla, housemade refried beans, pico de  
gallo, egg, avocado, crumbed feta and salsa picante

**Benedict** NF - GF option available  
smoked salmon, Canadian bacon, 40c sous vide  
egg, English muffin and hollandaise

**Shakshuka**  
NF © - V GF LC options are available  
egg, lamb merguez sausage, capsicum, herbs and  
spices, tahini yoghurt, preserved lemon tabouleh,  
grilled sourdough, sumac and honey lemon  
dressing

**Egg-less Scrambled**  
VG DF EF © - GF option available  
tofu, turmeric, Javanese long pepper, sourdough,  
coconut cream, avocado, tomato salsa, spiced  
cashew and coconut bacon

**Eggs any style** NF  
side choices:  
Mushroom, Roasted Tomato, Sausage, Ham,  
Bacon, Baby Arugula Salad, Guacamole, or you just  
add everything to the mix

Egg White option is also available

# Balinese & Indonesian Breakfast

**Tipat Cantok** GF DF  
rice cake with egg, blanched garden vegetables and peanut sauce

**Tipat Blayag Singaraja** GF DF NF EF  
rice cake with chicken, vegetable urab, chicken skin crackers and soya bean

**Bubur Moreng** GF DF EF @  
Balinese rice porridge with chicken, moringa and Balinese spice paste

**Nasi Kuning Bali** GF DF  
yellow turmeric rice, chicken mesisit, twice-cooked egg, vegetable urab, sate lilit and sambal matah

**Breakfast Mie Goreng or Nasi Goreng**  
GF DF NF - GF V VE options are available  
noodles or rice, chicken, vegetables & crispy shallot

# Breakfast Beverages

**Tea**  
Chamomile  
Earl Grey  
English Breakfast  
Jasmine (Green)

**Infusion Tea**  
Lemongrass  
Ginger  
Mint

**Coffee**  
Long Black  
Flat White  
Cappuccino  
Espresso  
Late  
Decaf

**Indonesian Coffee**  
Sumatra  
Toraja  
Bali

**Mylk**  
non-dairy milk, with the choices of:  
Soy  
Almond  
Oatmeal

**Iced**  
Lemon Tea, with lemon on the side  
Iced Coffee (Bali Coffee seed)  
Iced Chocolate

**Fresh Squeezed Juice**  
Mix your own Juice  
with the choices of:  
Orange  
Pineapple  
Apple  
Watermelon  
or mix all

**Smoothies**  
local yoghurt with the choices of:  
Mango  
Strawberry  
Banana  
Avocado  
Mixed Berries (Strawberry & Blueberry)  
or combination

**Conscious Drinks**

**Revitalize**  
mix of pineapple, strawberry and lime

**Cleansing Juice**  
mix of beetroot, cucumber, lemon, apple and mint

**Cacao Banana Smoothie**  
mix of coconut water, raw cacao, banana, avocado  
and date

**Mango Strength**  
mix of mango, romaine, mint leaves, and young  
coconut water

**Green Goddess Juice**  
mix of spinach, apple, ginger, cucumber and  
parsley

**Green Detox Juice**  
mix of coconut water, avocado, spinach, date, chia,  
and hemp seed