



Amanera

Experience Guide



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The Amanera experience

Queridos Amigos,

Located on the Dominican Republic's northern shore, Amanera is set amongst nearly seven miles of continuous Atlantic seacoast overlooking Playa Grande beach from its cliff-top, surrounded by a verdant jungle and backed by the island's dramatic Cordillera Septentrional Mountain range.

From the historical treasures of the 16th-century Fortaleza San Felipe in Puerto Plata to local music performances, architecture tours, and cigar-rolling masterclasses, the Amanera team can easily arrange private cultural excursions personally tailored to guests' interests. For those in search of more challenging escapades, there are mountains to ascend, canyons to traverse, and waterfalls to rappel. Amanera ensures younger guests and families enjoy a stay packed with memorable moments, returning home with new skills and memories to cherish.

Your family at Amanera would be pleased to tailor any activity to your needs and interests. Reservations in advance are encouraged since some experiences and activities require planning. We, therefore, recommend that you discuss your interests with our Guest Assistance team to assist you with the arrangements. Since activities will be reserved exclusively for you, we kindly ask you to give a minimum of 24 hours' notice. We are looking forward to customizing your stay with personalized experiences.

Warm regards,

Your Amanera family

Adventures on land

Our private eco-hikes give the opportunity to explore the extensive wilderness around Amanera of more than 2,000 acres (8km²) of virgin forest to get up close to indigenous flora and fauna. You are accompanied by our experienced and knowledgeable guides.

Nature Hike

A six-and-a-half kilometer loop begins at the hotel and takes you up to some incredible views from the mountain ridge behind the resort. It gradually descends through the lush rainforest to the other end of Playa Grande and concludes with a walk back on the beach.

Full loop is 120 minutes. Includes private guide and refreshments. We recommend wearing sports pants and sneakers for this excursion.

Jungle Breakfast

Enhance your Nature Walk experience with a breakfast in our pavilion at the top of the rainforest and absorb the beauty of the views. Please see our team for your breakfast order. Breakfast will be charged according to your meal inclusions.

Includes a private guide, and refreshments. We recommend wearing short and sneakers for this excursion.

Ocean Front Walk

Our two-and-a-half kilometer oceanfront walk starts in a farm in Rio San Juan where the grass under your feet changes into sand and the trees turn to mangrove. Walk through the water to reach a detached piece of land and continue the walk on the rugged coastline to Playa Gri Gri (only accessible through the rocks or through the ocean), El Ponton, Playa de Los Enamorados and Playa Caletón. For the most adventurous, we can jump from the cliff into the ocean (10 meters high), a cultural hobby for all.

Full hike is about 90 minutes. Includes private guide, refreshments. We recommend wearing shorts, sneakers and swimsuit for this excursion.







Taino Hike

Venture into a just over seven-kilometer walk and immerse yourself in the virgin forest to embody Taino generations of herbal medicine wisdom while observing the flora and fauna. Enjoy the last minutes of the journey learning the healing properties of the native plants harvested in our Spa garden and enjoy our signature hand-made infusion while you delight yourself with the stunning view of our Wellness Casa.

Full loop is about three hours. Includes private guide visit to the botanic garden at the Spa and tailor-made infusions. We recommend wearing long pants and sneakers for this excursion.

Dominican Countryside

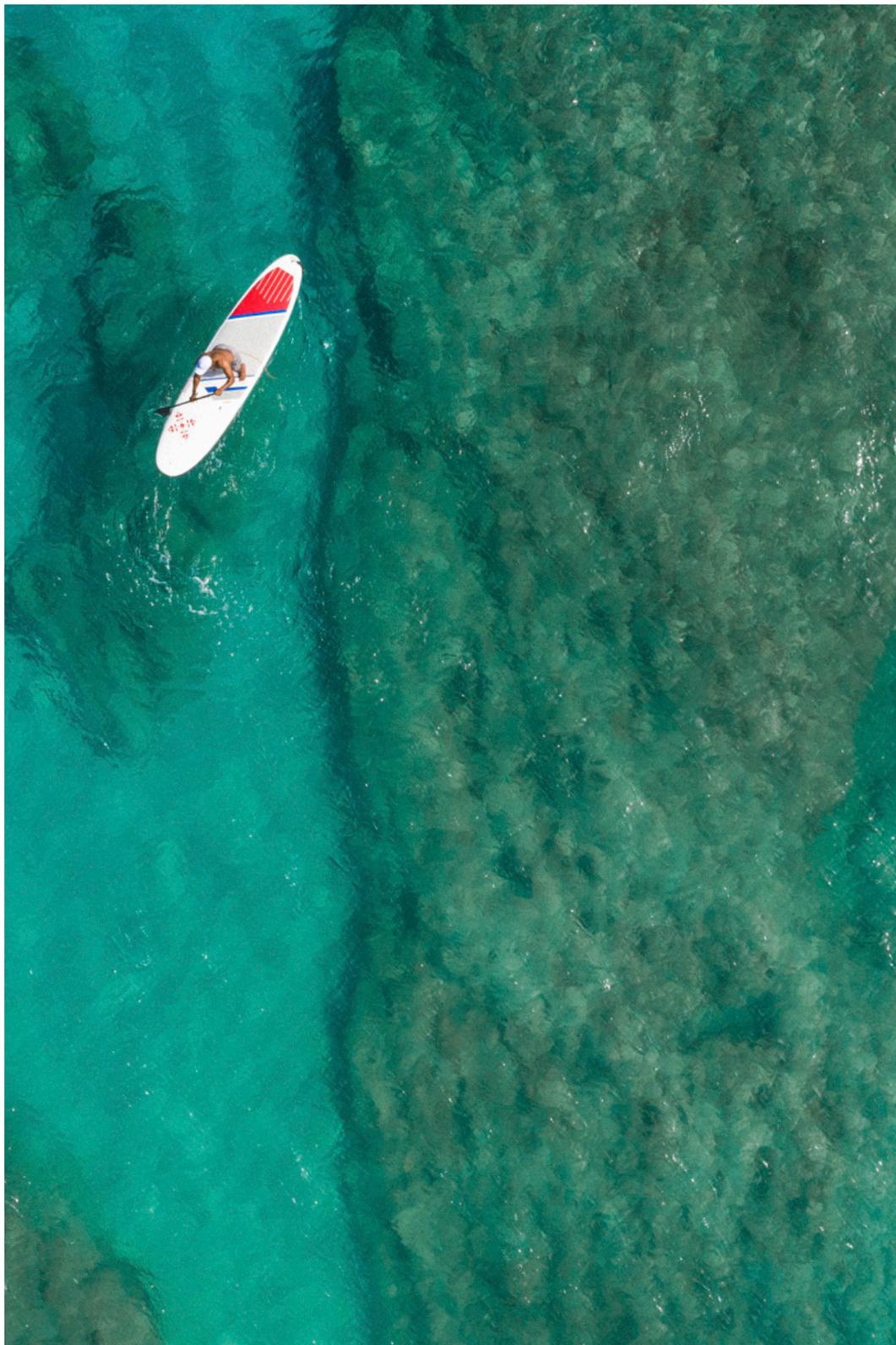
For the more adventurous ones, we offer a nine-kilometer walk through the varied landscape of “La Caribe” and “Montaña Gold”. Throughout this walk, you’ll discover how fertile Dominican soil is and all the fruits and vegetables that grow around: limoncillo dominicano, cajuiles, guayava, carambola, cherries, manzana de oro, noni, breadfruit, aji, sapote, rulo, soursop, naranja agria, cacao, auyama...

Full loop is about three hours. Includes private guide, water. We recommend wearing long pants and sneakers for this excursion.

Horseback Riding

Meet the local horsemen at Los Mangles, where we will match you with a horse fit for your riding experience. Ride along the picturesque countryside, and indulge in the diversity of local fruits, roots, and grains grown by humble local hands. As you finish crossing the farmstead you will come upon serene fields dotted with a medley of animals and birds that are looked after by the inhabitants. Our journey takes you through the immersive Dominican Jungle, ‘el rio San Juan’ and commences with a ride on the shores of the vast Atlantic.

The ride is approximately two hours. The minimum age is 4 years old. Includes round-trip, transportation, horses, guides, equipment and a variety of soft drinks. We recommend wearing long pants and sneakers for this experience. Los Mangles is a 15 minutes’ drive from Amanera.



Adventures on water

Kayak or Stand-Up Paddleboard Eco Tour

A novel way to enjoy the natural beauty of the north coast, Amanera's Kayak or Stand-up Paddleboard eco-tours begin in a secluded beach in Rio San Juan (ocean condition dependent). Launching the kayak or paddle board, guests can paddle east along the coast and into the Laguna Gri Gri, where the mangrove trees provide an important ecosystem for many species of birds, fish and reptiles. Along the way you will come across protected coves, home to schools of fish that often leap out of the water, sea urchins on the sandy bottom and oysters. After exploring the mangroves, stop at a natural pool for some snorkeling before heading back.

The tour takes about two and a half hours for a group of one to four people. Includes round-trip transportation, equipment, instructions by personal guide, refreshments.

Deep Sea Fishing

Amanera can organize full or half day boat trips starting in the local marina of Laguna Gri Gri, 10 min from the resort. The Marlin Chaser is a 31 ft vessel, 13.5 ft wide with two 300 horsepower Suzuki engines, GPS and bathroom on board. For those interested in bottom or deep sea fishing, the waters around Amanera are abundant with big game fish, including Atlantic blue marlin, wahoo, mahi mahi, tuna, and sailfish. The boat features modern fishing equipment and the two experienced captains know the best spots along the north coast. Our Chef will meet you upon arrival and ask for your preference on how to prepare your dinner.

The charter includes transportation, equipment, refreshments as well as the catch.

Laguna Gri Gri Boat Excursion

The neighboring fishermen village of Rio San Juan is less than 10 minutes from Amanera and offers cultural and recreational diversity. The main attraction is the Laguna Gri Gri, a freshwater lagoon lined with mangroves. Charter one of the village's colorful wooden boats to view up close the lagoon's tangled mangroves, bird sanctuaries, rock formations and pristine beaches, including Playa Caletón. Swim, snorkel, explore the sea caves and their nesting golondrinas (swallows).

The boat tour takes about one and a half hours. Includes round-trip transportation, Amanera guide, refreshments, and snorkeling equipment.

Surf Lesson

Want to learn how to surf or improve your surfing? Surfing is one of the most exhilarating, healthy, natural and fun experiences at Playa Grande. Private lessons offer one-to-one instructions where you cover a range of topics from surfing fundamentals to ocean safety. Each lesson is tailored to your current skill and experience level. All surf lesson participants must be able to swim.

One hour private lesson.

Surf & Yoga

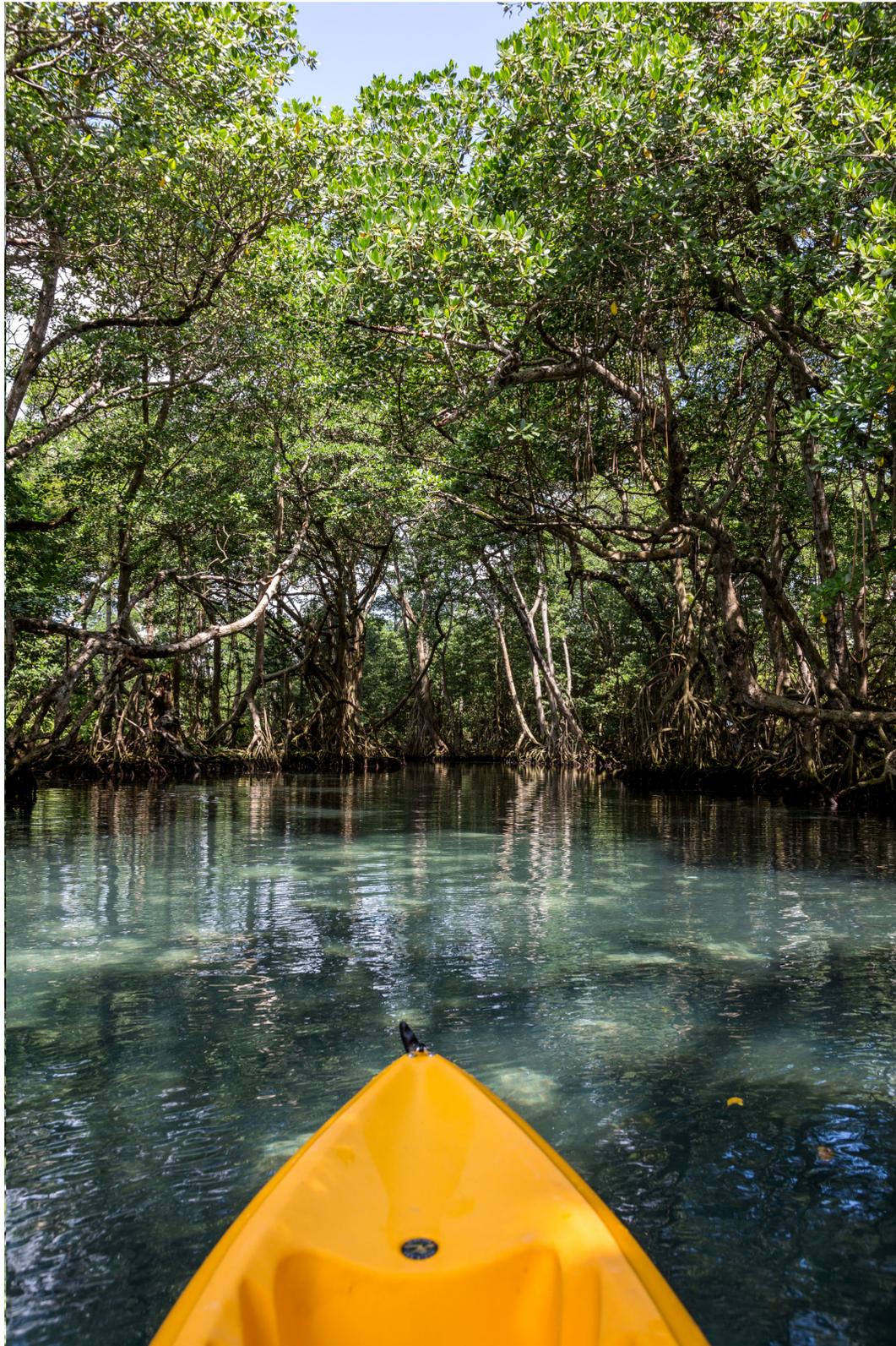
The “Surf & Yoga” experience features a two and a half-hour private surf session to kick off the day, led by a surf expert. After, surfers will enjoy a surf cooler made of healthy energy drinks before heading off to a private Beach Cabana for a guided meditation session and a session of surfer’s Yoga. Surfer’s Yoga features a restorative experience for all-levels of surfers to restore the body and bring stillness to the mind. Learning how to breathe properly will be the biggest benefit surfers will gain from this yoga practice. The class focuses mainly on the lower back, latissimus dorsi, deltoid and trapezius muscle stretching, core and leg strengthening, as well as balance. A brief closing meditation soothes the soul to inspire the mental agility and build focus for taking on the waves once again.

Kite Surfing in Cabarete

The vibrant seaside town of Cabarete, 45 minutes from the property, boasts some of the best beaches in the world for kitesurfing and is known as the birthplace of the sport. Amanera has partnered with Kite Club, the largest and most renowned water sports center in the country, giving guests unique access to the sport. Catering from absolute beginners up to advanced kite-surfers, the Kite Club’s certified training program offers comprehensive lessons either private or semi-private with three-hour to three-day packages. If you are a beginner, we recommend the three-day package to get a successful start in this watersport.

Three hours private lesson. All packages include round-trip transportation, refreshments, equipment, Private instructor and private guide.





Reef and Wreck Diving at Rio San Juan

With an average water temperature of 80 F 27 C, minimal current and visibility up to 100 ft 30 m, the dive sites on the North coast of the Dominican Republic are perfect for beginners and experienced divers. The Atlantic dive sites might not offer the same variety of sea life and colors as the Caribbean Sea, but they do offer fun dives and unique experiences.

The dive center is located in Rio San Juan, a 15 mins drive away from the property. Enjoy as a beginner and explore the joy of scuba diving, or go to the next level and get the international PADI certification as Discover Scuba Diving or the open water course. Enjoy a 20 mins boat ride from the diving center to get to the location of your adventurous and fun course.

Scuba Diver Certification

Includes Scuba diver certification, two days with three training sections in our pool, three theory sections, practices, and two sea immersions, including an international certification to dive 12 meters with a companion.

Open Water Certification

Includes an open water certification, two days with five training sections in our pool, five theory sections, practices, and four sea immersions, including an international certification to dive 18 meters alone.

Includes roundtrip transportation, equipment, one dive, and a private dive instructor. Only for certified divers.

Cultural experiences

Daytrip to La Zona Colonial in Santo Domingo

Enjoy this daytrip to Santo Domingo to travel back in time and explore the history of the Dominican Republic. The scenic two and a half-hour drive takes you to the southern coast of the island where you can discover the oldest European settlement which has been declared a World Heritage Site by UNESCO. This beautiful 15th-century city features charming avenues and cobblestone streets teeming with quaint shops and restaurants.

Our guide will show you some beautiful sights and museums and if you are interested takes you to some art galleries and shops selling local handicrafts. Combine your trip with a visit of the world-famous Dominican rum distillery Ron Barceló, located one-hour drive from Santo Domingo.

The tour takes about nine hours, including two and a half hours' drive per way. Includes roundtrip transportation and private guide, entry tickets to museums, refreshments.

Inspired Painting

Delight yourself with the outstanding view of Playa Grande and its surroundings while enjoying the best painting lesson ever. Inspired by the richest of our culture and guided by one of our best local artists you will learn new painting techniques while tasting the best wine and a delicious Charcuterie board. 60 mins of art joy and good bites.

Daytrip to Puerto Plata

Enjoy a daytrip to the oldest town on the north coast of the Dominican Republic, one and a half hours' drive from Amanera. Guests can take the cable car to the top of Pico Isabel de Torres (799 meters), for spectacular views of the city and the coastline. After the funicular ride, you can enjoy the tree-shaded, 19th-century Parque Central, located in the historic town center with its once opulent, pastel-colored homes built by wealthy tobacco merchants in the 1870s.

Gain an insight into the life of the country's independence leader at the Luperon museum; wander on the newly refurbished malecon (pier); visit the 16th-century San Felipe Fort. The trip concludes with a private tour of the famed Brugal rum distillery.

The tour takes about seven hours including one and a half hours' drive per way for a group of up to five guests. Includes roundtrip transportation, refreshments, private guide, entry tickets to museums and funicular ride.





Los Haitises National Park Caves & Mangroves Boat Tour

More than an excursion your trip is an adventure into and a communion with nature. Departing from Samana town, we will transport you in a boat and navigate en route to Los Haitises National Park, designated a Biosphere Reserve by UNESCO. We initiate the tour in “Cayo Los Pajaros” (Bird Cay) and depending on the time of year we may see many of the newborns being fed by their parents. We continue onto “Boca de Tiburón” (Mouth of the Shark) a Cay that is home to stalactite formations, formed over time and navigate through the mangrove canals. Enter the area known as the “Bosque Húmedo” (Humid Forest), where you will experience the silence of nature firsthand, momentarily broken by the birds that make this area their home. During the trip we will also visit various natural caves. After a few hours on the boat, you can add a stop on the way back to visit the idyllic beachfront village Las Terrenas, once a rustic fishing village, today is a cosmopolitan town and seems as much French and Italian as Dominican.

Full day excursion, two-and-a-half-hour drive per way, boat excursion three to four hours, option to stop in Las Terrenas for one to two hours for up to four people. Includes round-trip transportation with private driver, private boat charter with guide specialist, snacks and refreshments.

Humpback Whale Watching

Every year from mid January to March, thousands of humpback whales migrate from Alaska to the Dominican Republic where they congregate off the Samaná Peninsula presenting a natural spectacle of beauty and agility. During their stay, some females seek out partners while others give birth, and the males vie for the attention of the females through jumps and flippers and tail action. A truly unforgettable experience. Start your day early with a two hour scenic drive to Samana to reach the docks, you then board the catamaran, exclusively chartered for you, to navigate through the Samana Bay Humpback Whale Reserve. After a few hours on the boat, you can add a stop, on the way back, to visit the idyllic beachfront village Las Terrenas.

Start at 8 00 am, and finish around 3 00 pm. Includes round trip transportation with a private driver, private boat charter with the marine specialist, snacks, and refreshments. The helicopter can be an option, 35 min flight. The boat excursion lasts two to four hours depending on whale sightings, option to stop in Las Terrenas for one to two hours for up to four people.

Evening culinary experiences

Amanera offers a variety of private dining options additional to our restaurants. If you would like to enjoy a special evening with a private venue, our Chefs and the culinary team will ensure to cater to all of your wishes. Please let us know the evening before to allow us some time to prepare your bespoke dining experience.

Library and Bay View Private Dinners

With the most spectacular views on Amanera and Playa Grande, a private dinner in either of these locations is an unforgettable experience. The breath-taking backdrop, soft music, a gentle breeze and a personal waiter are awaiting you for a memorable dinner. Enjoy the nature's beauty in this romantic setting as well as your favorite dishes from our menu prepared from our Chef.

Private Beach Dinner

Treat yourself to a once in a lifetime experience with one of Amanera's beach dinners. Close your eyes and imagine your feet in the sand, the sounds of the waves and the soft flickering of a bonfire glowing in the background. A table for two with candles and seashells will await while a private waiter tends to every need. Our Chef will prepare a tailor-made menu based on your preferences. A truly magical experience.

Private BBQ in your Casita

Enjoy our signature Amanera barbecue menu in the privacy of your casita where a private Chef and a waiter will take care of you in the unique and unforgettable Amanera family-style service.





Sunset Experience

Scattering of light, vast spaces, vistas of the soothing, colorful hues on the horizon. Susurrus of the wind, the ocean softly murmuring under your feet, birds bidding farewell to daylight. The spectacular sunset drawing vibrant colors in the sky while the sun hides timidly on the skyline. The Platform offers the perfect space to become present and allow a state of potent tranquility. We invite you for a sunset experience, a voyage of the senses, influences that awaken your emotions and inspire unforgettable sensations under the tropical firmament. Enjoy delicate canapes and local cocktails in the comfort of nature: taste, listen, contemplate while taking in the natural Dominican wealth and allow yourself a moment of complete serenity.

Rum Tasting

Amanera invites you to deep dive into the most popular drink of the island, the rum. Rum has been part of the Dominican culture since the 1850's. From the two of our expert curated tastings, 'Dominican Everyday's' will walk you through all the household staple rums. The 'Pinnacles of the Island' tasting stands tribute to the Dominican rums of highest niveau. Wish to go all in? Our barmen would be more than happy to host you at our bar for the whole afternoon, walking you through Everyday's reaching the Pinnacles.

Cigar Class with a Maestro del Cigarro

The Dominican Republic is famous for its tobacco and cigars. Learn more about the process of cigar-making in our private cigar class with Juan Alberto, our Maestro del Cigarro who has more than a decade's experience at Arturo Fuente, one of the Dominican Republic's most exclusive cigar brands. In this exclusive class, guests can discover how to blend, roll, press and distinguish different types of cigars and try one of our very own Amanera cigars.

S'mores on the Beach

Years pass by, seasons change and summers come and go. Yet, there is this timeless piece of childhood joy that allows us to remember everything sweet and happy: the perfectly toasted marshmallow. Seasoned campers and those new around bonfire rituals all agree that the best recipe for s'mores is rather simple: hunt for a good stick, slightly burn your marshmallows, put them between oozing chocolate and slightly sweet crackers. For perfection add some Amanera twists: bonfires, starlight, sand between your toes and the finest of all Dominican chocolates. Enjoy an evening on our private beach with your loved ones and we guarantee that childhood magic is bound to happen.

All-day culinary experiences

Ceviche Cooking Class

Join us and explore the differences between various types of ceviche. Learn how to debone, marinate, poach and dress in search of the perfect balance in flavours.

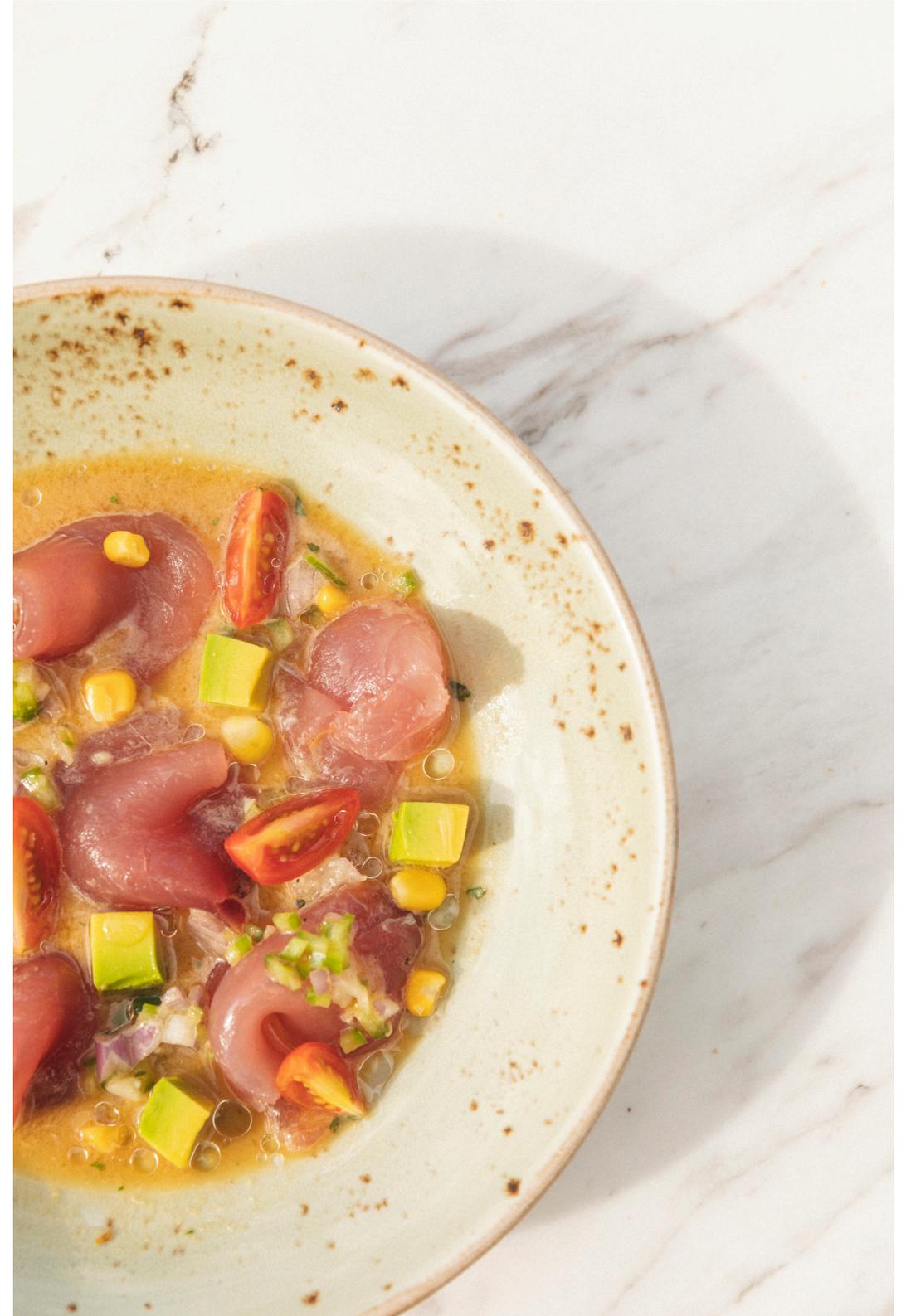
Let us introduce you to the traditional Peruvian, add a twist to turn it into Mexican, and get lost in the rich, colourful Caribbean flavours of a Dominican ceviche.

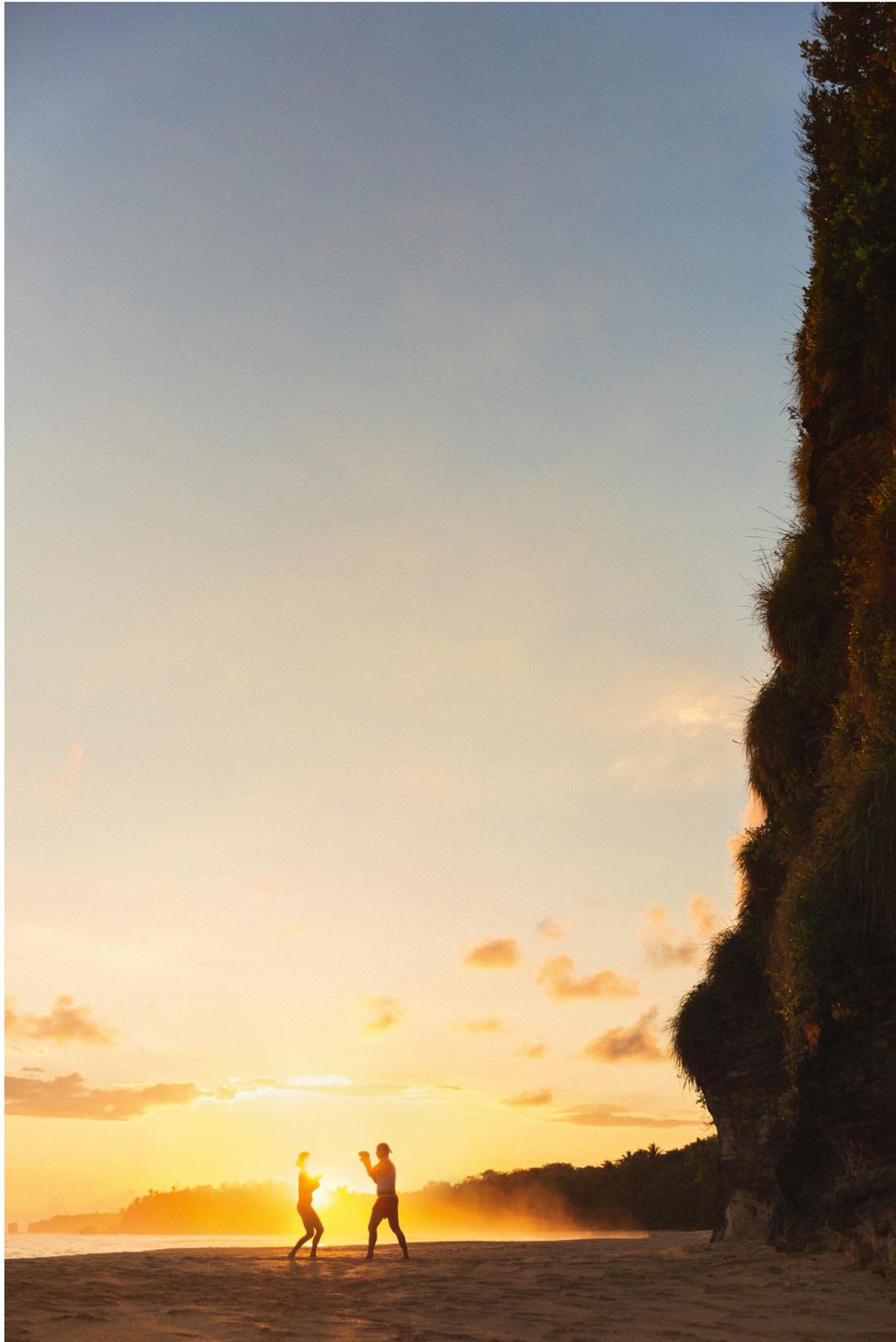
Dominican Cooking Class

Indulge in the colours and flavours of the Caribbean cuisine. Join our team in the Beach Club Kitchen and learn all about the 'Bandera Dominicana': local salad, rice, beans and the freshly caught fish in renowned criollo- coconut sauce. Ready to show all your friends back home what Dominican cuisine is all about?

Tacos y Salsa Cooking Class

Learn to cook a true street taco from scratch and all its parts. Dive into the differences between salsa Roja and salsa Verde, prepare local molcajete, and discover which complements are the best proteins you can fit in a taco. Wrap it all up with a tasty lesson on homemade tortillas and guacamole and bring family and friends together around your dinner table with the incredible flavors taken home from Amanera!





On-site experiences for all ages

Our recreation center is equipped with LED floodlights for easy night play. Complimentary rackets and balls are provided upon request.

Tennis

Our two har-thru courts can be used on your own or with a hitting partner. Lessons also available.

Pickleball

Get initiated or perfect your game any time of the day.

Basketball

Choose to play three-points shooter or three on three with our Recreation team.

We have on our beach watersport equipment ready for you to use on a quiet day of the Atlantic Ocean.

Single or Double Kayaks
Standup Paddleboards
Surf Boards
Body Boards
Snorkel Equipment

Fitness and Wellness

Bootcamp.
Box/Kickboxing.
TRX & kettlebell.
Functional training.
Techno Gym: Upon request, Weather and availability permitted.

Personal Training

Choose between your preferred routine either to work certain group muscles or to develop specific physical performance goals.

Yoga and meditation
Moonlight Yoga
Dance Lessons: Bachata, Merengue and Salsa

Children's activities

Air and Wind

Kite Making

Kites bring joy, as you see them fly high Decorate your very own pre design chichigüa. Meet us at Casa Grande and come down to the beach with our recreations team to watch the kite swaying and bobbing in the wind.

Enjoy 45 mins of breathing the fresh salty air and the gift of feeling the sun on your skin.

Recommended for 6 years old and older.

Flow Yoga

Find joy in the connection between breath, movement, and mind Flow Yoga encourages the physical, mental, and spiritual development of the youngest members of the family helping them to learn the healing harmony of movement and breathing.

Experience for 30 mins the benefits of transitioning from one pose to another in the smoothest way.

Recommended for 8 years old and older.

Windmill Craft

Paper windmills are fun and handy, you can make them anytime, anywhere! Meet us at Casa Grande and have 45 mins of creative fun designing your own and beautifying it.

Watch it spin around the wind while creating magical memories surrounded by our beautiful landscapes.

Recommended for 6 years old and older.

Nature Watching

Amanera hosts a range of different species of birds thriving in their natural habitat as well as delicious and tasty local fruits Join us on a nature walk and learn about our national pride, the palmchat, along with the Hispaniola woodpecker smooth billed ani, the American kestrel, the mourning dove and many others while connecting with nature and enjoying the beauty of our flora and fauna.

Inclusions: A guide for the tour, binoculars, a card list with an image and info about each bird, fruit, and refreshments.

Recommended for 8 years old and older.

Grounding connections

Mandala Stone Dotting

This soothing and quiet activity is perfect for creative minds to spring forth into the art of mandala dotting. In 45 mins we will show you simple yet beautiful designs to practice with the dotting tools necessary and the paint for this type of art. This activity takes place in the Library.

Recommended for 6 years old and older.

Farm Day

Just a 10 minute drive away, our local farm is one of the most famous region cheese makers and milk producers. Kids and adults will love this authentic dairy experience, a local expert will show them every step of the cheese making process, from milking the cows to cutting the curd.

Best of all, enjoy the last of this 120 mins local journey tasting some delicious cheese and yogurt from the hand of our expert fromagers.

Recommended for 6 years old and older.

Sand Sculpting

Meet us at the beach for 45 mins of salty fun and get started with creative sand sculpting ideas. Learn how to use your surroundings in order to create a mermaid, sea animals, a formidable looking castle or a sandman. We will bring along sunblock.

Recommended for 4 years old and older.

Fun Fit

During childhood, children improve their body awareness, control, and balance through active play. Strength training can become a valuable part of an overall fitness plan that will improve their technique and form of exercising.

Our one on one personal training teaches some of the best and most entertaining workouts that youngers will ever experience. Getting personalized attention as well as custom and challenging workouts according to their resistance and capacity, are just some of the benefits our children's guests will encounter on these 60 mins of fun loving workouts.

Recommended for 7 years old and older.

Water and Waves

Snorkeling Lessons

Snorkeling is one of the easiest and safest ways for a child to experience the ocean. It is an activity that provides hours or even days of entertainment and new adventures! Join our recreation team at our children's Pool and learn how to use the equipment and the best techniques to breathe inside the water.

Recommended for 6 years old and older.

Tie-dye by the Sea

Tie-dyeing has always been popular since the 1960s and everyone needs to do at least one tie dye t-shirt during their vacation time. Join us next to the platform on the lawn where we will set up everything you'll need to get started on your unique t-shirt. Parents kindly dress your children in clothing you don't mind getting stained.

Recommended for 4 years old and older.

Face Painting

Time to get creative and let your artistic self be free. Learn great tips on how to transform your face in only 30 mins! From pirates to princesses, pumpkins to kittens, there are plenty of characters you can shift into.

Recommended for 6 years old and older.

Pole and Line Fishing

Fishing is known as one of the most relaxing and enjoyable activities that anyone can do, it encourages children to gain respect for their surroundings which is essential for preserving the environment for future generations.

Come to one of our peaceful beaches "El Caletón" a 5 mins drive away, and allow us to share 60 mins of knowledge from our recreations team, also local expert fishermen the basics to catch and release while enjoying a leisurely day listening to the stories of our fishing culture and the best techniques of catching fish and harvesting seafood.

Recommended for 8 years old and older.





Food and Fire

Cupcake/ Cookies Decoration

Let your inner pastry chef take over in this hands on, messy and fun activity. We will show you different styles and ways on how to decorate your unique cupcakes and cookies for 45 mins. Afterwards you can taste your own creations.

Recommend for 4 years old and older.

Churro Making at the Beach

Learn the perfect recipe to make mouthwatering churros with one of our eager chefs for 45 mins. It's a traditional pastry snack from Spain and Portugal we all love to treat ourselves to. Afterwards, sit by the beach and enjoy your creations with friends and family.

Recommend for 4 years old and older.

Chocolate Bars

Time to make homemade energetic, delicious, and yummy Chocolate bars! Meet up with our chef at the Beach Club where they will show you the simple steps in making these sweet treats and add your favorite ingredients for 45 mins. Sample your creations with friends and family at the end of the activity by the beach.

Recommended for 4 years old and older.

Pizza Baking Class

Meet our Chef at the Beach Club and learn how to make the perfect pizza dough for 45 mins, next step will be rolling out the pizza and creating a variety of different delicious toppings and before you know it you will be tasting your own pizza.

Recommended for 4 years old and older.

Stories & S'mores

There's something incredibly satisfying about toasting a marshmallow over the fire, burning your fingers trying to mash it into a sandwich, and getting crumbs and melted chocolate all over yourself.

Come and join our recreation team as they share stories about our ancestors and a few crazy adventures of our locals, connect with your loved ones, and be part of this interactive, fun, and delicious treat.

Recommended for 6 years old and older.





Cancellations made within 24 hours will be subject to the full charge for the service booked.

For further information or reservations for any of the above activities, please contact our Concierge & Pre-arrival Team at amanera.fo@aman.com. We will be delighted to assist you.

From all of us at Amanera, we wish you a happy and peaceful stay with us.

Best wishes,

Your Amanera Family

AMANERA

Highway 5, Cabrera Rio San Juan
33300, Dominican Republic

Tel: +1809 589 2888

Email: amanera@aman.com

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