

A photograph of the Amanjiwo resort at sunset. In the foreground, a large, dark stone statue of a seated Buddha is visible, facing away from the camera towards the horizon. Behind the statue, several smaller, tiered stupas are arranged in a row. The background features a vast landscape with rolling hills and mountains under a sky filled with dramatic, orange and pink clouds at sunset.

AMANJIWO

Captivating Vesak Celebration at Amanjiwo

Introduction

Named 'Peaceful Soul' for the serenity of its setting in Central Java's cultural heartland, Amanjiwo celebrates this year's Vesak with curated experiences tailored to honour the most important day for Buddhists. From 25 to 28 May 2021, Amanjiwo invites guests to be part of a three-day cultural and spiritual event to immerse themselves in captivating experiences with Buddhist monks, inspiring lectures on the history of Gautama Buddha, and a 'Pradakshina' ceremony, led by a monk within the surrounding area of the world's largest and most spiritually resonant Buddhist monument, Borobudur.

During the stay at Amanjiwo, guests are served daily breakfast overlooking the striking vistas of Menoreh Hills creating memorable moments in the blissful surroundings.



25 May

Tuesday

12pm

Welcome to Amanjiwo

Central Java is Indonesia's cultural heartland, where art, culture and tradition in all its forms has been celebrated for centuries. Vesak, is a particular celebration, a day to commemorate the birth of Buddha and the day that he found his Enlightenment. Just minutes from Borobudur, Amanjiwo allows guests to fully immerse themselves in captivating experiences in the shadow of this intriguing monument.



5pm

Chanting with the monks at Amanjiwo Rotunda

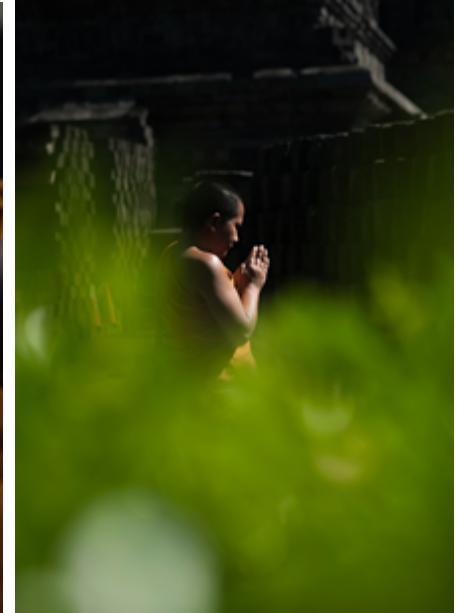
The experience commences with the presence of monks in the lobby of Amanjiwo who chant gracefully to show devotion to the Buddhist teachings.



6.30pm

Lecture on "The birth of Buddha" by Patrick Vanhoebrouck

In the evening, guests are invited to join 'The Birth of Buddha' lecture led by Amanjiwo's resident anthropologist, Patrick Vanhoebrouck, who has a deep understanding of Indonesian culture. He is passionate in sharing his vast knowledge of Borobudur and Javanese spirituality.



26 May

Wednesday

7am

Pradakshina - Surrounding
Borobudur with monks

As the sun rises on the horizon, join us for a walk around the Borobudur temple called 'Pradakshina' led by the monks from Veluvana Vihara. By walking silently around the monuments 3 – 7 times, the spiritual act assures you one treasure, peace of mind. Guests participating in this procession receive exclusive access to a Borobudur temple together with the monks.



3.30pm

Afternoon tea & lecture on "Buddha's Enlightenment, Nirvana" with Patrick Vanhoebrouck

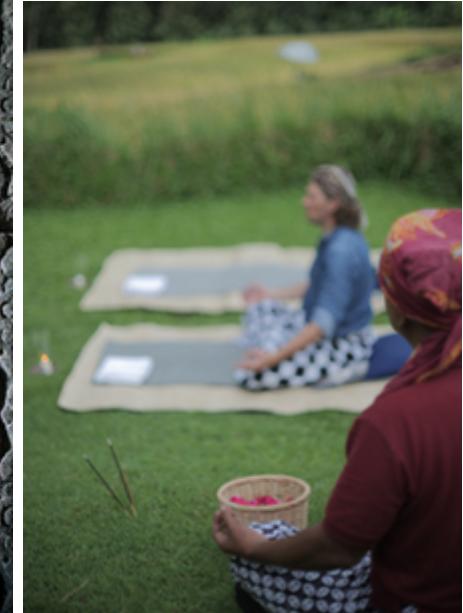
On the second day, Amanjiwo Resident Anthropologist will share his knowledge of Buddha's enlightenment and how it has become synonymous with self-realization, the true self and false self.



5pm

Semedi Meditation

Generations of Javanese spiritual and ascetic practitioners have performed this method of meditation, which is part of the Semedi lifestyle - attaining calmness and clarity of mind through perfecting one's life. Samadhi in ancient Sanskrit language means 'mental absorption' and was considered a yogic foundation for the understanding of truth. It is achieved by a series of exercises, which sequentially bring a practitioner through stages of breath optimization, mudra concentration, awareness meditation and calmness of body, spirit and mind.



26 May continued

Wednesday

7.30pm

Vesak Vegetarian Dinner with
recipes from Vihara Veluvana
monastery and Mahakarya Dance
Performance

The day continues with an exquisite Vesak vegetarian dinner with a special menu curated by the Veluvana Vihara's monks while enjoying the performance of the alluring Mahakarya Dance. As a form of gratitude, 10% from the dinner's profit will be donated to the Veluvana Vihara monastery.

Additional surcharge applies

9pm

Vesak ceremony and releasing of
lanterns from Amanjiwo main pool

To end the evening, guests are invited to take part to join a lantern release ceremony which symbolizes enlightenment for the entire world. This ritual is a way of cultivating one's mind which aims to achieve enlightenment. The lighting of lanterns is also meaningful as the attainment of pure thoughts.



27 May

Thursday

7.30am
Morning Yoga Class

In the morning, Amanjiwo welcomes guests for a yoga class by the Pool Club to align the mind, body, and soul. With its tranquil ambience and uplifting spirit, Amanjiwo is the ideal setting in which to experience the benefits of yoga.

3pm
Javanese Afternoon Tea followed by Amerta Galih Naga Sena

A healthy infusion of Javanese basil and local spices from the Menoreh Hills creates a soothing afternoon tea, served overlooking the famed UNESCO site, Candi Borobudur. After a refreshing afternoon tea, the experience continues with an Amerta Galih Naga Sena session. Amertha is a Javanese word meaning the 'nectar' or 'elixir' of life. Amertha sound practice is based on vibration of energy in daily life, singing, playing instruments, elevating, and flowing energy transitions in nature. Integral to Amertha, sound work is the aspect of meditation in nature as embodied study of human and non-human presence.

6.30pm
Lecture on "The Passing of the Buddha, Parinirvana" by Patrick Vanhoebrouck

Parinirvana describes Buddha's last day. Buddhists believed that Buddha reached a state of Parinirvana, which means Nirvana without end. It described the realm of the eternal true self of the Buddha.



28 May

Friday

7.30am

Semedi Meditation at Gubuk Sawah

On the final day, start the morning by once again performing Semedi Meditation to attain calmness and clarity of mind through perfecting one's life. This practice will be preceded by a 15-minute lecture on some of the core components of Javanese spirituality and a 45-minute meditation session.

9am

Breakfast

Enjoy your breakfast at leisure with views over rice fields to Borobudur and the volcano-fringed horizon.

12pm

Departure

After the team says goodbye, it is time for check out from Amanjiwo and transfer to Yogyakarta Airport for departure back home.

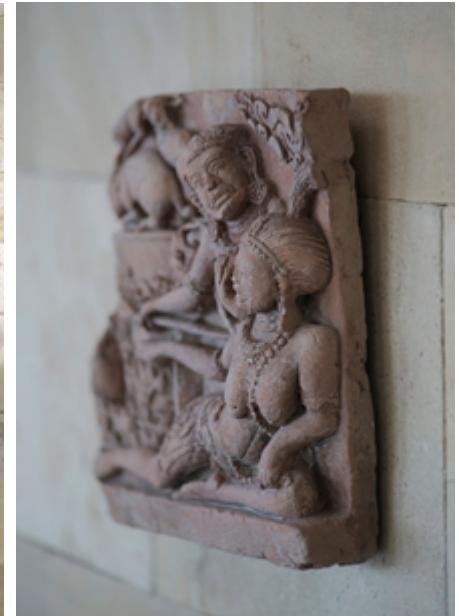
It may all feel like a dream. Just remember, it's never too early to start planning your next stay and share the good memories with your friends and family.



Veluvana Vihara

Veluvana Vihara is a Buddhist monastery founded in 1989 and established as a form of expression and dedication by the Venerable Y.A Ashin Jinarakkhitā Mahathera to Smaratungga College. It is a place for education and training for monks in the development of Buddhism in Indonesia.

Located in Boyolali, Central Java, the Veluvana Vihara complex consists of a Dharmasala, a boarding house for monks, and various other facilities to support it. The Vihara is the house of a pagoda dedicated to sangha teachers and elders including Y.A. Ashin Jinarakkhitā Mahathera (Relic), Y. A. Wiku Dewa Dharmaputra Mahasthavira, YES. Dharmasuryabhumi Mahathera, Y.A. Dharma Aji Uggadhammo Mahasthavira, and other elders of the Indonesian Supreme Sangha.



Captivating Vesak Celebration at Amanjiwo

With a three-night experience in this most inspiring location, guests are offered a fully immersive experience with the curated itinerary inspired by the spirit of Vesak. During the stay at Amanjiwo, guests are served daily breakfast overlooking the striking vistas of Menoreh Hills creating memorable moments in the blissful surroundings.

The celebration includes:

- Chanting with the monks
- Three lectures with Amanjiwo Resident Anthropologist, Patrick Vanhoebrouck
- Two Semedi Meditation sessions
- Pradakshina with monks
- Vegetarian dinner (*additional surcharge applies*)
- Lantern releasing
- Morning Yoga
- Amertha Galih Naga Sena





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