

Your Amankora Journey

Guest Name

Stay Dates

Amankora Journey

On this journey, discover Bhutan's colourful history, its myriad cultural layers and its most famous sites, from the birthplace of the kingdom's monastic body to the various institutions sharing the country's rich heritage with new generations.

Bhutan is a destination that deserves not only to be seen, but to be felt, heard, tasted, savoured and experienced. There is no journey long enough to do true justice to the heart and soul of this fascinating Himalayan kingdom, but this 7-Night Amankora Journey is a very good start.

Occupancy	Suite	With 1 Bedroom Mo Chhu Suite (available in Punakha)	With 2 Bedroom Mo Chhu Suite (available in Punakha)
7 Nights Rate	Price available on request	Price available on request	Price available on request

Inclusions:

- · Accommodation at Amankora Thimphu, Punakha and Paro lodges
- · All meals and picnics en route to Amankora lodges
- · House beverages
- · Activities, hikes and visits as stated in the programme
- · Private English-speaking guide, driver and vehicle for the entire journey
- · Roundtrip airport transfers, laundry and wifi
- · One 60-minute massage per person enjoyed at any of the lodges
- · Monument passes and long road permits

Supplementary Costs:

Visitors to the Kingdom of Bhutan are subject to additional government charges which include:

- Government sustainable development fee: US\$200per person per night (Indian passport holders only: INR1,200per person per night)
- · A Sustainable Tourism Fund: US\$10 per person, one time only
- · Visa Fee USD 40 per person, one time only (non-refundable once visa is processed)

Reservations

Amankora Tel: +9752331333 amankora@aman.com

7-Night Itinerary Summary

Day	Location	Key Activity
Day1	Paro/ Thimphu	Arrival at Amankora Thimphu
Day 2	Thimphu	Pangri Zangpa Astrology School
Day3	Thimphu/ Punakha	Scenic drive to Punakha, The Fertility Temple
Day 4	Punakha	Khamsum Chorten Hike, Punakha Dzong
Day5	Punakha/ Paro	Scenic drive to Paro, Kyichu Lhakhang, Farmhouse Lunch
Day 6	Paro	National Museum of Bhutan, Paro Dzong
Day7	Paro	Tiger's Nest Visit, Gross National Happiness Lecture
Day8	Departure	Departure from Paro International Airport

Terms and Conditions

- The above itinerary is an illustrative example of what is possible when exploring the Kingdom of Bhutan with Aman.
- Itineraries are bespoke and subject to change depending on mountain and weather conditions.
- Preferred hikes and expeditions can be discussed with guide and driver before departure.
- Meals are tailored to personal preferences, with Amankora chefs offering Bhutanese, Asian and Western menu options.
- Guests may extend their journey before or after at one or more of Amankora's five lodges.
- For more information, contact our reservations team.

Amankora's Lodges

Designed by Kerry Hill, five intimate lodges have allowed Amankora (peaceful pilgrimage) to offer unique journeys of discovery across the Kingdom's spectacular central and western valleys since 2005. Each of the five lodges offers elegant dining and lounge areas with beautiful views, an intimate spa and expansive outdoor areas for relaxing in the sun or beneath the stars.

Amankora Paro

Close to the famous cliffside Tiger's Nest Monastery, Amankora Paro shelters within a blue-pine forest with dramatic views of the snow-capped peak of Jhomolhari, a 20-minute drive from Bhutan's international airport.

- Living room and dining room
- Aman Spa with five treatment rooms, sauna, steam room, outdoor baths, changing areas, yoga studio
- Boutique and library
- · Multi-use meeting room for private events

Amankora Thimphu

Amankora Thimphu is situated in the forested Thimphu Valley, ideally placed for exploring the capital's museums, traditional shops and cultural sites.

- · Living room, dining room and outdoor terrace
- · Aman Spa with three treatment rooms, steam room and changing areas
- · Boutique, gallery and library

Amankora Punakha

Overlooking rice paddies and orchards from its infinity swimming pool, Amankora Punakha lies east of the Dochula Pass and just north of the resplendent Punakha Dzong.

- Living room, dining room, courtyard terrace and tea room
- Aman Spa with two treatment rooms, steam room, changing areas, yoga and meditation space
- · Gameroom, library and private rooms at the farmhouse
- Heated outdoor infinity swimming pool (28.5 x 5.2 metres, 1.4m deep)

Amankora Gangtey

 $A mankora\ Gangtey\ is\ located\ in\ the\ spacious,\ seldom\ -visited\ valley\ of\ Phobjikha\ and\ claims\ panoramic\ views\ of\ the\ magnificent\ Gangtey\ Goemba,\ a\ 16th\ -century\ monastery.$

- Living room, dining room and outdoor terrace
- · Aman Spa with two treatment rooms and changing areas
- Traditional Bhutanese hot stone bath

Amankora Bumthang

Amankora Bumthang is set adjacent to the King of Bhutan's Palace in a region of sloping pine forests and fertile farmland known for its cottage industries.

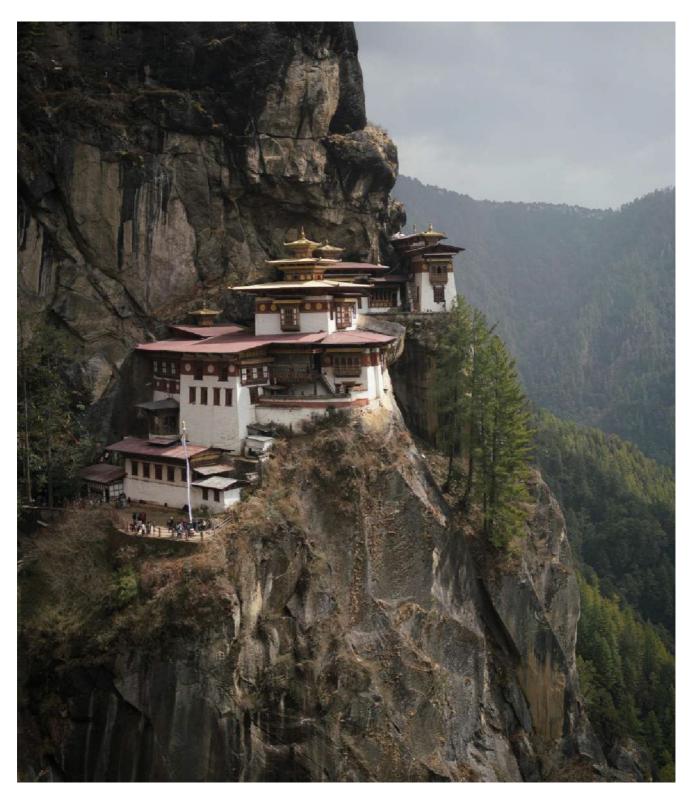
- Living room, dining room and outdoor terrace
- Aman Spa with three treatment rooms, steam room and changing areas
- Library



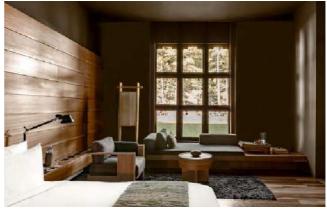
Your Journey Begins

Enjoy one of the world's most spectacular descents as your flight arrives at Paro, which rests amid breathtaking Himalayan peaks. On arrival you will be greeted by your local Amankora guide, who will remain with you throughout your journey. A 1.5-hour drive away, the Bhutanese capital of Thimphu lies in a steep valley at an altitude of 2,350m (7,709ft). It is here that you will begin your adventures.

Your itinerary will be tailored to remain as flexible as possible, and you will be able to discuss every detail of it in advance.







7-Night Itinerary

Day1-Paro/Thimphu

Upon arrival at Amankora Thimphu, you will have time to settle before exploring the Buddha Dordenma where you'll begin your discovery of the kingdom. On the way back, we will explore Thimphu, the country's only urban centre—a unique capital city where not a single traffic light exists.

Enjoy one of our evening activities back at the lodge or book a muchneeded Jet Lag Reviver Treatment (chargeable activity) at the Aman Spa before heading to the Dining Room for dinner.

Day 2-Thimphu

Visit the Choki Art School, an institution focused on teaching traditional Bhutanese art (only open on weekdays) and the Pangri Zampa, a collection of 16th century temples that now houses a monastic astrology school. If you wish, we will have one of the monks read your astrological fortune or you can schedule a private astrology reading back at the lodge (chargeable activity).

Day 3 - Journey to Punakha

After breakfast, travel to Punakha Valley. As you make your way out of Thimphu, stop at the Semtokha Dzong, the country's first fortress. Dochula Pass also warrants a pause with its spectacular memorial of 108 chortens.

As we enter Punakha, visit the intriguing Chimi Lhakhang Temple, a site known all over Bhutan as the Fertility Temple, where the faithful gather to pray for the gift of a child. The adjacent village is an interesting place to wander about and see local crafts and folk art.

Day 4-Punakha

We begin our day with a hike to the stunning Khamsum Chorten. From the lodge the trail takes you through farmlands and rice paddies and offers a wonderful opportunity to experience local farming traditions. Enjoy the superb views of the valley from the chorten roof top.

After lunch, head to Punakha Dzong, one of Bhutan's biggest fortresses. It is said to have been envisioned by its architect in a dream in 1637. Visit its sacred halls, courtyards and cantilevered bridge, then walk towards another handcrafted marvel in the valley – the longest chain link suspension bridge in the world.



7-Night Itinerary

Day 5-Journey to Paro

Today, we journey back to Paro after a hearty breakfast.

Upon arrival in the valley, taste the authentic flavours of Bhutanese cuisine with a traditional farmhouse lunch, prepared by a family that used to cook for the royal family of Bhutan.

After lunch, start your explorations of the valley through the 7^{th} century Kyichu Lhakhang, one of the first Buddhist temples built in the kingdom.

Day 6-Paro

Today, we wander through the history of the kingdom with a visit to the Paro Rinpung Dzong and the National Museum of Bhutan, housed in a historic watch tower above the fortress.

After lunch, we will hike up to the Drukgyel Dzong, a fortress just across the lodge.

Upon your return to the lodge, perhaps enjoy a hot stone bath at the Aman Spa. A traditional wooden bathtub is filled with healing 'Khempa' leaves and heated by river stones (chargeable activity).

Day7-Paro

In the morning, visit one of Bhutan's most dramatic monuments, the Taktsang Goemba. More commonly referred to as the Tiger's Nest, it is built on a sheer cliff face at an altitude of 2,950m (9,678ft). The journey offers spectacular views of this sacred monastery perched on the rocks, 900m above the valley floor.

For an unforgettable lunch, we suggest an alfresco BBQ (chargeable activity) at the base of the cliff where you can admire the monastery while enjoying your meal.

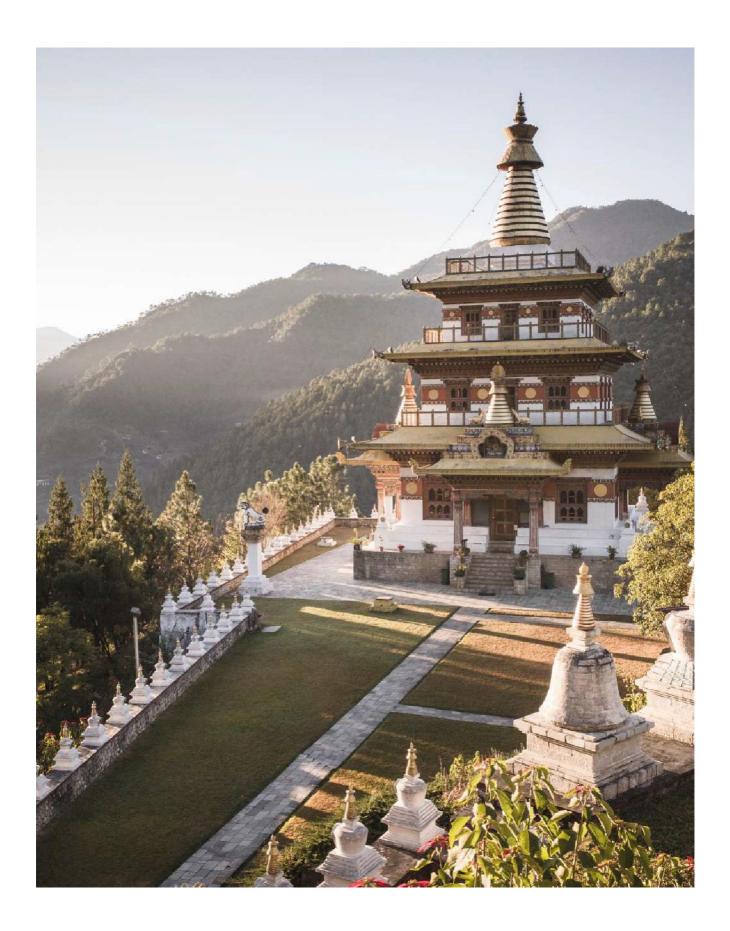
In the evening, cap off your journey with a lecture on Gross National Happiness, (chargeable activity) Bhutan's unique index of the country's intangible wealth.

For dinner, a traditional ghoor kira will be available for you to wear, on loan from the lodge for your final evening while you enjoy a hearty Bhutanese meal.

Day8-Departure

This morning you bid farewell to Bhutan. Your driver will take you to Paro International Airport, a journey of around 30 minutes from the lodge. We recommend arriving two hours before your flight is scheduled to depart.





Our multilingual reservations team is always available to help you with your travel planning, from booking a single night to multi-resort itineraries.

Amankora Paro, Thimpu, Punakha, Gangtey and Bumthang, Kingdom of Bhutan Tel: +9752331333