

amanwella

SPA MENU

BODY TREATMENTS

AMANWELLA MASSAGE

Our signature massage is a unique combination of Swedish and deep tissue massage. From relaxing to deeply therapeutic, our therapists have a diverse range of skills to customise the massage to suit your preferences. This treatment adapts the finer points to your specific needs and leaves you with a rejuvenating experience.

60 minutes

90 minutes

ABHYANGA MASSAGE

A traditional Ayurvedic massage using a combination of soothing and symmetrical long strokes to eliminate the impurities from the body. Tri Doshi herbal oil is used to rebalance the doshas. This treatment begins with a gentle head massage and uses long massage strokes to regulate the nervous system and improve circulation.

60 minutes

90 minutes

BALINESE MASSAGE

Drawing on ancient Balinese full body healing therapy, this treatment combines long strokes and acupressure to stimulate the flow of energy around your body and bring a sense of well-being, calm and deep relaxation.

60 minutes

90 minutes

FOOT MASSAGE

A divine massage concentrating solely on your feet and lower legs. This specialised foot massage improves blood flow and nerve supply, fostering a restoration of the body's natural state of equilibrium and helping to relieve stress and tension.

60 minutes

BEAUTY TREATMENTS

AROMATHERAPY FACIAL

After a day in the sun, replenish your skin with a luxurious facial that improves the condition of any skin type. A deeply relaxing massage with organic aromatherapy face oil, cream and a mask deeply cleanse your skin leaving it refreshed and glowing.

60 minutes

EXPRESS FACIAL

Professional double cleansing, exfoliation, and solar defense. Great for guests on the go and first timers.

30 minutes

PEDICURE / MANICURE

Our classic treatments are done with the application of cream, cutting, shaping and massaging. OPI nail polish gives ladies a polished look. Gentlemen's nails are buffed to a high shine.

45 minutes

ENHANCEMENT

BODY SCRUB

Delight your senses and let your skin be renewed with our natural aromatic salt scrubs, from coconut that brightens your skin, and sunflower and lavender that renew body luster.

30 minutes

Children massages for ages 5 -12 years

FULL BODY MASSAGE

45 minutes

BACK MASSAGE

20 minutes

FOOT MASSAGE

20 minutes

Aman Spa is open from 10:00am – 7:00pm.

Couple massages can be arranged.

Spa treatments cancelled within 3 hours of treatment are subject to 50% cancellation fee.

Please dial 1 or 750 to make an appointment.

All prices are in US dollars and are inclusive of service charge and tax.