



# Amanpulo

Festive 2021/22



## Daily at Amanpulo

**The World of Aman: A Culinary Journey**  
Throughout the festive season, Amanpulo offers guests dining experiences that will take them on a journey to Aman destinations around the world. Travel to the world of Aman, with themed menus that pay homage to the distinct essence of the cuisine and on New Year's Eve, enjoy a countdown show inspired by Broadway as a nod to the most anticipated Aman destination - Aman New York.

## Watersports

A visit to Amanpulo's Seasports Hut reveals a plethora of watersports activities that guests of all ages can enjoy. Amanpulo's PADI Dive Centre lets guests experience the joys of scuba diving in a safe and professional environment while the Amanpulo Kite and Surf Centre welcomes riders of all abilities, from complete beginners to seasoned pros, and is equipped with high-quality professional gear and staffed by internationally-certified instructors.

## Aman Spa

Nestled on the hillside, Amanpulo's serene Aman Spa offers an extensive menu of holistic wellness journeys, massages, wraps, scrubs, facials and beauty treatments. Here you will also find a yoga studio, a fully equipped gym, a Pilates pavilion, hydrotherapy suites, outdoor relaxation areas, and a finishing salon. Resident and visiting specialists guide guests along their personalised wellness journeys.

## Marine Conservation Program

Amanpulo takes an active role in protecting sea biodiversity. Participate in the resort's Marine Conservation Program by taking part in coral rehabilitation efforts. Private guided tours by the resident marine biologist and once-in-a-lifetime turtle hatchling encounters contribute to funding the cause. Guests are encouraged to help rid the shoreline of residual trash that washes up on shore, collected in dedicated bins stationed around the beachfront.

## Daily at Amanpulo

### Wellness Habit

The Aman Spa hosts a series of complimentary activities that promote an improved state of health and wellness. The daily Wellness Habit sessions take place at 7:15 am and 3:15 pm throughout the festive season.

### Snorkeling Tours

Visit Pamalican Island's House Reef, home to a variety of tropical fish, corals, and other marine life. Meet the resident green sea turtles, some believed to be over a century old. Join the daily complimentary trips from the Seasports Hut.

### Children's Activities

Children are invited to join the fun with daily activities that teach young minds about the Pamalican landscape and local Christmas traditions.

### Christmas *Merienda* at the Clubhouse

The Filipino tradition of *merienda*, or 'afternoon snack', is served while beloved Christmas tunes fill the air. Guests are invited to join the complimentary *merienda* daily from 22 - 25 December.

### Sundowners at the Beachclub

Toast to the famed Pamalican sunset with exciting cocktails that set the mood.



22 December

Simbang Gabi

From 16-24 December

5:00am - 6:00am

Steeped in tradition, SimbangGabi or Dawn Mass is a Catholic custom held daily on the nine mornings leading up to Christmas Day. Experience profound moments of reflection before daybreak in Pamalican as the Simbang Gabi ritual lives on.

Wellness Session with a Specialist

7:15am

Wellness is a dynamic process of change and growth, a balance of complete physical, mental and social wellbeing. A specialist of the Aman Spa conducts a special session for guests to discover featured wellness therapies and fitness modalities that aim to enable natural healing.

*Complimentary*

*Reservations are essential for activities.*

Seas the Day

Meeting Point at the Seasports Hut

9:00 am and 2:00 pm

Explore life underneath the calm Pamalican waters in a cruise that takes guests to different snorkeling spots around the island. Amanpulo is surrounded by seven square kilometres of coral reef that is home to colourful tropical fish, gentle sea turtles, and other fascinating marine creatures.

*Complimentary. Please arrive before the advised time. Seats on the boat are accorded on a first come, first served basis.*

Traditional *Parol* Making at the Kid's Club

10:00 am

The *parol*, or star-shaped lantern, is a true symbol of a Filipino Christmas. Children are invited to explore their creativity at the Kid's Club to experience making their own traditional lanterns that celebrate the joy of the season.

*Complimentary*





### World of Aman:

Culinary Journey to Aman Summer Palace

12:30 pm

Aman Summer Palace lies just steps from the East Gate of its eponymous Unesco World Heritage Site, with a private entrance into the historic garden estate. The resort's elegant rooms and suites are housed in gracious pavilions – those that accommodated guests of the Empress Dowager Cixi over 100 years old.

Savour a culinary journey to Aman Summer Palace in an exquisite set lunch menu at the Clubhouse featuring the eight great cuisines of China.

USD90 ++ adult

USD40 ++ child

Set Lunch

### Christmas Carols and *Merienda*

at the Clubhouse

3:00 pm - 4:00 pm

Immerse in the spirit of a Filipino Christmas at the poolside Clubhouse, where delightful carols fill the air while delicious local delicacies like *bibingka*, *puto bumbong*, *ensaymada* and *tsokolate* are served on the tables for families to enjoy.

*Complimentary*

*Reservations are essential for all activities. Price is subject to service charge and taxes.*



22 December

Savasana Meditation with Wellness Specialist  
Dahlia Pilien at the Aman Spa Yoga Studio  
3:15 pm

Savasana is about surrendering; to be awake while at rest on the mat for a deeply relaxing experience. Wellness specialist Dahlia Pilien guides guests in a mat meditation that allows one to drift away to a space of relief.

*Complimentary*

*Reservations are essential.*

Connect with the Stars and the Universe  
with our Stargazing Specialist on the Runway  
7:30 pm

With the guidance of an expert, peer into telescopes to identify constellations and explore galaxies beyond. By gazing into the universe, we gain consciousness of connection and belonging, a cognizance that we are part, and we are one.

*Complimentary*

22 December

World of Aman: Culinary Journey  
to Aman Summer Palace

Eight Great Cuisines of China  
Set Lunch at the Clubhouse

MENU

Steamed Partridge  
*Anhui Cuisine*

*Char Siu Bao*  
*Cantonese Cuisine*

Egg *Fuyong*, Gravy  
*Fujian Cuisine*

*Shaoyang* Beef Noodles  
*Hunan Cuisine*

Sweet and Sour Mandarin Fish  
*Jiangsu Cuisine*

Braised River Eel  
*Zhejiang Cuisine*

*Lo Mai Gai*  
*Szechuan Cuisine*

Green Tea Egg Tart  
*Shandong Cuisine*

USD 90++ adult  
USD 40++ child

*Reservations are essential.*  
*Price is subject to service charge and taxes.*



五露金風

賓迎四海西山送早秋

館開萬壽湖光近秀把

Aman Summer Palace

23 December

Simbang Gabi

5:00 am - 6:00 am

Steeped in tradition, Simbang Gabi or Dawn Mass is a Catholic custom held daily on the nine mornings leading up to Christmas Day. Experience profound moments of reflection before daybreak in Pamalican as the Simbang Gabi ritual lives on.

Aqua HIIT by Fitness Specialist Elmer Munar

7:15 am

High-intensity interval training (HIIT) is proven to boost immunity, heart health, metabolism and caloric consumption. Take on the challenge of a unique HIIT workout immersed in water.

*Complimentary*

Seas the Day

Meeting Point at the Seasports Hut

9:00 am and 2:00 pm

Explore life underneath the calm Pamalican waters in a cruise that takes guests to different snorkeling spots around the island. Amanpulo is surrounded by seven square kilometres of coral reef that is home to colourful tropical fish, gentle sea turtles, and other fascinating marine creatures.

*Complimentary. Please arrive before the advised time. Seats on the boat are accorded on a first come, first served basis*

*Reservations are essential for other activities.*

Christmas Carols and *Merienda*

at the Clubhouse

3:00 pm - 4:00 pm

Immerse in the spirit of a Filipino Christmas at the poolside Clubhouse, where delightful carols fill the air while delicious local delicacies like *bibingka*, *puto bumbong*, *ensaymada* and *tsokolate* are served on the tables for families to enjoy.

*Complimentary*

Neural Activation Screen Demo

at Aman Spa

3:15 pm

Experience the cutting-edge technology of Neural Activation that focuses on neurological reflexes to restore and balance mind-body connections.

*Complimentary*

Children's *Bibingka* Class at the Clubhouse

4:00 pm

Little chefs are invited to a *bibingka* cooking class that celebrates this timeless Filipino delicacy.

*Complimentary*

23 December

### Serenaded Sunset Cruise

Meeting Point at the Seaports Hut

4:45 pm

Sail towards the horizon onboard Amanpulo's pontoon boat, enveloped in the romance of sunset. Be serenaded live by an acoustic guitarist, with a cocktail in hand. The experience is a perfect way to conclude another day in paradise.

USD 70++ person

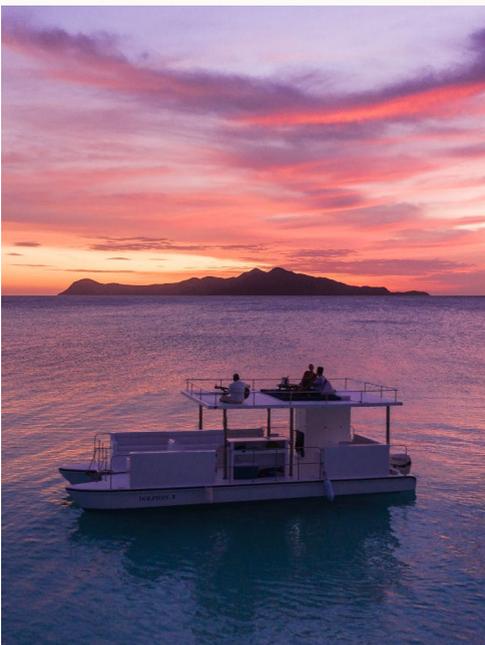
Inclusive of a cocktail or mocktail

### Sundowners at the Beachclub

5:00 pm – 6:00 pm

Set on the island's western shore, the Beachclub is the centre of activity at sundown. Witness expert bartenders create delicious concoctions to match the stunning sunset view.

Price as per menu



### World of Aman:

Culinary Journey to Amangiri

Contemporary American

Cuisine at the Clubhouse Trellis

8:00 pm

Amangiri, set on the untouched red-rock country of Canyon Point, USA, claims 600 acres of the vast and majestic Colorado Plateau, the original Wild West. In this desert landscape of canyons, mesas, ridges and gorges, the modernist Suites of Amangiri and the tented Pavilions of Camp Sarika offer an inspiring welcome to one of the world's most dramatic seclusion.

Travel to Amangiri, or the 'peaceful mountain' with a contemporary seven-course dinner inspired by the diverse landscapes of the USA.

USD 200 ++ adult

### Outdoor Movie Night

at the Pamalican Aerodome

4:45 pm

Hop in your club car and experience a one-of-a-kind movie night under the stars. The Pamalican Aerodome transforms into an open-air cinema ready to welcome. Guests for a cinematic evening of family bonding.

USD 70++ person

Inclusive of a cocktail or mocktail

*Reservations are essential for all activities.  
Price is subject to service charge and taxes.*

23 December

World of Aman: Culinary Journey to Amangiri  
Contemporary American Cuisine  
Seven-Course Dinner at the Clubhouse Trellis

MENU

Amuse Bouche

Braised Hominy  
*Tortillas and Avocado*

Starter

Canoe Bone Marrow  
*Herbs Panoor, Estragon Red Wine Syrup*

Middle Course

Orzo Risotto  
*24-Hour Slow Cooked Veal Cheek,  
Lemon Gremolata*

Intermezzo

Red Wine Sorbet, Pomegranate Seeds

Fish Course

Monkfish Ossobuco  
*18 Months San Danielle, Celery Root  
and Apple Puree, Red Wine Sauce*

Meat Course

Braised Buffalo Short Ribs  
*Truffle Mash Potato, Crispy Vegetables,  
Braised Jus*

Dessert

Drunken Pear  
*Orange Segments, Cherry Sauce, Mint Cream*

USD 200++ adult

*Reservations are essential for all activities The dinner  
is limited to 18 persons only. Price is subject to service  
charge and taxes.*



Amangiri

24 December

Simbang Gabi

5:00 am - 6:00 am

Steeped in tradition, Simbang Gabi or Dawn Mass is a Catholic custom held daily on the nine mornings leading up to Christmas Day. Experience profound moments of reflection before daybreak in Pamalican as the Simbang Gabi ritual lives on.

Trail Run at the Aman Spa

7:15 am

Fresh sea breeze renews the body, and every step rejuvenates the senses with a taste of freedom in the great outdoors.

*Complimentary*

Seas the Day

Meeting Point at the Seasports Hut

9:00 am and 2:00 pm

Explore life underneath the calm Pamalican waters in a cruise that takes guests to different snorkeling spots around the island. Amanpulo is surrounded by seven square kilometres of coral reef that is home to colourful tropical fish, gentle sea turtles, and other fascinating marine creatures.

*Complimentary. Please arrive before the advised time. Seats on the boat are assigned on a first come, first served basis.*

*Reservations are essential for all activities.*

Kid's Gingerbread Cookie Decorating

at the West Villa Clubhouse

10:00 am

The exciting buzz of Christmas brings children to the West Villa Clubhouse for a gingerbread cookie decorating session that will build anticipation for Christmas morning.

*Complimentary*

Christmas Carols and *Merienda* at the Clubhouse

3:00 pm - 4:00 pm

Immerse in the spirit of a Filipino Christmas at the poolside Clubhouse, where delightful carols fill the air while delicious local delicacies are served on the tables.

*Complimentary*

Exhale Mind and Body at the Yoga Studio

3:15 pm

Breathe healing into your mind and body. The art of breathing has the ability to bring relaxation, improves focus, and improve emotional wellbeing. The Aman Spa's specialists guide guests in mindful breathing that activates the power of natural self-healing.

*Complimentary*

Children's Christmas Corals at the West Villa Clubhouse

4:00 pm

Children are invited to take part in a coral gardening experience that teaches them the values of marine conservation in a hands-on workshop.

*Complimentary*



24 December

Beer Symposium at the Beachclub  
6:00 pm

Designed for beer lovers and connoisseurs, this tasting experience features Amanpulo's very own brews and dives deep into the art and science of craft beer in a convivial coming together of like minds for this beloved beverage.

Price as per menu

*Reservations are essential for all activities.  
Price is subject to service charge and taxes.*

Noche Buena Christmas Eve Dinner  
at the Beachclub  
8:00 pm

At the heart of the Filipino Christmas festivities is the Noche Buena. Traditionally, it is the meal shared by family after the midnight mass on Christmas Eve in celebration of the 'night of goodness', as it translates in Spanish.

Inspired by the essence of Noche Buena, the Beachclub features a curated menu of sentimental flavours that conjure joyful memories of the past, together with the season's well-loved favourites to spark new meaningful moments to treasure.

USD 160 ++ adult  
USD 80++ child

24 December

Noche Buena Christmas Eve Dinner  
Family-Style Dinner at the Beachclub

MENU

Amuse Bouche

*Lumpiang Shanghai*  
*Prawn and Crab, Spinach and Ricotta, Pork*  
*Adobo*

Starters

*Menudo*  
*Pork, Sliced Liver, Tomato Sauce*

*Jambon Iberico Croquettes*  
*Spanish Ajo Blanc Mayonnaise*

*Fresh Oyster*  
*Mignonette Sauce, Hollandaise Sauce*

*Mud Crab Millefeuille*  
*Spicy Sambal and Coriander Leaves*

*Cold Cuts and Cheese Platter*  
*Focaccia, Black Olives, Grissini, Honey*

USD 160++ adult  
USD 80++ child

Main Course

*Surf and Turf Paella*  
*Chicken, Chorizo, Sausage, Mussels, Clams and*  
*King Prawns*

*Roasted Honey Ham*  
*Rosemary, Black Pepper, Pineapple*

*Roasted Stuffed Turkey*  
*Bread Pudding, Pomegranate, Baked Potato,*  
*Green Beans*

*Oven Sea Bream*  
*Prawns Flambé Sauce*

*Glazed Lamb Shoulder*  
*Crisp Polenta, Mint Vinegar Sauce*

Dessert

*Warm Roscón de Reyes*  
*Eggnog Ice Cream*

*Reservations are essential.*  
*Price is subject to service charge and taxes.*

25 December

Sea Synchronicity with Dahlia Pilien  
at Picnic Grove Beachfront  
7:15 am

In the afterglow of dawn, wellness specialist Dahlia Pilien conducts a yoga class in the water for those who seek to be one with the sea. Through gentle and low impact asanas, ease the body into gaining flexibility, stamina and strength, while absorbing the healing minerals of saltwater.

*Complimentary*

Christmas Mass  
9:00 am

For those to wish to join in the celebrations, a Catholic Christmas Mass will be held at the West Villa Clubhouse.

*Reservations are essential for all activities.*

Seas the Day  
Meeting Point at the Seasports Hut  
9:00 am and 2:00 pm

Take the plunge and enjoy a snorkeling experience that connects guests to the many sites around the island.

*Complimentary. Please arrive before the advised time. Seats on the boat are reserved on a first come, first served basis.*

Santa's Surprise Arrival at the Picnic Grove  
11:00 am

Santa's arrival on Pamalican's shores is always a well-awaited surprise. In true Amanpulo festive tradition, guests will only find out Santa's travel plans on Christmas Day for a one-of-kind experience.



25 December

World of Aman: Culinary Journey to Amankila  
Jimbaran Fish Market Style  
Lunch at the Picnic Grove  
12:00 pm

Choice of fresh seafood entrée at market price  
Inclusive of starters and sides

Claiming a stretch of coastline on the Lombok Strait, Amankila rests on a lush hillside beneath sacred Mount Agung in Bali, Indonesia. Connected by frangipani-lined walkways, stilted suites offer spectacular views, while a three-tier infinity pool cascades at the property's heart and the Beach Club leads to a private black-sand beach.

Journey to Amankila, in a seafood market featuring Balinese spices. Select from a fresh seafood spread that chefs will prepare to your liking. With toes in the sand, and the sea just steps away, the Picnic Groves welcomes guests for this laid-back feast on Christmas Day.

Wellness Session with a Specialist  
3:15 pm

Wellness is a dynamic process of change and growth. A wellness specialist of the Aman Spa conducts a special session for guests to discover featured wellness therapies and fitness modalities that aim to enable natural healing.

*Complimentary*

Sundowners at the Beachclub  
5:00 pm - 6:00 pm

As the sunset paints the sky in a burst of fiery colours, enjoy front seats to the show at the Beachclub. Take in mesmerising views, while sipping on cocktails that celebrate days spent on Amanpulo's captivating shores.

Price as per menu

*Reservations are essential for all activities.*



Amanpulo festive 2021/22

25 December

World of Aman: Culinary Journey to Amankila  
Jimbaran Fish Market Style  
Lunch at the Picnic Grove

Choice of fresh seafood entrée at market price  
Inclusive of starters and sides

### Starters

*Crab Bakwan Tagung*  
*Kaffir Lime, Corn Mayo, Turmeric Powder*

*Udang Balado*  
*Lemongrass, Tofu, Potatoes, Sambal Sauce*

*Terong Kecap Pedas*  
*Eggplant, Spicy Sweet Soy Sauce*

*Reservations are essential.*  
*Price is subject to service charge and taxes.*



### From the Charcoal

*Lobster Saus Padang*  
*Maine Lobster*

*Grilled Scallops*

*Sate Udang*  
*King Tiger Prawn Skewers*

*Grilled Tuna Loin*  
*Spicy Balinese Paste*

*Kerang Asam Manis*  
*Clams in Clay Pot*

*Cumi Bakar Jimbaran*  
*Grilled Squid*

*Lapu Lapu*

*Pompano*

### Sides

*Lalapan*

*Lime Kaffir Rice*

*Urap-Urap*

*Karadoc*

### Dessert

*Pisang Goren*  
*Coconut Sorbet*



Amarkila

26 December

Self Myofascia Release with  
Elmer Munar at the Yoga Studio  
7:15 am

Engage in a mat session that supports the self-application of myofascia release. It aims to relieve pain and tension throughout the body.

*Complimentary*

Seas the Day  
Meeting Point at the Seasports Hut  
9:00 am and 2:00 pm

Take the plunge and enjoy a snorkeling experience that connects guests to the many sites around the island.

*Complimentary. Please arrive before the advised time. Seats on the boat are accorded on a first come first served basis.*

Wellness Session with a Specialist  
3:15 pm

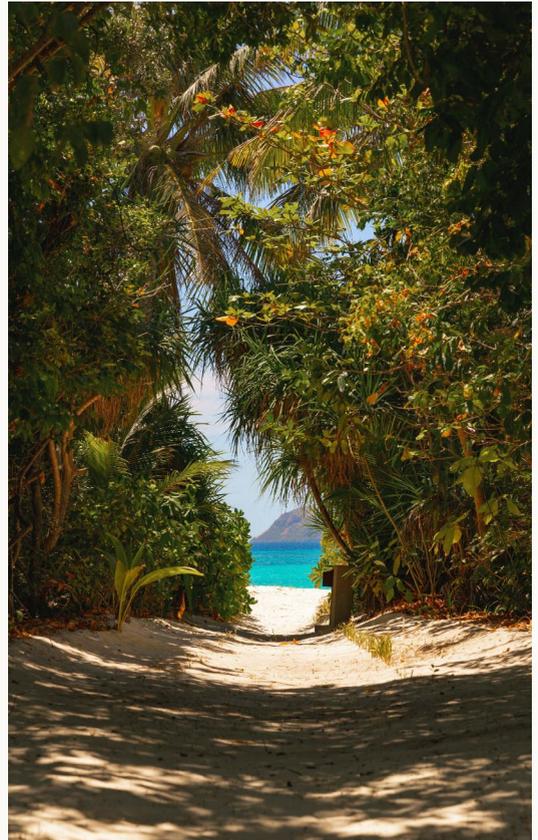
A specialist of the Aman Spa conducts a special session for guests to discover featured wellness therapies or fitness modalities that aim to enable natural healing.

*Complimentary*

Pamalican Bird Lecture  
at the Library  
4:00 p.m.

Pamalican Island is home to various species of tropical birds in all colors. Take part in an interactive lecture and identify the flighty visitors on the trees surrounding the Casitas.

*Complimentary*



Sundowner featuring Amanpulo Farm Gin  
at the Beachclub  
5:00 pm – 6:00 pm

Amanpulo's very own Farm Gin is inspired by botanicals harvested from the island's organic farm and is a celebration of the wonders of Pamalican.

Price as per menu

*Reservations is essential for all activities.*

27 December

Neural Activation Screen Demo at Aman Spa  
7:15 am

Achieving optimal movement in the body by targeting the brain, the cutting-edge technology of Neural Activation helps to correct muscle imbalance, restore lost function and optimize connection between mind and body. Experience a preview at the Aman Spa.

*Complimentary*

Seas the Day  
Meeting Point at the Seasports Hut  
9:00 am and 2:00 pm

Take the plunge and enjoy a snorkeling experience that connects guests to the many sites around the island.

*Complimentary. Please arrive before the advised time. Seats on the boat are accorded on a first come first served basis.*

Children's Pizza Making at the Picnic Grove  
11:00 am

Enjoy a family cook-off with Amanpulo's chefs in an exciting hands-on pizza making class.

USD 30++ child

*Reservations are essential for all activities.*





27 December

Cantonese Street Food Lunch  
at the Picnic Grove  
12:30 pm

Indulge in the excitement and energy of Cantonese street food that takes the palate from spicy and sweet to sour and more in a delicious melange of flavours. Taking the unique dining experience from concrete sidewalks to the sandy seashore, enjoying steamed pork buns, roast suckling pig, and slow-roasted duck will never be the same again.

USD 100++ adult  
USD 50++ child  
Family-style

Sundowners at the Beachclub  
5:00 pm – 6:00 pm

Celebrate the famed sunset of the island. Our expert bartenders will whip up exciting concoctions to match the breathtaking views.

Price as per menu

*Reservations are essential for all activities. Price is subject to service charge and taxes.*

Discover the Night Sky with a  
Stargazing Specialist at the Runway  
7:30 pm

In the peace and quiet of the Runway, revel in the light of the evening sky. Telescopes are set up with bean bags and glow-in-the-dark constellation cards for an undisturbed and interactive observation of the night sky. Our Stargazing Specialist will guide you in your study of the stars and share the stories and myths behind each celestial object.

*Complimentary*

27 December

Cantonese Street Food Lunch  
at the Picnic Grove  
12:30 pm

Amuse Bouche

Pork Wanton Soup with Green Onion

Starters

Steamed Pork Buns  
*Arugula Leaves, Com Mayo, Coriander Powder*

Cantonese Gizzards Stew  
*Bao Bread, Soy Sauce, Sesame Seeds*

Curry Fish Balls  
*Sweet Chili and Anchovies Sambal*

Vegan Zongzi  
*Vine Leaves, Sticky Rice, Figs, Peanuts*

USD 100++ adult

USD 50++ child

Family-style

*Reservations are essential Price is subject to service charge and taxes.*

Main Course

Roast Suckling Pig  
*Pickled Vegetables, Atchara*

Sweet and Sour Baby Spare Ribs  
*Smoked Barbecue*

Slow Roasted Duck  
*Hoisin Sauce, Five Spice Powder*

King Tiger Prawns  
*Coconut and Lime Sauce*

Barbecued Lamb Skewers  
*Cumin Seeds, Oyster Sauce, Soy Sauce, Shaoxing Rice Wine*

Grilled Pineapple and Tofu Skewers

Sides

Cantonese Style Rice  
*Fresh Green Peas, Ham, Eggs, Carrot*

Dessert

Mango Sago with Vanilla Ice Cream





28 December

Wellness Session with a Specialist  
7:15 am

Wellness is a dynamic process of change and growth, a balance of complete physical, mental and social wellbeing. A specialist of the Aman Spa conducts a special session for guests to discover featured wellness therapies or fitness modalities that aim to enable natural healing.

*Complimentary. Reservations are essential .*

Seas the Day  
Meeting Point at the Seasports Hut  
9:00 am and 2:00 pm

Explore life underneath the calm Pamalican waters in a cruise that takes guests to different snorkeling spots around the island. Amanpulo is surrounded by seven square kilometres of coral reef that is home to colourful tropical fish, gentle sea turtles, and other fascinating marine creatures.

*Complimentary. Please arrive before the advised time. Seats on the boat are reserved on a first come first served basis.*

28 December

World of Aman: Culinary Journey to Amanpuri  
Thai Lunch at the Clubhouse  
12:00 pm

Soundtracked by the whispers of coconut palms and the sighs of the Andaman Sea, Amanpuri in Phuket, Thailand presides over its own peninsula, promising guests space, serenity, an idyllic white-sand beach, exceptional restaurants and a Holistic Wellness Centre.

Journey to Aman's first resort with a delightful lunch featuring Thai cuisine at the Clubhouse.

USD 80++ adult  
USD 40++ child  
Family-style

Sunset Meditation  
at the Picnic Grove Beachfront  
5:15 pm

Bathe in the calm of sunset in a meditation session right on the beach that involves deep breathing and awareness of body and mind.

*Reservations are essential for all activities. Price is subject to service charge and taxes.*

Sunset Marine Paddle Board with Marine Biologist Irene Meca  
Meeting Point at the Seasports Hut  
5:30 pm

Paddle over crystal clear waters under the canopy of the sunset sky and discover fascinating marine life that make their way to the surface in this time of day. Resident marine biologist Irene Meca heads the marine discovery tour.

*Complimentary*

Pool Movie Night at the West Villa Clubhouse  
8:30 pm

Revel in a one-of-a-kind movie viewing experience underneath the star-strewn sky. The poolside of the West Villa Clubhouse transforms into an outdoor cinema for families to enjoy.

*Complimentary*

Amanpulo festive 2021/22

28 December

World of Aman: Culinary Journey to Amanpuri

Thai Lunch at the Clubhouse

12:30 pm

Starters

*Yaam Mamuang Poo Nim Ranong  
Crab, Green Mango, Cashew Nuts*

*Tom Kha Gai Bai Som Poi  
Chicken Breast, Galenga, Coconut Milk*

*Poh Pia Tod  
Thai Fried Spring Roll*

*Guay Tiew Neua  
Beef Noodle Soup*

*Hoi Tod  
Oyster Omelet*

USD 80++ adult  
USD 40++ child  
Family-style

Main Course

*Moo Ping  
Thai-Style Grilled Pork Skewers*

*Pla Muek Yang  
Thai Charred Squid*

*Hat Yai  
Fried Chicken*

*Pad See Ew  
Vegetables and Rice Noodles*

Dessert

*Kao Niew Ma Muang  
Mango and Sticky Rice*

*Reservations are essential. Price is subject to service charge and taxes.*





Amanpuri

29 December

Breeze and Shine Yoga  
at the Picnic Grove Beachfront  
7:15 am

With an early morning yoga session set on the beachfront, bask in the cool breeze and gentle morning sunshine that energises and nourishes the body, mind and spirit.

*Complimentary*

Seas the Day  
Meeting Point at the Seasports Hut  
9:00 am and 2:00 pm

Set on seven kilometres of pristine coral reefs, the waters surrounding Amanpulo are home to a range of diverse marine life waiting to be discovered. Take the plunge and enjoy a snorkeling experience that connects guests to the many sites around the island.

*Complimentary. Please arrive before the advised time. Seats on the boat are reserved on a first come first served basis.*

*Reservations are essential for all activities.*

Mat Pilates at the Aman Spa  
3:15 pm

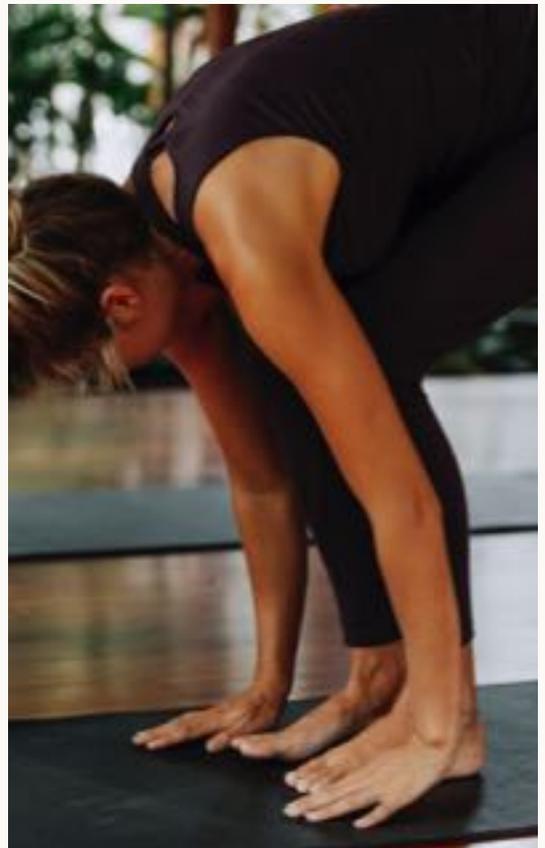
This therapeutic mat Pilates session is a strengthening and lengthening class that focuses on stability and strength.

*Complimentary*

Sundowners at the Beachclub  
5:00 pm – 6:00 pm

Celebrate the famed sunset of the island. Our expert bartenders will whip up exciting concoctions to match the breathtaking views.

Price as per menu





29 December

Journey to Tokyo  
Dinner at the Lagoon Club

Journey to the streets of Tokyo in an izakaya-inspired dinner featuring ramen and gyoza, handmade and prepared to perfection.

USD 80 ++ adult

USD 45 ++ child

Set menu

Movie by the Beach at the Picnic Grove  
8:30 pm

Bond with the family in a laid-back screening at the Picnic Grove, for a movie night experience by the sea.

*Complimentary*

*Reservations are essential for all activities. Price is subject to service charge and taxes.*

29 December

Journey to Tokyo  
Dinner at the Lagoon Club  
12:30 pm

Amuse Bouche

Edamame  
Soybean, maldon salt

Gyoza

select one

Vegan Gyoza

*Tofu, Mushroom, Garlic, Cabbage, Scallions,  
Ginger, Sesame, Soy- Vinegar Dipping Sauce*

*Ebi Gyoza*

*Ground Tiger Prawns, Cabbage, Scallions,  
Garlic, Ginger, Sesame, Soy-Vinegar Dipping  
Sauce*

Truffle - Buta Gyoza

*Truffle Paste, Shitake Mushroom, Ground Pork  
Belly, Cabbage, Garlic, Ginger, Ponzu Dipping  
Sauce*

Teba Gyoza

*Deep Fried Chicken Wings, Ground Pork Belly  
Filling, Balsamic- Mirin Reduction*

USD 80++ adult

USD 40++ child

Family-style

Reservations are essential. Price is subject to service charge and taxes.

Ramen

select one

*Hiyashi Chuka*

*Chilled Ramen Noodles, Cucumber, Corn,  
Mushroom, Cherry Tomatoes, Lettuce, Nori  
Strips, Tofu Teriyaki, Sesame- Soy Sauce*

*Tantanmen*

*Chicken and Pork Broth, Soy Milk, Sesame,  
Ground Pork Belly, Noodles, Bokchoy, Egg*

*Mixed Seafood Curry Mazesoba*

*Grilled Prawn and Scallops, Curry Sauce,  
Minced Garlic, Scallions, White Leeks, Onsen  
Tamago, Nori, Udon Noodles, Kambu-Vinegar*

*Spicy Miso Tsukemen*

*Chilled Udon, Poulette de Bresse Saikyo-Yaki,  
Spicy Miso Chicken Broth, Scallion, Aji Tamago*

*Wagyu Ramen*

*Beef Broth, Soy, Wagyu and Garlic Oil,  
Scallions, Aji Tamago, Seared Wagyu, Bamboo  
Shoots, Nori*

Dessert

*Ujikintoki*

*Shaved Ice, Matcha syrup, Matcha Ice Cream,  
Mochi Balls, Azuki Beans*

*Anmitsu*

*Mixed Fresh Fruits, Azuki Ice Cream, Coconut  
Jelly, Mochi Balls, Kuromitsu*



30 December

Wellness Session with a Specialist  
7:15 am

Wellness is a dynamic process of change and growth, a balance of complete physical, mental and social wellbeing. A specialist of the Aman Spa conducts a special session for guests to discover featured wellness therapies or fitness modalities that aim to enable natural healing.

*Complimentary*

Power Shred with Fitness Specialist  
Elmer Munar  
3:15 pm

Burn calories while building strength and toning muscle with this HIIT workout. Elmer Munar incorporates body weight and equipment for a tougher challenge that leaves one feeling more energized and stronger than ever.

*Complimentary*

*Reservations are essential for all activities.*

Filipino Legends at the Organic Farm  
6:15 pm

Told underneath the moonlight, this storytelling experience opens a door into the mythical world of the Philippines' folklore. With the crackle of a bonfire and the comforting warmth and scents of grilled corn and banana, we share the age-old legends that either explained or helped shape the Filipino way of life.

*Complimentary*

Sundowners at the Beachclub  
5:00 pm – 6:00 pm

Celebrate the famed sunset of the island. Our expert bartenders will whip up exciting concoctions to match the breathtaking views.

•  
Price as per menu

31 December

Self-Myofascia at the Aman Spa  
7:15 am

Relax, restore and distress with gentle yoga stretches – ideal for incorporating on a daily basis to keep your fascia hydrated and flexible.

*Complimentary*

Seas the Day  
Meeting Point at the Seasports Hut  
9:00 am and 2:00 pm

Take the plunge and enjoy a snorkeling experience that connects guests to the many sites around the island.

*Complimentary. Please arrive before the advised time. Seats on the boat are reserved on a first come first served basis.*

Kids Zumba at the West Villa Clubhouse  
3:15 pm

Children are encouraged to dance their way to fitness in energetic Zumba sessions tailor made for the young ones to enjoy.

*Complimentary*

*Reservations are essential for all activities. Price is subject to service charge and taxes.*

Building Fish Domes with our  
Marine Biologist  
Meeting Point at the Seasports Hut  
4:00 pm

A fish dome is a man-made reef structure made from limestone rocks and dead corals mixed with a small amount of cement. The dome supports coral growth and becomes habitat for small creatures when placed underwater.

*Complimentary*

Sunset Self-Healing  
at the Picnic Grove Beach Front  
5:15 pm

Sunset salutation nourishes the body with positive energy and helps release negativity and impurities.

*Complimentary*

Fiesta for the Young Ones at the Library

A fun children-only celebration taking place at the Library with music, balloons, bean bags, and their own delicious feast.

USD 120++ child



## New Year's Eve Celebration

### New Dawn Dinner at the Clubhouse 7:30 pm

A dinner of fine flavours amidst a dramatic setting welcomes a new dawn celebration. Amanpulo's culinary team creates an exquisite menu inspired by the promise of new beginnings. Live entertainment colours the evening, followed by a spectacular show that leads the countdown, themed in homage to the opening of Aman New York and the hotel's imminent opening.

USD 700++ adult

USD 350++ child

Seven-course dinner with prime seats for the New Year's Eve show

*Reservations are essential.*

*Price is subject to service charge and taxes.*

### Unity Dinner at the Beachclub 7:30 pm

A seaside dining experience immersed in nature that celebrates the joy of spending time with loved ones, the New Year's Eve dinner at the Beachclub is designed for families to enjoy. Guests will later be ushered to the Clubhouse for the New Year's Eve show and countdown.

USD 595++ adult

USD 300++ child

Family-style dinner with access to the New Year's Eve show



Aman New York

31 December

New Dawn Dinner

Seven-course Dinner at the Clubhouse

7:30 pm

Amuse Bouche

Watermelon and Lemongrass Compress,  
Poached Lobster, Curry Spices, Fresh Sea Urchin  
and Cilantro Pesto

Soup

Roasted Butternut Squash Consommé  
*Pear Yogurt, Seared Quail Lollipop, Poached  
Quail Egg, Dehydrated Pear, Shallot Puree,  
Crisp Pumpkin Seeds*

Starter

Flambé Langoustine  
*Heirloom Carrots, Mandarin Glaze, Green Pea  
Puree, Fresh Oyster and Beluga Caviar*

Intermezzo

*Mangosteen Sorbet, Dried Lychee and  
Honeycomb*

USD 700++ adult

USD 350++ child

With prime seats for the New Year's Eve show

*Reservations are essential. Price is subject to service  
charge and taxes.*

Fish Main Course

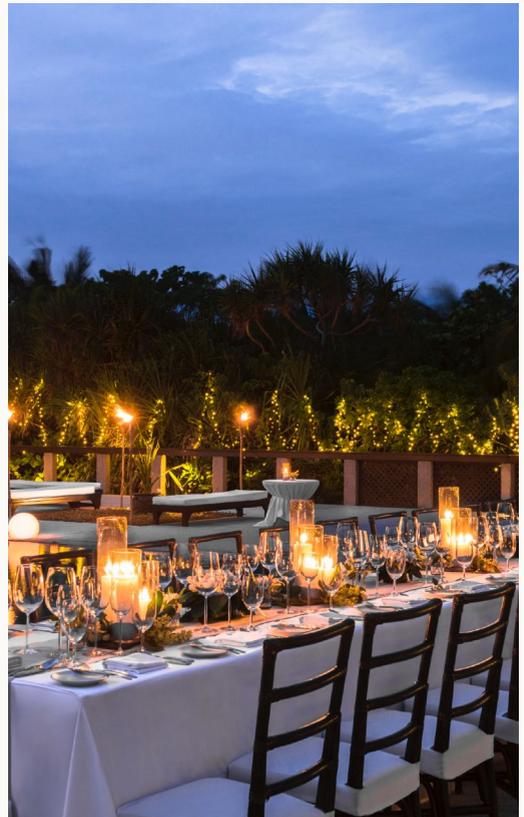
Cod Fish Confit  
*Roasted Beetroot Puree, Potato Scales and  
Hibiscus Sauce*

Meat Main Course

Braised Oxtail and Dry Age Wagyu  
*Cherry Glazed Turnip, Celeriac Mousseline,  
Baby Bok Choy and Foie Gras Sauce*

Dessert

Descontrac Chocolate Passion  
*Caramel White Chocolate, Matcha Sponge and  
Hot Chocolate*



31 December

Unity Dinner  
Family-style Dinner at the Beachclub  
7:30 pm

Amuse Bouche

Lobster Bisque  
*Lemongrass, Ikura Caviar*

Starters

Seared Scallops  
*Brown Butter and Lemon Comfit*

Duck Rillettes  
*Spicy Pickles Raisin, Brioche and Whiskey Syrup*

Seafood Platter  
*King Tiger Prawns, Nylon Clams, Mussels,  
Fresh Oyster and Blue Crab*

Chicken Lollipops  
*Foie Gras and Glazed Cherry*

Potato Blinis  
*Eggplant Caviar and Pomegranate Seeds*

Heirloom Carrots  
*Creamy Nuoc Cham Dressing*

USD 595++ adult  
USD 300++ child  
With access to the New Year's Eve show

*Reservations are essential. Price is subject to service charge and taxes.*

Main Course

Salt-Baked Salmon with Citrus and Herbs  
*Lemon Wedges and Herbs Dressing*

Slow-Roast Spiced Lamb Shoulder  
*Baked Baby Potato and Sumac Onions*

Grilled Chicken Leg and Thigh  
*Curry Leaves, Fried Chili and Salted Popcorn*

Roast Beef with Prosciutto  
*Shitake Duxelles and Dijon Mustard*

Torched Tuna with Cannellini Beans  
*Green Olives and Lime Kaffir Vin Rouge*

Dessert

*Torrijas  
Tocino de Cielo*

1 January

Wellness Session with a Specialist

7:15 am

Wellness is a dynamic process of change and growth, a balance of complete physical, mental, and social wellbeing. A specialist of the Aman Spa conducts a special session for guests to discover featured wellness therapies or fitness modalities that aim to enable natural healing.

*Complimentary. Reservations are essential.*

Seas the Day

Meeting Point at the Seasports Hut

9:00 am and 2:00 pm

Take the plunge and enjoy a snorkeling experience that connects guests to the many sites around the island.

*Complimentary. Please before the advised time. Seats on the boat are accorded on a first come first served basis.*

New Year's Day Mass

10:00 am

For those who wish to join the, a Catholic mass will be celebrated to mark the first day of the year.



World of Aman: Culinary Journey  
to Aman Kyoto  
Brunch at the Lagoon Club  
11:00 am

Set in a secret garden at the heart of a forest, Aman Kyoto rests a stone's throw from Kyoto's golden Kinkaku-ji Temple and 16 other Unesco World Heritage Sites. The resort is nonetheless a secluded world apart, with light-filled suites and pavilions set in tranquil glades and steaming onsen offering healing in the Aman Spa.

Journey to Aman Kyoto through the artistry of a menu inspired by Japan's omakase dining tradition and marked by meticulous precision to serve dishes that transform Kyoto's seasonal produce into works of art.

USD 120++ adult  
USD 60++ child  
Family-style

Sundowners at the Beachclub  
5:00 pm – 6:00 pm

Celebrate the famed sunset of the island. Our expert bartenders will whip up exciting concoctions to match the breathtaking views

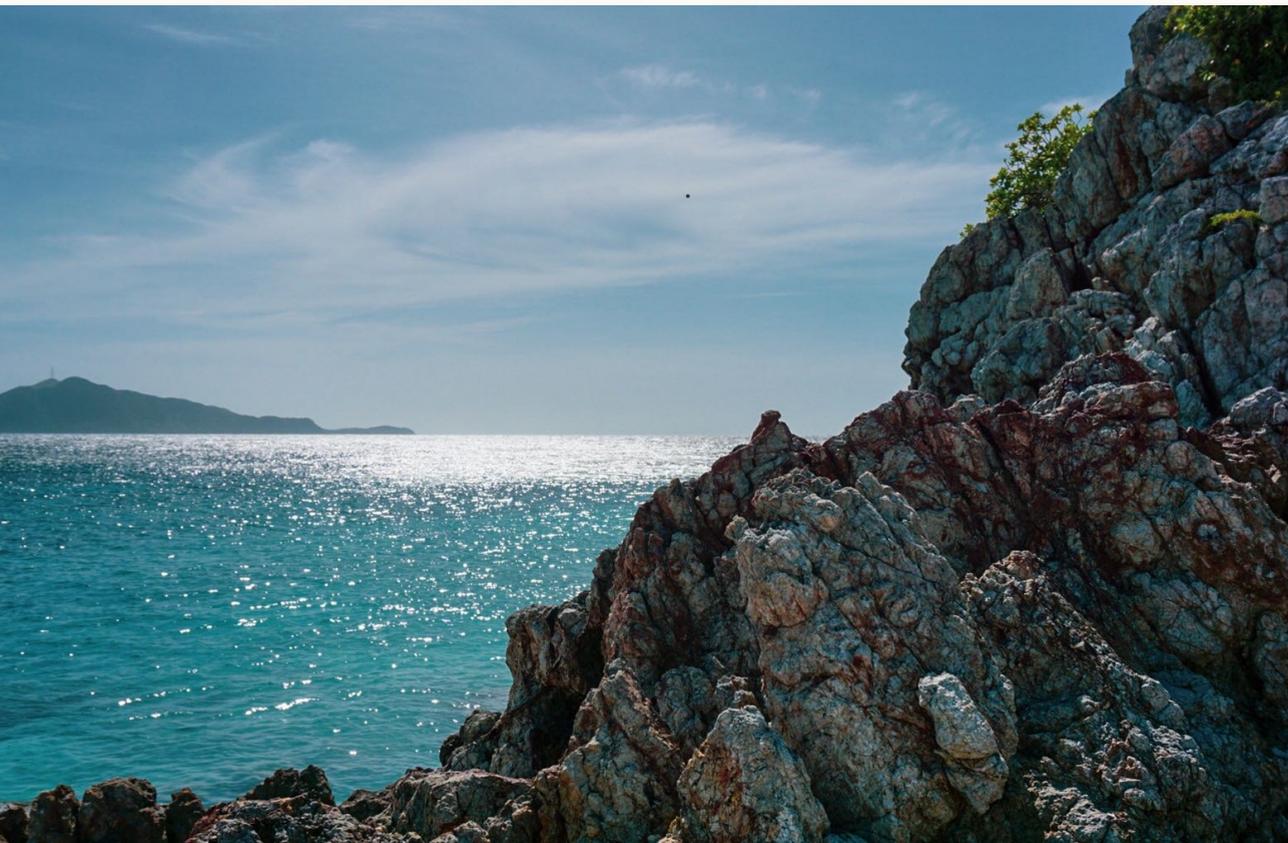
Price per menu

New Night Skies  
7:30 pm

Welcome the arrival of 2022 by appreciating the first night sky of the year and manifest your reality to the universe.

*Complimentary*

*Reservations are essential for all activities.  
Price is subject to service charge and taxes.*



1 January

World of Aman: Culinary Journey

to Aman Kyoto

Brunch at the Lagoon Club

11:00 am

Starter

Tai Tempura

*Shiso Wrapped Sea Bream, Grated Radish,*

*Ginger, Tendashi*

Soup

*Kani Misoshiru*

*Blue Crab, Sake, Dashi, Mitsuba, Sansho*

Sashimi

Jasmine Tea Smoked Hamachi

*Pear, Edamame, Togarashi, Ponzu, Olive Oil*

Nigiri

*Kinmedai*

*Aburi Red Eye Snapper, Momiji oroshi, negi*

USD 120++ adult

USD 60++ child

Family-style

*Reservations are essential. Price is subject to service charge and taxes.*

Chutoro

Yuzu Miso, Negi

Unagi

Broiled Freshwater Eel, Caramelized Apple,

*Aansho, Tume*

Roll

*Akami Hosomaki*

*Tuna Loin, Pickled Watermelon, Shiso*

Aburi Salmon Mentaiko Roll

*Torched Salmon, Avocado, Takuan, Mentaiko*

*Mayo, Garlic Chips, Negi, Bubu Arare*

Hokkaido Uni Hand Roll

*Sea Urchin, Yakinori, Shiso*

Dessert

White Sesame and Matcha Verrine

*Sesame Panna Cotta, Green Tea Mousse,*

*Azuki, Mixed Berries*





Aman Kyoto



Visiting and Resident Specialists



Valerie Bautista, Visiting Specialist

Valerie Bautista is a RAID Freediving Instructor, an internationally recognised certification for professionals who are able to teach freediving in a safe and concise way. She is also the founder of Azul Freediving, conducting workshops all over the Phillipines.

### Find Your Light Under the Sea

Valerie will guide you to dive freely into the depths of Pamalican to immerse yourself in the ocean light and find a sense of gratitude for nature's treasures.

With freediving, you can only travel as far as the air in your lungs can take you. The incredible feeling of pushing yourself to your limits helps explain the appeal of this sport. Therefore, the most important part of your training is learning how to breathe safely and efficiently.

Valerie will prepare and guide you for the duration of the excursion—both physically and mentally.

#### Pricing and Session Times

##### Freediver Workshop

2 hours

PHP 15,000++

##### Basic Freediver Course

5 hours

PHP 25,000++

##### Freediver Course

Two-Day Experience (4 Diving Sessions)

PHP 40,000++

*Prices are subject to service charge and applicable taxes. Reservations are essential. Cancellation policies apply.*



Sheila Liwag, Visiting Specialist

Sheila Liwag is a certified physiotherapist and is highly experienced in the practice of Neural Activation Screen and Chi Nei Tsang.

With over 13 years of experience in Amanpulo's Aman Spa, Sheila brings a wealth of knowledge in the field of Neural Activation Screen and Chi Nei Tsang. Her background as a physiotherapist for fitness and rehabilitation enhances her understanding on the needs of guests and complements her very specialised wellness practice.

### Neural Activation Screen

Movement is produced through neurons from the brain that coordinate motor response in the body's muscle, fascia, tendons and bones. With neural activation, optimal performance of the brain is encouraged, resulting in increased strength, improved coordination, and pain relief. Neural activation screen aims to identify the communication errors within the motor cortex, and through the Rekinetics System, custom brain-based exercises re-establish the correct pathways for instant changes in the body. The philosophy revolved around on 'targeting the brain first and the body second to create optimal movement.'

### Chi Nei Tsang

Chi Nei Tsang is a healing modality developed by the Taoist Monks of Ancient China. It a holistic approach that touches on mental, emotional and spiritual aspects of the being to help detoxify, strengthen and refine bodies. Translating to 'internal organs chi transformation', Chi Nei Tsang practitioners are trained to work mainly on the abdomen to train internal organs to work more efficiently.



Dahlia Pilien, Resident Specialist

Dahlia Pilien is a highly trained professional neuromuscular therapist, specializing in Neuromuscular Massage, Trigger Point, Deep Tissue and Sports Massage. She brings with her 15 years of experience, and 12 years working in different Aman Spas across the Americas.

She has a deep understanding of how to treat and enhance movement and function in the body and mind.

### Inner Balance

Fusing Neuromuscular, Deep Tissue, Myofascial, Craniosacral and Trigger Point Therapy, this specialised approach assists in returning balance within the body and mind as well as to improve the nervous system. Easing tension and discomfort, this session is customized to work on specific areas of concern to stimulate the clearing of trauma held in the muscles and connective tissues, as well as the emotional body.

### Water Shiatsu

Incorporating the principles of Zen Shiatsu, this unique therapy allows your awareness to tune into the sound of your breath, beating heart and the subtleties of your own system. Through the series of rotational movements, the emphasis will be placed on stretching the spinal column, chakras and meridians. Releasing blocked energy and emotional residue, this treatment leaves you in a deeply relaxed state.

### Hata Yoga

This practice involves breath, body, and mind, and classes are usually comprised 60 minutes of breathing, yoga poses, and meditation.

### Pricing and Session Times

Individual	
60 minutes	90 minutes
PHP 9,500++	PHP 13,000++

Yoga Single	
60 minutes	
PHP 8,000++	

Yoga Couple	
60 minutes	
PHP 10,000++	

*Prices are subject to service charge and applicable taxes. Reservations are essential. Cancellation policies apply.*



Elmer Munar, Resident Specialist

Elmer Munar, is a certified wellness instructor, teaching individual, couple, and group classes incorporating different modalities.

He specializes in yoga, mat Pilates, Zumba Fitness, and functional training. Elmer is also an experienced holistic manual stretch therapist, incorporating elements of Thai massage and yoga. Holistic manual stretching can be included in a fitness session or as a stand-alone treatment to alleviate muscle tightness or body pain.

#### Blade and Mobility Pods Therapy

Move better and feel better. Blade and mobility pods are used to treat soft tissues, myofascia and muscles by various direct compressive stroke and techniques while improving blood flow, decreasing pain and increasing mobility around the joints. Massage and stretch are also incorporated to relax the muscle tissues and restore movement patterns.

#### Holistic Thai Massage Stretch

Elmer will guide your body using different Thai Massage techniques to support joint function by releasing facial restrictions, leaving your body feeling re-vitalised and pain-free.

#### Yoga and Meditation

Yoga is a practice that harmonises the body, mind and soul through the means of various breathing techniques, postures and movements, relaxation and concentration, self-inquiry and meditation. Benefits include improvement in posture, balance, flexibility, muscle strength, breathing, circulation, increased energy and deeper sleep

#### Personal and Group Training Programs

Personalized one-on-one and group fitness Programs designed to meet your specific wellness goals.

KAATSU, Mat Pilates, TRX, Bosu, Battle Rope, Tabata Boot Camp, Kettle Bell, Circuit Training

#### Pricing and Session Times

	60 minutes	90 minutes
Holistic Thai	PHP 8,000	PHP 12,000
Massage Stretch		
Blade and Mobility	PHP 8,500	PHP 12,500
Pods Therapy		
KAATSU Training	PHP 8,000	
Individual Fitness	PHP 7,500	PHP 10,000
Couples Fitness	PHP 9,000	PHP 11,000

*Prices are subject to service charge and applicable taxes. Reservations are essential. Cancellation policies apply.*



Irene Tan-Meca, Resident Specialist

Irene Tan-Meca is Amanpulo's Resident Marine Biologist. She studies the marine organisms present in the Pamalican waters and their behaviour in their natural habitat, assessing the conditions of the reefs and the effects of any stressors present in the environment. She heads the resort's Marine Conservation Program focusing on coral rehabilitation, turtle protection, community and guest awareness, marine species identification, and the development of the marine management project.

### Private Sea Guide

The island is blessed with amazing marine creatures of which plenty are also endangered. Irene will guide you in your private activities with her knowledge and passion to discover, explore and experience our magical Pamalican waters. These private hosted activities can give you a very fulfilling experience and knowledge while having the best adventure underwater.

Guests can select from the below list of residents, choosing which they would like to get to know better:

Sea Turtles

Pygmy Seahorse

Eagle Rays

Sharks

Plankton

### Coral Gardening

Corals provide shelter to all marine life in the reef as well as food and protection. However, climate change, ocean acidification and even Crown-of-Thorns predation has decreased our coral cover which has also caused the decline of our fisheries and affected other marine life. In order for us to help the reef recover from all these stressors, a coral rehabilitation activity allows guests to connect with our sea garden and contribute to bringing back our healthy corals.

### Private Guidance

60 minutes

120 minutes

PHP 5,000++

PHP 9,000++

All these activities are subject to the natural occurrence of the marine life around the reef. Proceeds of the activities go to the Amanpulo Marine Conservation Program. Boats and dive equipment are not included.

*Prices are subject to service charge and applicable taxes. Reservations are essential. Cancellation policies apply.*



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