



Amanjiwo

Festive 2021/22



Welcome to our 'peaceful soul'.

Thank you for choosing to spend your festive season with us at Amanjiwo.

Here, in Central Java, we have created a daily programme of unique experiences, designed to showcase the best of our home in the shadows of ancient Borobudur. We hope that these activities - from special cultural performances to festive inspired meals - will help you create unforgettable memories with loved ones and fill your hearts with our warm, community spirit.

In addition to the range of wellness and cultural insights offered in our Festive Schedule, we would be pleased to discuss your wishes to further explore our wonderful home - either through adventurous treks in our scenic surroundings, private dining activities both on and off property, and wellness activities to relax and rejuvenate your mind, body and soul.

We hope that you fall in love with Java, our history and our people, and enjoy our suggestions to discover this special part of Indonesia. We wish you a relaxed and joyful festive season and a very happy New Year, Javanese style!

Selamat Natal dan Tahun Baru!
Merry Christmas and Happy New Year!

Your Amanjiwo Family



Supporting the Local Community

Aman properties around the world are an integral part of the communities in which they are set, and all of our team members and their families are part of the larger Aman family. This provides unique insight into the needs of each community, and Amanjiwo is no exception. At this time of year, when reflection and counting our blessings go hand in hand with reaching out to those less fortunate, we are pleased to be able to share our local initiatives.

Jamu and Herbal Tea

Enjoy the health benefits of herbal tea and jamu, a delicious Indonesian drink made from turmeric, ginger, lemon and honey, served by local providers on alternating afternoons in our Rotunda Bar.

Dance Heritage

Central Java has a rich repertoire of traditional dances, each one telling a different story. Amanjiwo supports various local dance troupes to keep the art alive. Join us over the festive season for performances of the dramatic Jatilan, Ramayana, Mask and Lima Gunung dances.

Tolak Balak

Practiced by the Javanese for centuries, Tolak Balak is a cleansing ceremony, warding-off misfortune and preserving good health. Join our guest anthropologist and a local priest for a 90-minute session to learn more about this healing practice. The Tolak Balak ritual will be held by a Javanese priest who is supported by Amanjiwo.

Artisanal Craft Classes

Learn a new craft while supporting local artisans. Potters in Klipoh Village, just 10 minutes from Amanjiwo, will open their doors to our guests this season to share their skills in hands-on sessions.

Outreach for Orphans

Amanjiwo has supported the Yayasan Badan Wakaf Miftahurrohmah Orphanage – home to 100 children – since 2010. If you would like to learn more about, or donate to, our scholarship, sustainability, art and sports programmes, or join the children for their bi-monthly art class in the Rotunda, please speak to our Guest Assistants.

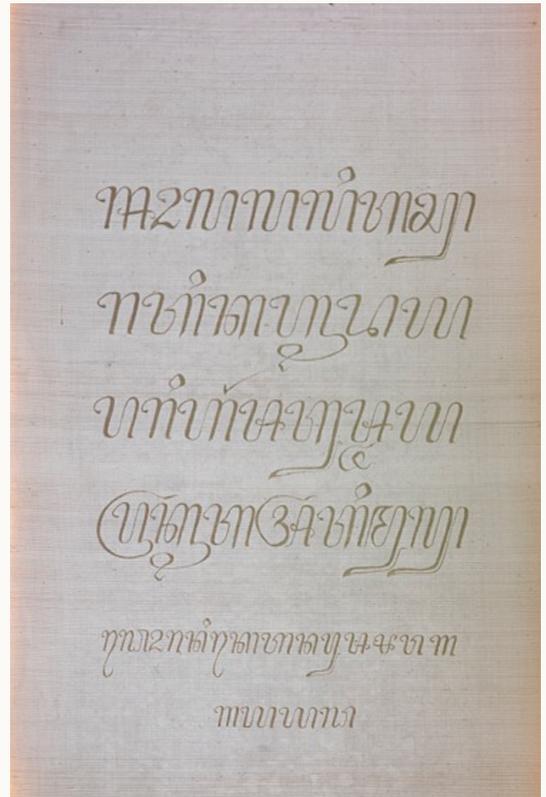
Introducing Patrick Vanhoebrouck

Amanjiwo, in its role showcasing Central Java's heritage, is delighted to introduce Patrick Vanhoebrouck, our Resident Anthropologist who has an incurable passion for Java.

Patrick first came to live in Indonesia in 1997 but left to pursue his academic interests. He acquired a Bachelor of Arts in Anthropology in 2001 from the University of Illinois, Chicago, followed by a Masters of Arts in Cultural Anthropology in 2004 from Leiden University, The Netherlands. In 2009, he achieved a Master's Degree in Science in Humanitarian Action from the University College of Dublin.

He returned to Indonesia in 2010 and has remained in Java ever since. Patrick joined the Amanjiwo family as our Resident Anthropologist in early 2020. In addition to a series of complimentary lectures, he is available during the day for tours should you wish to enjoy the sites with him.

Please contact our Guest Assistant by dialling '1' from your Suite phone for any reservations or inquiries.





Daily at Amanjiwo

Aman Spa

Amanjiwo's Spa Suite offers an extensive menu of holistic wellness journeys, massages, wraps, scrubs, facials and beauty treatments. Enjoy your favourite Aman Signature Ritual this season or indulge in the Javanese culture and traditions with locally-inspired treatments. Treatments can also be enjoyed in the comfort and privacy of your personal guest suite

Gym Suite and Tennis Courts

Stay active during your holidays with a visit to our Gym Suite, equipped with cardio equipment and weights, or a visit to one of our tennis courts. Floodlit for evening play, racquets and balls – as well as hitting partners – can be provided.

Kids' Room

Amanjiwo's Kids' Room provides a safe and engaging environment for children aged two to 11. Babysitting services are also available. Please contact our Guest Assistants for more information.

Gallery

Amanjiwo's gallery hosts regular exhibitions of work by renowned artists and photographers. Visit the room at your leisure for inspiration or for a contemplative moment during your day.

Feeling creative? A box of watercolours is available in every suite for capturing the views around the resort.

The Pool Club

Serving breakfast, light lunches, drinks and snacks from a raised, colonnaded deck, the Pool Club overlooks the green-tiled 40-metre infinity pool, surrounded by rice paddies and banyan trees.

Signature Tours

With ancient temples, volcanic mountains, traditional villages and bustling cultural hubs nearby, opportunities for trekking and sightseeing around Amanjiwo are endless. The Unesco World Heritage Site of Borobudur, just a 10-minutes' drive from Amanjiwo, is one of the world's best preserved ancient monuments. For active guests, the Menoreh Hills offer a pleasant 2.5-hour hike; whilst the culturally-minded may choose to discover the busy, terracotta-roofed markets of rural Java, which sell everything from volcanic stone ornaments to street snacks. Our guest assistants would be pleased to assist you in arranging a bespoke tour.



Daily at Amanjiwo

Javanese Ginger Tea Service and Amanjiwo Jamu Bar

Complimentary sweet and savoury treats with a festive twist are served daily with tea or a freshly made local jamu drink in our Rotunda.

Morning Wellness

Join Ibu Agustin, our Wellness Consultant, who leads yoga classes in our peaceful surroundings and looks forward to guiding you into a peaceful and contemplative mindset. Ibu Agustin is also available for specialised private sessions such as detox yoga, yin yoga, acro yoga and yoga nidra.

Tolak Balak

The Tolak Balak experience brings you into the fascinating world of ancestral techniques for self-protection and self-purification in Javanese culture. Our resident anthropologist will share proven techniques known to avert danger and preserve good health, as still practiced by many Javanese people.

Activities are subject to change.

For more information about activity schedules, please contact our Guests Assistant by dialing '1' or '2' from your Suite.



24 December

Tolak Balak Javanese Cleansing Ritual at Gubuk Sawah

7.30am – 8.30am

In traditional Nusantara communities, especially in Java and Bali, tolak balak is part of a spiritual rite. 'Balak', known as a destructive force of evil, can be neutralised or driven away through this ritual, which includes mantras, meditation and jamu, drinks or herbal medicines.

During Amanjiwo's 90-minute session, which focuses on protection and purification, guests are introduced to a variety of ancient Javanese philosophies and techniques. Beginning with the recitation of mantras, energy is invoked, and the mind is focused. Through a series of breathing techniques, the mind is reconnected with the spiritual body and guided into meditation, where the guest relaxes into deep introspection.

The ritual finishes with a sampling of jamu, the local herbal elixirs made from medicinal plants, offering the guest the chance to reinforce his or her immune system to fight off physiological threats, such as disease and pollution.

A beautiful insight into local traditions, the Tolak Balak Javanese Cleansing Ritual leaves guests with a sense of purity, lightness and energy.

String Quartet & Christmas Carols at the Rotunda Bar

4.00pm – 5.00pm

Accompanying our Javanese Ginger Tea Service on Christmas Eve, enjoy our string quartet performing festive tunes and carols.

Christmas Eve Dinner with Javanese Performance at the Main Dining

from 7.30pm

IDR 1,250,000 per guest

IDR 625,000 per child (11 years and under)

Celebrate with a delicious four-course Italian set Indonesian menu prepared by Chef Uyung. Dinner is accompanied by a classical Javanese mask dance.

Prices are subject to 21% government tax & service charge.

Javanese Mask Dance

To keep the traditional dance alive from generation to generation, Amanjiwo, in collaboration with the local communities around Borobudur, explores several dances from the Magelang area's dukun villages, on the slope of Mount Merapi. The Javanese Mask Dance (Topeng) is derived from an old Javanese masked drama and tells the story of Prince Pandji from the Kingdom of Janggala and Princess Tjandrakirana from the Kingdom of Daha of Kediri.

**CHRISTMAS EVE DINNER WITH
JAVANESE PERFORMANCE**

IDR 1,250,000 per guest
IDR 625,000 per child (11 years and under)

Four Course Italian Set Menu

Amuse Bouche

Pears with prosciutto, rosemary goat cheese, figs

Citrus-Cured Salmon

Avocado purée and salmon ikura

Zuppa Di Gamberi

Creamy crayfish soup, saffron oil

Sorbet

Campari and orange

Mains

Ballotine of Turkey

Pumpkin puree, roasted beetroot and carrots, honey raisin compote

or

Herb-Crusted Rack of Lamb

Hummus, baby carrot, chargrilled asparagus, gremolata

Dessert

Raspberry Mousse

White chocolate pandan sponge, passion fruit curd

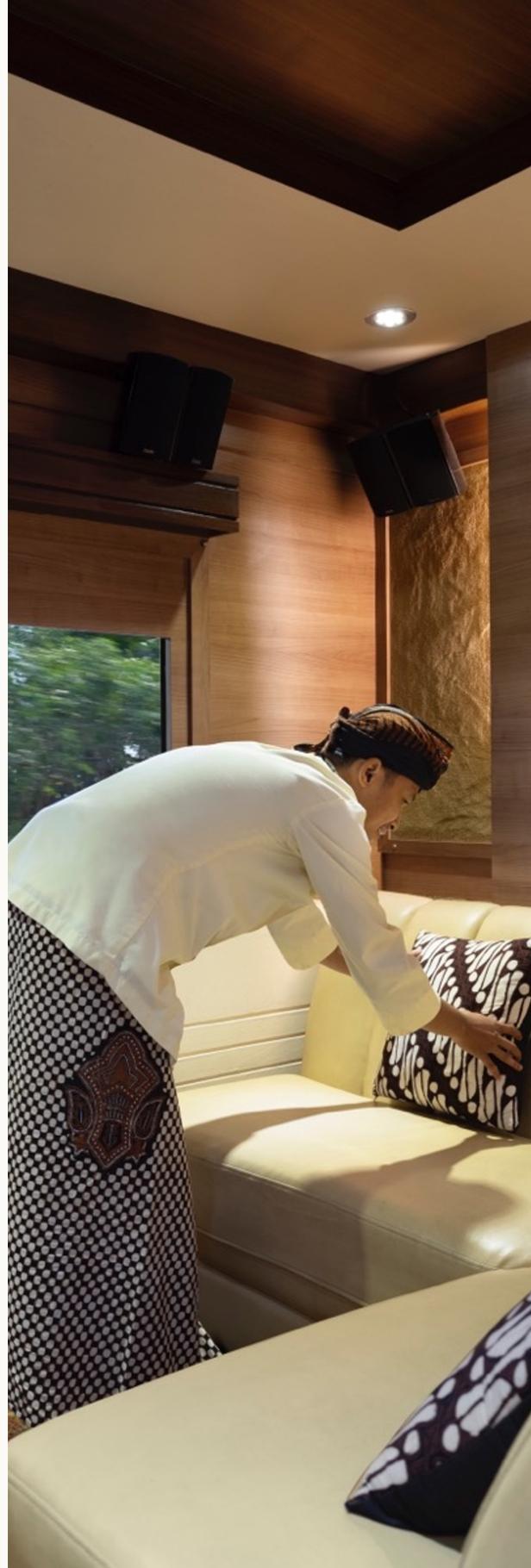


25 December

Journey through Java

Board the regal Kereta Api Wisata train from the lounge at Jakarta-Gambir Station and embark on a seven-hour journey through spectacular scenery. You will be joined by Amanjiwo's resident anthropologist, Patrick Vanhoebrouck, who will share insights into Javanese culture and the historical sites you pass along the way.

With meals on your journey prepared by Amanjiwo, your Aman experience will begin from the moment you set foot in your private carriage. Included in your two nights at Amanjiwo is daily breakfast and an activity of choice, be it trekking to Menoreh Hill or sunset martinis overlooking the rice paddies.



25 December

Morning Yoga at the Pool Club

7.30am – 8.30am

Start your day with a calm mindset as you are guided through a series of asanas by Ibu Agustin, our wellness consultant. The practice of yoga can help to refine your body and quiet your mind, as well as improve your emotional and personal wellbeing.

Kite Making at the Kids' Room

9.00am – 10.00am

Begin Christmas Day with a traditional kite making class. Kiting is a popular hobby that the locals enjoy. Practice your creativity and walk away with your own hand-crafted kite to fly in the skies.

Jathilan Children's Dance at the Porte-Cochere

3.30pm – 4.00pm

This annual dance is performed by the village children of our local community.

Jathilan is a traditional dance used across villages ceremonies for births, marriages, house dedications and deaths. The dance consists of two horsemen and depicts the relationship between the upper and lower social classes. Jathilan performers wear costumes of traditional cloth or warrior-like clothing with their faces painted according to their role.

Javanese Ginger Tea Service at the Rotunda

4.00pm – 5.30pm

Enjoy a relaxing cup of homemade ginger tea, served with Javanese sweets in our Rotunda. Freshly brewed with local ingredients, the tea will reinvigorate you for the rest of the afternoon.

Sunset Semedi Meditation at Gubuk Sawah

4.30pm – 5.30 pm

This simple exercise leads to a peaceful mind and higher self-confidence. The meditative movements and breath concentrations of semedi meditation are derived from ancient Javanese mysticism and Tantra practices. The session guides one to connect to the essence of the five elements (earth, water, fire, air and space) and a better understanding of one's own mind-energy bodies, or chakra faculties.

Borobudur Temple Lecture with Patrick, resident anthropologist, at the Library

6.00pm – 7.00pm

Become entrenched in the stories and history of the famed temple of Borobudur during this engaging session with our resident anthropologist.

26 December

Tolak Balak Javanese Cleansing Ritual at Gubuk Sawah
7.30am – 8.30am

In traditional Nusantara communities, especially in Java and Bali, tolak balak is part of a spiritual rite. During Amanjiwo's 90-minute session, which includes mantras, meditation and jamu, or herbal medicines and focuses on protection and purification, guests are introduced to a variety of ancient Javanese philosophies.

Amanjiwo Jamu Bar at the Rotunda
4.00pm – 5.00pm

The Jamu Bar concept introduces the fascinating world of herbal remedies, locally known as jamu, a staple element of Javanese personal healthcare. A blend of roots, seeds, and other natural ingredients create soothing and reinvigorating herbal potions for all sorts of physical ailments. The Jamu Bar at Amanjiwo begins with a diagnosis by a local healer to formulate a blend which is specifically oriented to an individual's condition and constitution, prepared by a local jamu blender.

Pottery Making at the Rotunda
4.00pm – 5.00pm

Amanjiwo's neighbouring villages preserve craft traditions dating back centuries, including pottery. Local potter families are delighted to open their studios to Aman guests and share their skills with hands-on sessions at the wheel – but for this insight into the craft, you do not even need to leave the resort. Try your pottery skills during this interactive session.

Prambanan Temple Lecture with Patrick, Resident Anthropologist, at the Library
6.00pm – 7.00pm

Prambanan, a 9th century Hindu temple in Yogyakarta, is a fascinating tribute to the Hindu Trimurti. Learn about the history of this significant temple during a session lead by our resident anthropologist.



27 December

Morning Yoga at the Pool Club

7.30am – 8.30am

Start your day with a calm mindset as you are guided through a series of asanas by Ibu Agustin, our wellness consultant. The practice of yoga can help to refine your body and quiet your mind, as well as improve your emotional and personal wellbeing.

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Aksara Jawa at Rotunda Bar

4.00pm – 5.00pm

Looking at the Aksara Jawa (Javanese script), it's almost impossible to believe, simply from an aesthetic point of view, that it is highly endangered. Manuscripts and printed documents from the eighteenth and nineteenth centuries, both on palm leaves and later on paper, show a flowing line that is both clear and ornate.

Kingdom of Java Lecture with Patrick, resident anthropologist, at the Library

6.00pm – 7.00pm

The Kingdom of Java has a rich and interesting history, spanning over centuries and touching on multiple religions and dynasties. Discover some of the unique stories, traditions and heritage of the region through this engaging session with our resident anthropologist.



28 December

Tolak Balak Javanese Cleansing Ritual at Gubuk Sawah

7.30am – 8.30am

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Batik Making Class at the Lobby

4.00pm – 5.00pm

Indonesian culture has been shaped by indigenous customs and influences from around the globe. Local art express this cultural mix, with the country producing some of the most varied assortments of handicrafts in the world, such as the renowned batik fabric. Join us for an interactive batik making class in the Lobby.



Borobudur Temple Lecture with Patrick, Resident Anthropologist, at the Library

6.00pm – 7.00pm

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29 December

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7.30am – 8.30am

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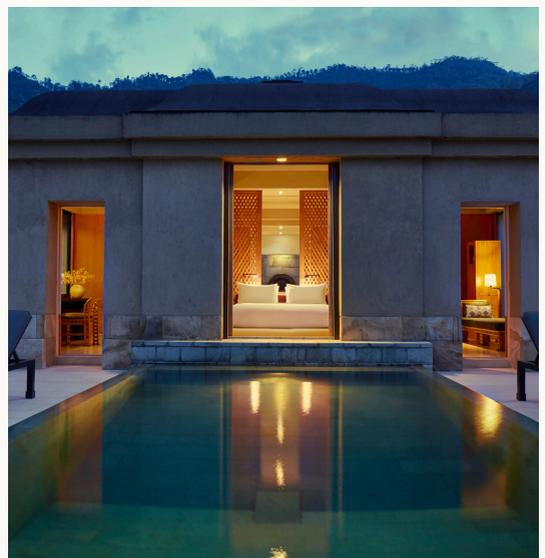
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30 December

Tolak Balak Javanese Cleansing Ritual at Gubuk Sawah

7.30am – 8.30am

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Palm Leaf Figure Making at the Rotunda

4.00pm – 5.00pm

The art of weaving is a tradition passed down from generations and still very much alive today. Pandan leaves, banana leaves and palm leaves are all typically used for weaving. Join our artisans to discover this craft and create something special of your own.

Amanjiwo Jamu Bar at the Rotunda

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31 December

Morning Yoga at the Pool Club

7.30am – 8.30am

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31 December

New Year's Eve Dinner with Javanese Performance

at the Main Dining

from 7.30pm

IDR 2,000,000 per guest

IDR 900,000 per child (11 years and below)

Prepare to welcome the New Year with a delicious five-course Italian set menu prepared by Chef Uyung. Enjoy each dish while watching a range of varied Javanese performances throughout the evening and waiting for the anticipated countdown to 2022.

The New Year's Eve Dinner includes all food, a midnight glass of Champagne, live music and cultural entertainment from our local Borobudur and Magelang communities (details overleaf).

Prices are subject to 21% government tax & service charge.

Traditional Javanese Dances from Magelang Regency

The name refers to five mountains (four of which are active or dormant volcanoes) situated in and around the Magelang Regency – Merapi, Merbabu, Sindoro, Sumbing and Andong. The unique geography isn't the only hallmark of the area, it is also rich in traditional arts and culture.

The Five Mountains Festival has been organised since 2002 by the cognominal community. The festival, Komunitas Lima Gunung, which grows bigger each year, unites people of various backgrounds – artists, performers, educators, academics, local elders and young generations.

A series of traditional dances will be performed throughout the evening, leading up to the welcoming of the New Year.

NEW YEAR'S EVE MENU

IDR 2,000,000 per guest
IDR 900,000 per child (11 years and below)

Amuse Bouche

Risotto croquette with mozzarella, mushroom,
green peas, spicy tomato sauce

Goat Cheese Tart

Walnut pear salad, red radish, shaved baby carrots, cucumber

Organic Tomato Bell Pepper Soup

Prawn, basil oil, parmesan and herb croutons

Sorbet

Mojito

Roast Stuffed Organic Chicken Breast

Potato purée, buttered spinach, herb sauce

Wagyu Beef

Grilled Tokusen rib-eye with caramelised onion, gingered
pumpkin puree and roasted fennel

Coconut Panna Cotta

Pandan gel, tropical fruit compote

Prices are subject to 21% government tax & service charge.
Menus are subject to change based on seasonal availability of ingredients.

31 December

Performance Programme

Gupolo Gunung Dance

7.45pm - 8.00pm

Gupolo is a traditional statue of a Javanese guard who is protecting the mountain (gunung) and its people. This dance depicts the legend of Prabu Singo Barong, who was believed to have special powers to protect from danger.

Kipas Mego Dance

8.30pm - 8.45pm

This dance portrays the joy of the mothers during their daily life in the village and is performed by women from the Gejayan Village, situated on the slopes of Mount Merbabu.

Geculan Bocah Dance

9.00pm - 9.15pm

This dance originates from East Java and, when performed by adults, can be very magical and dark. However, when performed by the children from Gejayan Village, the dance has a more lively and fun approach.

Topeng Ireng Dance

9.30pm - 9.45pm

This dance combines Islamic religious movement with traditional Javanese martial arts or pencak silat. For the Topeng Ireng dance, the dancers are in a straight line and the rhythmic music is loud and full of energy.

Kuda Lumping Dance

10.45pm - 11.00pm

This traditional Javanese dance portrays a group of horse-riding soldiers.

Soreng Truntung Dance

11.15pm - 11.30pm

This dance is derived from the story of the people of Mount Merbabu and their support of Aryo Penangsang, who rebelled against the Demak Kingdom in Java in the 16th Century. It depicts how the soldiers prepared themselves for war.







1 January

Morning Yoga at the Pool Club

7.30am – 8.30am

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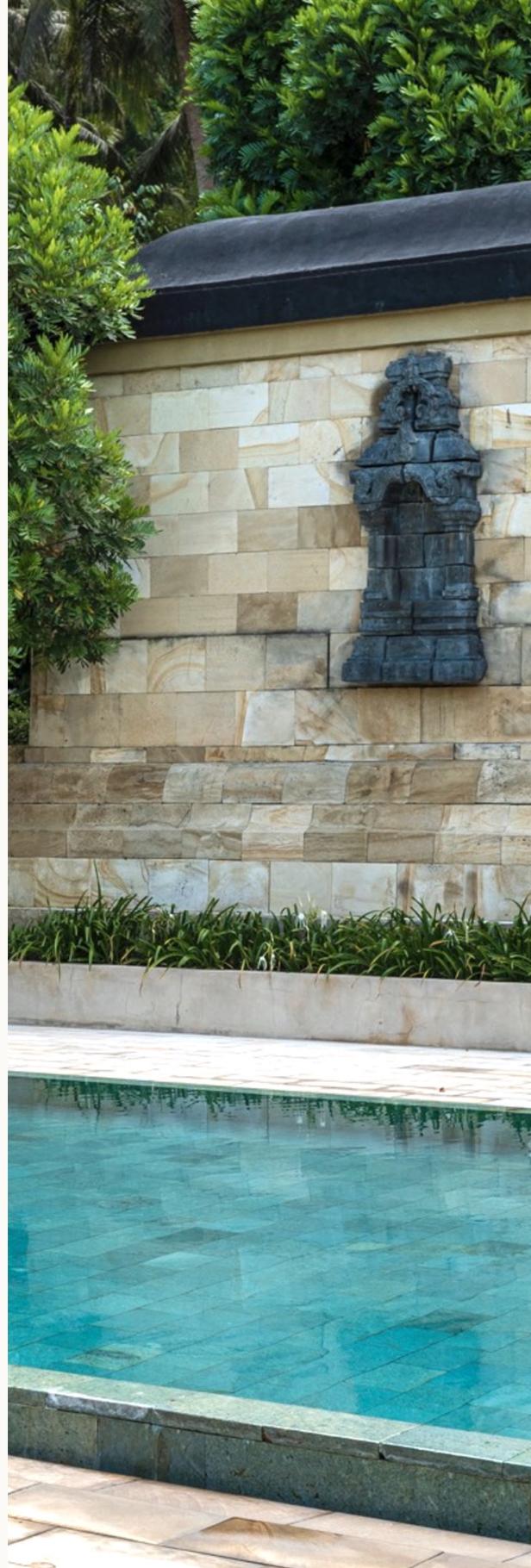
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Aman Spa

Aman Spas around the world offer therapies and treatments inspired by their destinations and local healing philosophies. Each Aman Spa also offers the Aman Signature Treatment Menu. Carefully curated to Ground, Purify and Nourish using the finest organic and natural ingredients, the three parts of the Signature Menu are personalised to the individual to target specific concerns and conditions. These treatments offer tangible benefits and long-lasting results. They employ the use of ground crystal powders, healing tree oils, homeopathic facial mists, wild-harvested Amazon butters and other exceptional natural ingredients, including pearls and plant stem cells.





Featured Spa Treatments

Grounding

Massage Ritual

90 minutes, IDR 3,400,000

Grounding Healing Techniques: Black amber smoking ceremony, Tibetan Ku Nye massage, meridian & acupressure work, cupping and kneading.

Purifying

Massage / Face Ritual

90 minutes, IDR 3,400,000

Purifying Healing Techniques: Smoking ceremony with Palo Santo wood, manual lymphatic drainage, nerve point therapy and nerve stimulation.

Nourishing

Scrub & Wrap / Massage / Face Ritual

90 minutes, IDR 3,400,000

Nourishing Healing Techniques: Smoking ceremony with frankincense, chakra balancing massage, mantra music, Marma point therapy, the Light Technique.

Pijat (Traditional Javanese Massage)

90 minutes, IDR 2,500,000

120 minutes, IDR 3,200,000

This deep tissue massage style has been practiced and passed down through the generations. It removes blockages and releases energy by working deep seated muscles. It is performed by our local healers.

Amanjiwo Massage

60 minutes, IDR 1,700,000

90 minutes, IDR 2,300,000

This nurturing massage soothes tired muscles and relaxes the body and mind. It combines an acupressure technique with the therapeutic benefits of essential oils to provide a sense of harmony.

Foot & Leg Treatment

60 minutes, IDR 1,400,000

90 minutes, IDR 1,900,000

This nurturing treatment will bring energy back and revitalise tired feet and legs. A scrub using jasmine and corn will stimulate circulation and is then followed by a relaxing foot and leg massage.

Prices are subject to 21% government tax & service charge.

Menus are subject to change based on seasonal availability of ingredients.



The Joy of Pampering

The Javanese have long-held traditions of healing and beauty rituals handed down through the generations. Engaging with local practitioners, we have combined these traditional techniques and products with our own range of Aman natural skincare formulas to provide a harmonious touch of the region that will revitalise your body, mind and spirit.

Before beginning your spa treatment, do enjoy a taste of jamu, an ancient elixir dating back to the time of the Buddhist empire that built Borobudur.

This herbal tonic is a delicate blend of spices including turmeric, ginger, tamarind and palm sugar. Jamu can boost the immune system and has powerful anti-oxidants and anti-inflammatory health benefits.

The Joy of Pampering

Javanese Royal Signature Ritual

150 minutes, IDR 2,670,000

A beauty ritual from the royal palaces of Central Java, which originated centuries ago as a 'purifying' ritual for Javanese princesses as they prepared for their wedding day, this treatment consists of a relaxing Javanese massage followed by a lulur (home-made scrub) made from a blend of finely ground rice, white turmeric, milk powder, jasmine and rose. The ritual continues with an application of a milk & clay mask designed to stimulate the cell activity and restore the pH balance of the skin. The final and most wonderful step is to relax in a warm milk bath that has been strewn with fresh jasmine and rose. Your skin will be left feeling soft, supple and shining.

Mandi Lulur (Body Scrub)

120 minutes, IDR 2,400,000

Ideal for this time of year, this experience starts with a traditional Amanjiwo massage, followed by a body exfoliation treatment made from spices, including clove, ginger and turmeric, blended with ground rice. Known as lulur, it brightens the skin, helps relieve muscle tension and eases fatigue. A soothing application of yoghurt is then applied, leaving it soft, supple and rebalanced. The treatment is completed with a relaxing herbal bath.

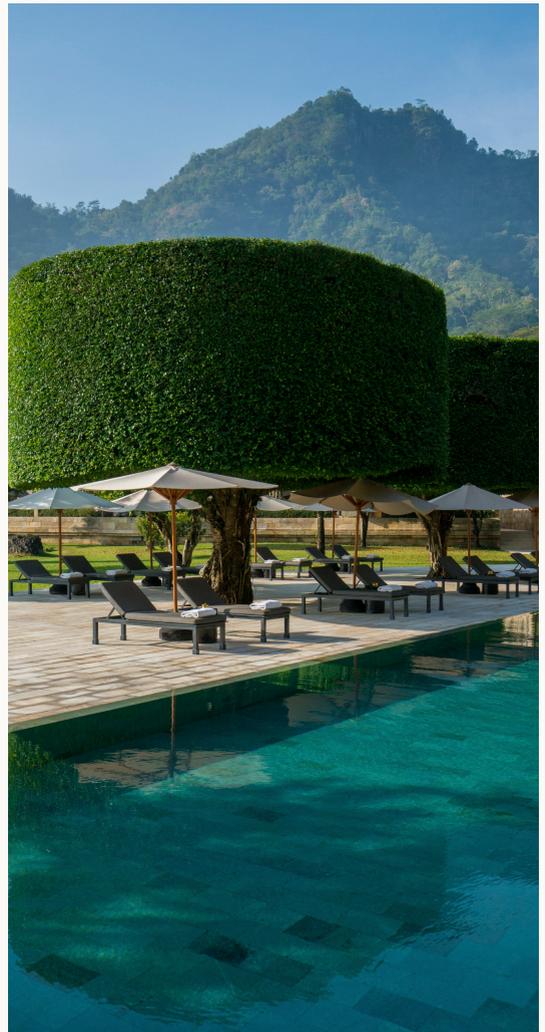
Prices are subject to 21% government tax & service charge.

Menus are subject to change based on seasonal availability of ingredients.

Lulur Hitam (black body scrub)

120 minutes, IDR 2,400,000

Acclaimed as the masculine version of Mandi Lulur, this treatment brings the body back to balance and equilibrium by stimulating the circulatory system. A relaxing massage is followed by an invigorating body scrub of black rice and coffee and completed with a warm herbal bath.





Amanjiwo
Desa Majaksingi, Borobudur, Magelang,
Central Java, Indonesia
amanjiwo@aman.com
(62) 293 788 333

aman.com