

AMANPULO

Festive Itinerary 2025



Welcome to Amanpulo

We are delighted to share the festive season with you here on our peaceful island, where we know you will create unforgettable memories with those you love in the Philippine sunshine.

Cherishing time spent together, our seasonal calendar invites you to fill your days with activities and experiences encouraging harmonious communion—from adventures exploring the natural beauty of our tropical paradise to cultural immersion and celebratory dining.

If you are interested in participating in any of the events listed across the coming pages, please do not hesitate to contact our experiences team. Dedicated to making the coming days as seamless as possible, the team is available to assist with any special requests.

Wishing you a joyful holiday season and a happy and healthy 2026.

Your Amanpulo family

Giving Back

Aman properties around the world are an integral part of the communities in which they are set, providing unique insight into the lives and needs of each community.

The Andres Soriano Foundation

Amanpulo is proud to support The Andres Soriano Foundation, dedicated to sustainably improving quality of life in rural Philippine communities by providing opportunities and resources. ‘Teaching minds, touching hearts, transforming lives’ is the advocacy of the Foundation, a mission that resonates with Amanpulo’s commitment to uplifting local communities.

To find out more about how you can donate to the typhoon calamity relief efforts in rebuilding damaged homes in Cuyo Island, or to join other fundraising activities, please contact your guest assistant.



DAILY ACTIVITIES

20 DECEMBER 2025 - 4 JANUARY 2026

Guided Snorkelling Expedition

DAILY

BEACH CLUB
09:00 | COMPLIMENTARY

Enjoy a snorkelling experience introducing the many prime sites around the island. Seats on the boat are limited; please arrive at least 15 minutes before the advised time. Registration begins one hour before the start time.

Filipino Merienda

DAILY (EXCEPT 25
& 31 DECEMBER)

CLUBHOUSE
15:00 | COMPLIMENTARY

Savour a traditional Filipino afternoon tea with a delicious spread of sweet and savoury snacks featuring local festive delicacies.

Aperitive & Pintxos

DAILY (31 DECEMBER)

BEACH CLUB
17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

FILIPINO CATHOLIC TRADITIONS

15 DECEMBER 2025 - 24 DECEMBER 2025

Simbang Gabi

WEST VILLA CLUBHOUSE
20:00

Guests are welcome to join the Amanpulo family in celebrating Simbang Gabi, a novena of dawn or evening Masses before Christmas, blending deep spirituality with festive community life.

25 DECEMBER 2025 AND 01 JANUARY 2026

Holy Mass on Christmas Day New Year's Day

ISLAND GROTTO
10:00

By the sea, the Holy Mass will be celebrated with reverence and thanksgiving. This gathering offers the faithful a moment of prayer and reflection.

SUNSET PINXTOS MENU

Daily, Beach Club

Spanish Tortilla

Manchego, Tortilla Con Patata

Pulpo Gallegos

Olive Oil Octopus

Iberico Ham

Dates, Mahon Cheese, Jamon Iberico

Bacalao Croquette

Salt Cod Fritter, Garlic Aioli

Patata Con Huevo

Salt Cod Fritter, Garlic Aioli

A La Carte

All prices are in Philippine Peso and subject to a 12% service charge and 12% government tax where applicable.

Please let us know if you have any allergies or special dietary requirements, or if you require any further information.

Our choice of suppliers and local produce – including fish, meat, dairy, fruits and vegetables – is informed by our commitment to sustainability.



REGULAR EVENTS

20 DECEMBER 2025

Water Meditation

WELLNESS

WEST VILLA POOL

07:00 | COMPLIMENTARY

Immerse in a guided water meditation session to calm the mind, ease stress and deepen your connection to the present moment.

Sushi Fun Roll

KIDS

LAGOON CLUB

10:30 | COMPLIMENTARY

Inspired by Japan's rich culinary tradition, our Sushi Fun Roll activity invites little ones to team up with our friendly chefs to get creative—rolling, laughing and crafting colourful bites of joy.

Jungle Scouts Adventure

KIDS

JUNGLE TRAIL

16:00 | COMPLIMENTARY

Embark on an adventure under the trees, where young explorers trek through obstacles, uncover wonders and learn the secrets of nature through discovery and teamwork.

REGULAR EVENTS

20 DECEMBER 2025

Caviar &
Champagne

CULINARY

ORGANIC FARM

17:30 | SURPLUS CHARGE

Indulge in elegance with the timeless pairing of caviar and Champagne, set against the lush backdrop of the island's organic farm.

Shabu Shabu
& Sukiyaki

CULINARY

LAGOON CLUB

18:30 | SURPLUS CHARGE

Immerse in Japan's culinary heritage with traditions that combine delicately sliced meats, seasonal vegetables and rich broths to create a warming, communal dining experience.

Yoga Under
the Stars

WELLNESS

PICNIC GROVE

19:00 | COMPLIMENTARY

Align your body's natural rhythm with the cosmos in Circadian Yoga under the stars—a serene, moonlit practice that harmonises breath, movement and the quiet magic of the night sky.

CAVIAR & CHAMPAGNE MENU

20 December, Organic Farm

CAVIAR

Baeri Imperial

10 grams, Italy

Sevruga Royal

10 grams, Italy

5,700

Oscietra Imperial

10 grams, Italy

CHAMPAGNE

Dom Pérignon

Chardonnay, Pinot Noir – 2013

Pol Roger Brut Réserve Cuvée

Chardonnay, Pinot Noir – NV

Comte De Montaigne Aman Cuvée

Pinot Noir - NV

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SHABU SHABU & SUKIYAKI MENU

20 December, Lagoon Club

Wagyu Chuck Roll

Australian, 250 grams

A4 Kagoshima Ribeye

Japanese, 250 grams

A4 Ibaraka Sirloin

Japanese, 250 grams

A5 Ohmi Sirloin

Japanese, 250 grams

Sukiyaki served with vegetables, tofu and warishita
Shabu Shabu served with vegetables, Goma Sauce, ponzu

Additional Wagyu Chuck

Australian, 100 grams

Additional A4

Japanese, 100 grams

Additional A4

Japanese, 100 grams

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REGULAR EVENTS

21 DECEMBER 2025

Dot the Universe

KIDS

KIDS CLUB

10:30 | COMPLIMENTARY

With dot art, little ones can imagine the universe as a canvas of stars—each dot a planet, comet or galaxy waiting to be discovered through their creativity.

Cosmic Memory Game

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

This game invites little ones to explore the wonders of space by matching stars, planets and galaxies.

Cocktail Making Class

CULINARY

CLUBHOUSE

17:00 | COMPLIMENTARY

Indulge in a luxurious afternoon of cocktail crafting alongside Amanpulo’s expert bartenders, where every shake and stir leads to discovery of new sips to savour.

Aperitive & Pintxos

CULINARY

BEACH CLUB

17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with our Aperitive & Pintxos, a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

REGULAR EVENTS

22 DECEMBER 2025

Space Quest

KIDS

KIDS CLUB

10:30 | COMPLIMENTARY

Little ones become young explorers navigating planets, solving cosmic puzzles and unlocking the mysteries of the universe through adventure and imagination.

Hatha Holiday

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

Hatha yoga offers a gentle yet powerful practice that harmonises breath and movement, inviting balance, clarity and calm into both body and mind.

Gravity Grip

SPORT

HANGAR

16:30 | COMPLIMENTARY

Elevate your adventure at the hangar, where our specialists will guide you as you climb a range of routes, tailored for both beginners and experts.

Aperitive & Pintxos

CULINARY

BEACH CLUB

17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with our Aperitive & Pintxos, a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

Beach Asado

CULINARY

BEACH CLUB

18:30 | SURPLUS CHARGE

Enjoy an authentic Argentinian-style beach asado, where premium cuts are expertly grilled over open flames and served against the backdrop of the sea.

BEACH ASADO MENU

22 December, Beach Club

BITES

Pan Con Tomate
Pickled Vegetables

STARTERS

Fresh Chorizo Sausage
Pumpkin & Queso Blanco Empanada
Grilled Prawn Skewers

MAINS

Slow Roasted Beef Short Rib
Grilled Picanha
Lamp Chop
Iberico Pork Secreto
Grilled Fish

Accompanied With
Roasted Vegetables, Roasted Potatoes, Green Salad, Chimichurri

Condiments
Spiced Vinegar, Atchara, Barbecue Sauce, Kalamansi Soy, Thai Seafood Sauce

DESSERT

Roasted Pineapple & Rum Coulis
Crème Catalan

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REGULAR EVENTS

23 DECEMBER 2025

Merry Mat Pilates

WELLNESS

AMAN SPA

07:00 | COMPLIMENTARY

Embrace the festive spirit with a 30-minute mat Pilates session that revitalises your body, uplifts your mood and brings a boost of energy to your holiday season.

Follow the Wind

SPORT

KITE & SURF CENTRE

10:00 | COMPLIMENTARY

Witness the thrill of kitesurfing as our specialist put on an aerial display, gliding across the water and soaring high into the air.

Twinkling Treats

KIDS

LIBRARY

12:00 | COMPLIMENTARY

Keep little ones happily engaged with a fun-filled cupcake decorating session by the pool.

Visiting Specialist Talk

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

A visiting specialist leads an insightful talk on wellness, offering guests the opportunity to deepen their understanding and explore meaningful steps toward a healthier lifestyle.

REGULAR EVENTS

23 DECEMBER 2025

Constellation
Jars

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

Spark wonder with a constellation jar activity, where little ones craft their own glowing galaxy, bringing the magic of the night sky to life through imagination.

Caviar &
Champagne

CULINARY

ORGANIC FARM

17:30 | SURPLUS CHARGE

Indulge in elegance with the timeless pairing of caviar and Champagne, set against the lush backdrop of the island's organic farm.

Enchanted
Forest

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

CAVIAR & CHAMPAGNE MENU

23 December, Organic Farm

CAVIAR

Baeri Imperial

10 grams, Italy

Sevruga Royal

10 grams, Italy

Oscietra Imperial

10 grams, Italy

CHAMPAGNE

Dom Pérignon

Chardonnay, Pinot Noir – 2013

Pol Roger Brut Réserve Cuvée

Chardonnay, Pinot Noir – NV

Comte De Montaigne Aman Cuvée

Pinot Noir - NV

(VG) Vegan

(D) Dairy

(N) Nuts

(G) Gluten

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REGULAR EVENTS

24 DECEMBER 2025

Pizza Making Class

KIDS

PICNIC GROVE

10:30 | COMPLIMENTARY

Let little ones become little chefs for the day as they roll dough, spread sauce and sprinkle toppings to create their own delicious pizzas with Amanpulo's chefs.

Reformer Class

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

Enjoy a dynamic and Reformer Pilates class that combines precise movement, core strengthening and mindful flow—designed to promote flexibility and balance. , *reservation is essential.*

Star Parol Making

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

Children are invited to join in the cherished Filipino Christmas tradition of crafting star-shaped ornaments, parols, from paper, symbolising hope and light.

Noche Buena

CULINARY

PICNIC GROVE

18:30 | SURPLUS CHARGE

Celebrate Christmas Eve with the beloved Filipino tradition of Noche Buena—a joyful feast of abundance and togetherness—while dining with toes in the sand, serenaded by the voices of the Amanpulo family's choir under the starlit sky.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

NOCHE BUENA MENU

24 December, Picnic Grove

BREAD STATION

Local and International Christmas Bread Selection

GRAZING TABLE

Aged Cheddar, Gruyere, Camembert, Boursin, Truffle Gouda, Prosciutto Cotto,
Prosciutto San Danielle, Salami Milano, Bresaola

SALAD BAR

Romaine Lettuce, Garden Rocket, Mizuna, Micro Greens,
Cucumber, Cherry Tomato, Asparagus, Pickled Vegetables, Capers,
Cornichons, Anchovy, Marinated Artichokes, Parmigiano Reggiano, Croutons, Olives

APPETIZERS

Pear, Walnut, and Blue Cheese Salad
Buckwheat Soba Salad
Roasted Pumpkin, Aged Balsamic
Zucchini Salad With Mint And Pinenuts
Three Bean Salad
Poached Seafood Salad
Beef Empanada
Adobo Steamed Buns
Lamb Vol Au Vents

PASTA

Baked Rigatoni
Classic and Cheese

All prices are in Philippine Peso and subject to a 12% service charge and 12% government tax where applicable.

Children 5 years and below enjoy complimentary meals, between 6-11 years old priced at 50%.

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NOCHE BUENA MENU

24 December, Picnic Grove

CHRISTMAS CARVING

Whole Turkey

Roasted Whole Duck

Rib Eye

Lamb Leg

Condiments – Mustard Dip, Sour Cream, Horseradish Cream, Red Wine Jus, Peppercorn Sauce, Mint Sauce, Chimichurri

FILIPINO

Beef Morcon, Porchetta, Embutido, Glazed Ham

WOK

Pancit Bihon, Pancit Guisado

Salted Fish Fried Rice

FISH MARKET GRILL

Slipper Lobster, Cuttle Fish, Squid,

Local Shrimp, Stuffed Bangus

SIDE DISH

Grilled Provençal Vegetables, Caramelized Brussel Sprouts, Potatoes Dauphinoise

CONDIMENTS

Infused Vinegar, Calamansi-fish Sauce, Filipino Sauce,

Spicy Thai Seafood Sauce, Chopped Chili, Calamansi, Atchara

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NOCHE BUENA MENU

24 December, Picnic Grove

FILIPINO DELICACY

Puto
Kutsinta
Suman
Pichi-Pichi
Sapin-Sapin
Puto Bumbong
Bibingka
Tikoy
Leche Flan

INTERNATIONAL DESSERT

Classic Choux Cream
Blueberry Cheesecake
Minced Pie
Lemon Tart
Tiramisu
Panna Cotta
Honey Cake

WHOLE CAKES

Christmas Stollen
Chocolate Buche De Noel
Red Velvet Yule Log
Pecan Pie
Carrot Cake
Black Forest Cake
Panettone
Apple Crumble

ICE CREAM CART

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REGULAR EVENTS

25 DECEMBER 2025

Reindeer Run

WELLNESS

BEACH CLUB BEACHFRONT

07:00 | COMPLIMENTARY

Begin Christmas morning with an energising 30-minute cardio run along the beach, where the peaceful shore sets the tone for wellness, reflection and festive celebration.

Santa's Arrival

KIDS

SURPRISE VENUE

10:30 | COMPLIMENTARY

As part of a cherished Amanpulo tradition, Santa Claus makes a surprise appearance, bringing gifts and holiday cheer to all. Please await further details from your guest assistant.

Gingerbread Decorating

KIDS

CLUBHOUSE

12:00 | COMPLIMENTARY

Little ones are invited to immerse in the festive spirit as they craft sweet masterpieces with icing and candy while sharing laughter, creativity and holiday cheer.

Compass Balance

WELLNESS

AMAN SPA

13:00 | COMPLIMENTARY

A visiting specialist leads a focussed balance and stability class, guiding guests through targeted movements designed to enhance coordination, core strength and physical confidence.

Junior Hobie Cat Sailing Workshop

KIDS

BEACH CLUB

16:00 | COMPLIMENTARY

Set sail into adventure where young sailors learn the ropes, ride the waves and build confidence on the water.

REGULAR EVENTS

25 DECEMBER 2025

Aperitive & Pintxos

CULINARY

BEACH CLUB

17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with our Aperitive & Pintxos, a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

Seven Fishes Christmas Feast

CULINARY

BEACH CLUB

18:30 | SURPLUS CHARGE

Savour a memorable island celebration with a specially curated dinner prepared by the Amanpulo's executive chef, Allan Kwan, showcasing exquisite flavours of the sea.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

CHRISTMAS FEAST OF SEVEN FISHES MENU

25 December, Beach Club

Frittelle Di Baccala

Fried Salt Cod Fritters ,Garlic Aioli

Hamachi Crudo

Orange, Esplette, Olives, Extra Virgin Olive Oil

Grilled Octopus

Chickpeas, Gremolata, Piquillo Peppers

Spaghetti Bottarga

Lemon, Breadcrumbs

Crab Ravioli

Acqua Pazza

Tuna Ventresca

Peppers, Onions, Capers

Grilled Barramundi

Corn Puree, Mushroom Ragu

Banana Tiramisu

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REGULAR EVENTS

26 DECEMBER 2025

Santa Squats

WELLNESS

AMAN SPA

07:00 | COMPLIMENTARY

Enjoy an adrenaline-fuelled morning with a 30-minute high-intensity workout led by a specialist, targeting gluteal and core strength.

Children's Swimming Class

KIDS

WEST VILLA CLUBHOUSE POOL

10:00 | COMPLIMENTARY

Make a splash with swimming lessons designed for little swimmers to build water confidence, learn essential skills and find fun in every stroke.

Merry Mat Pilates

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

Embrace the festive spirit with a mat Pilates session that revitalises your body, uplifts your mood and brings a boost of energy to your holiday season.

Space Scavenger Hunt

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

Young explorers are invited to navigate the cosmos of Pamalican Island, joining our mission is to uncover hidden cosmic treasure.



REGULAR EVENTS

26 DECEMBER 2025

Yakitori Specials

CULINARY

LAGOON CLUB

18:30 | SURPLUS CHARGE

Savour the harmonious blend of traditional Japanese cuisine with delicately grilled skewers and artfully prepared sushi, showcasing the finest seasonal ingredients and culinary craftsmanship.

Campfire Stories

KIDS

PICNIC GROVE BEACHFRONT

19:00 | COMPLIMENTARY

As waves whisper ashore and stars shimmer above, children are invited to gather by the campfire to hear enchanting tales of the guardians of the sky whose stories echo across the sea.

Moon Sound Bath

WELLNESS

BEACH CLUB

19:00 | COMPLIMENTARY

Immerse in a sound bath meditation, where therapeutic vibrations resonate beneath the soft glow of moonlight—promoting deep relaxation, emotional balance and a renewed sense of inner harmony.

YAKITORI SPECIALS MENU

26 December, Lagoon Club

Tebagyoza

Chicken Wings, Ground Chicken, Sweet Soy Glaze

Wagyu Sirloin

Yuzu Kosho

Salmon Belly

Teriyaki, Ginger, Lemon

Kagoshima Kurobuta

Togarashi

Ebi Sansho

Sweet Soy Glaze, Lemon

Tofu Dengaku

Miso Glaze, Leek

Yakitori Moriawase

Tsukune, Liver, Gizzard, Heart

A La Carte

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REGULAR EVENTS

27 DECEMBER 2025

Water Meditation

WELLNESS

WEST VILLA POOL
07:00 | COMPLIMENTARY

Immerse in a guided water meditation session to calm the mind, ease stress and deepen your connection to the present moment.

Freedive Flow

SPORTS

CLUBHOUSE POOL
10:00 | COMPLIMENTARY

Freediving reveals a world untouched, where the ocean welcomes you into its rhythm. In this session, join a visiting specialist to explore a practice that harmonises breath, movement and introduces the exhilarating sport of freediving.

Sushi Fun Roll

KIDS

LAGOON CLUB
10:30 | COMPLIMENTARY

Inspired by Japan's rich culinary tradition, our Sushi Fun Roll activity invites little ones to team up with our friendly chefs to get creative—rolling, laughing and crafting colourful bites of joy.

Visiting Specialist Talk

WELLNESS

AMAN SPA
15:00 | COMPLIMENTARY

A visiting specialist leads an insightful talk on wellness, offering guests the opportunity to deepen their understanding and explore meaningful steps toward a healthier lifestyle.

Amanpulo Tennis Club

SPORTS

MAIN TENNIS COURT
16:30 | COMPLIMENTARY

The stage is set for the annual Amanpulo tennis tournament. Who will emerge as the champion of the 2025 festive season and etch their name into the island's sporting history?

REGULAR EVENTS

27 DECEMBER 2025

Cocktail Making Class

CULINARY

CLUBHOUSE
17:00 | COMPLIMENTARY

Indulge in a luxurious afternoon of cocktail crafting alongside Amanpulo’s expert bartenders, where every shake and stir leads to discovery of new sips to savour.

Aperitive & Pintxos

CULINARY

BEACH CLUB
17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with our Aperitive & Pintxos, a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

Forest Dinner

CULINARY

SURPRISE VENUE
18:30 | SURPLUS CHARGE

Indulge in an extraordinary forest dinner on Pamalican Island, where nature’s canopy sets the stage for a culinary journey—surrounded by towering trees, ocean whispers and the magic of the wild under starlit skies.

Yoga Under the Stars

WELLNESS

PICNIC GROVE
19:00 | COMPLIMENTARY

Align your body’s natural rhythm with the cosmos in Circadian Yoga under the stars—a serene, moonlit practice that harmonises breath, movement and the quiet magic of the night sky.

Stargazing by the Beach

FAMILY

PICNIC GROVE BEACHFRONT
19:00 | COMPLIMENTARY

Observe the night sky through a Dobsonian telescope set on the shore, where the gentle sound of waves accompanies a captivating journey across constellations and celestial wonders.

FOREST DINNER MENU

27 December, Surprise Venue

CANAPES

Center Cut Smoked Salmon

Potato, Cream, Caviar

Tuna Ventresca

Puttanesca, Crostini

Wagyu Beef Tataki

Black Truffles, Sea Urchin

STARTER

Seared Scallops

Corn, Leeks, Potato, Corn Emulsion Nage

MAINS

Braised Veal Shank

Polenta, Mirepoix, Braising Liquid

DESSERT

Tasting of Chocolate

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Children 5 years and below enjoy complimentary meals, between 6-11 years old priced at 50%.

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REGULAR EVENTS

28 DECEMBER 2025

Festive Flow Yoga

WELLNESS

AMAN SPA

07:00 | COMPLIMENTARY

Embrace the festive spirit with a 30-minute flow yoga session that revitalises your body, uplifts your mood and brings a boost of energy to your holiday season.

Little Mixologists

KIDS

CLUBHOUSE

12:00 | COMPLIMENTARY

Join our fun-filled mocktail making class where kids become little mixologists, shaking up colourful, fruity creations while learning about flavours, teamwork and healthy choices.

Combined Workout

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

Engage in a structured workout designed to target various muscle groups, presented in the form of a fun, interactive game that promotes physical fitness and enjoyment.

Mini Astronomy Session

KIDS

PIC NIC GROVE

18:00 | COMPLIMENTARY

Discover the wonders of the universe in an engaging introduction to stars, planets and constellations designed to spark curiosity and awe in young stargazers.

REGULAR EVENTS

28 DECEMBER 2025

Aperitive & Pintxos

CULINARY

BEACH CLUB

17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with our Aperitive & Pintxos, a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

Filipino
Boodlefight

CULINARY

CLUBHOUSE

18:30 | SURPLUS CHARGE

Join us for a vibrant feast that celebrates camaraderie, culture and the joy of shared meals. Experience the local boodlefight style—where food is laid out on banana leaves and enjoyed together.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

FILIPINO BOODLEFIGHT MENU

28 December, Clubhouse

Ensalada

Tomato, Salted Egg, Sea Grapes

Lechon Baka

Roasted Beef Short Rib, Lemon Grass, Garlic

Liempo

Pinoy-style BBQ Pork Belly

Chicken Inasal

Marinated Chicken, Annatto Oil

Pinaputok Na Pusit

Stuffed Squid, Green Mango, Tomato, Onion

Sugpo

Grilled Sulu Sea Jumbo Prawn

Pancit Guisado

Chicken Liver, Carrots, Cabbage, Bihon Noodles

Mangga At Bagoong

Shrimp Paste

Grilled Vegetables

Eggplant, Okra

Garlic Rice

Jasmine

12,500 adult

6,250 child

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REGULAR EVENTS

29 DECEMBER 2025

Jungle Challenge

WELLNESS

JUNGLE TRAIL

07:00 | COMPLIMENTARY

Your morning fitness begins with a burst of energy as you tackle nature's trail, weaving through obstacles surrounded by lush greenery, all while soaking in vitamin D.

Eco Lantern Making

KIDS

KIDS CLUB

10:30 | COMPLIMENTARY

Little ones become creative heroes, turning recycled treasures into glowing masterpieces that light up the night and help save the planet.

Gravity Grip

SPORT

HANGAR

16:30 | COMPLIMENTARY

Elevate your adventure at the hangar, where our specialists will guide you as you climb a range of routes, tailored for both beginners and experts.

Paper Lantern Ceremony

KIDS

WEST VILLA POOL

18:30 | COMPLIMENTARY

Children light up the evening with joy and wonder during the paper lantern ceremony, a beautiful and memorable ritual that glows with colour and imagination.

Beach Asado

CULINARY

BEACH CLUB

18:30 | SURPLUS CHARGE

Enjoy an authentic Argentinian-style beach asado, where premium cuts are expertly grilled over open flames and served against the backdrop of the sea.

Moon Sound Bath

WELLNESS

BEACH CLUB

19:00 | COMPLIMENTARY

Immerse in a sound bath meditation, where therapeutic vibrations resonate beneath the soft glow of moonlight—promoting deep relaxation, emotional balance and a renewed sense of inner harmony.

BEACH ASADO MENU

29 December, Beach Club

BITES

Pan Con Tomate
Pickled Vegetables

STARTERS

Fresh Chorizo Sausage
Pumpkin & Queso Blanco Empanada
Grilled Prawn Skewers

MAINS

Slow Roasted Beef Short Rib
Grilled Picanha
Lamp Chop
Iberico Pork Secreto
Grilled Fish

Accompanied With
Roasted Vegetables, Roasted Potatoes, Green Salad, Chimichurri

Condiments
Spiced Vinegar, Atchara, Barbecue Sauce, Kalamansi Soy, Thai Seafood Sauce

DESSERT

Roasted Pineapple & Rum Coulis
Crème Catalan

12,500 adult
6,250 child

All prices are in Philippine Peso and subject to a 12% service charge and 12% government tax where applicable.

Children 5 years and below enjoy complimentary meals, between 6-11 years old priced at 50%.

Please let us know if you have any allergies or special dietary requirements, or if you require any further information.

Our choice of suppliers and local produce – including fish, meat, dairy, fruits and vegetables – is informed by our commitment to sustainability.



REGULAR EVENTS

30 DECEMBER 2025

Follow the Wind

SPORT

KITE & SURF CENTRE

10:00 | COMPLIMENTARY

Witness the thrill of kitesurfing as our specialist put on an aerial display, gliding across the water and soaring high into the air.

Pizza Making Class

KIDS

PICNIC GROVE

10:30 | COMPLIMENTARY

Let kids become little chefs for the day as they roll dough, spread sauce and sprinkle toppings to create their own delicious pizzas with Amanpulo's chefs.

Candy Cane Crunches

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

Power through an intense ab workout designed to ignite your core, providing the perfect balance to the season's indulgences.

Cosmic Memory Game

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

This game invites little ones to explore the wonders of space by matching stars, planets and galaxies.

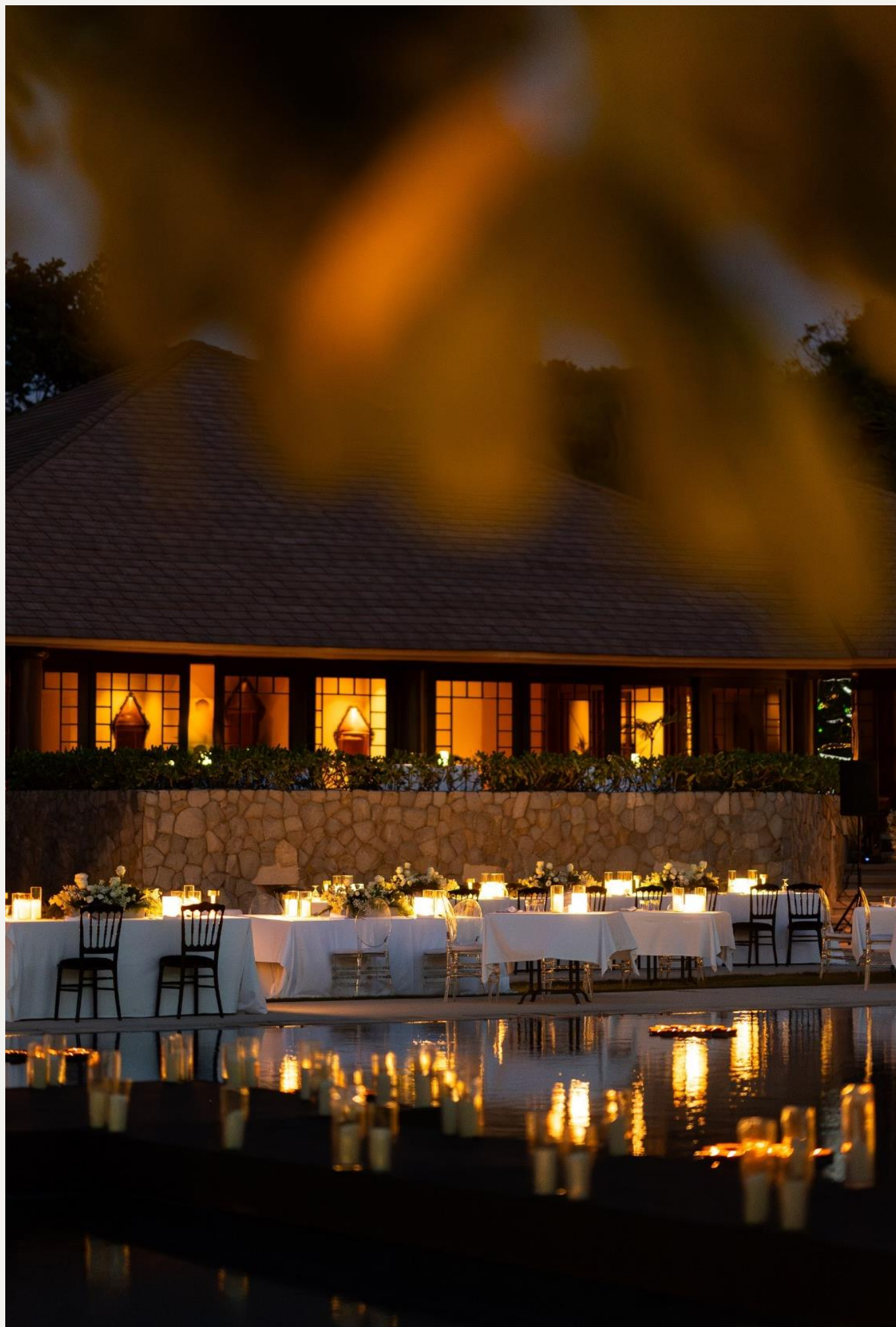
Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.



REGULAR EVENTS

31 DECEMBER 2025

Festive Flow Yoga

WELLNESS

AMAN SPA

07:00 | COMPLIMENTARY

Embrace the festive spirit with a 30-minute flow yoga session that revitalises your body, uplifts your mood and brings a boost of energy to your holiday season.

Party Hats Craft

KIDS

KIDS CLUB

10:30 | COMPLIMENTARY

To get into the spirit of the evening's grand celebration, children joyfully design and decorate party hats, each one bursting with creativity and festive flair.

Visiting Specialist Talk

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

A visiting specialist leads an insightful talk on wellness, offering guests the opportunity to deepen their understanding and explore meaningful steps toward a healthier lifestyle.

REGULAR EVENTS

31 DECEMBER 2025

Resolution Tree

KIDS

ORGANIC FARM

16:00 | COMPLIMENTARY

In a joyful outdoor setting, children learn about New Year's resolutions through engaging activities that spark reflection and a fresh sense of purpose for the year ahead.

Cocktails with Amanpulo's General Manager

CULINARY

LAGOON CLUB

18:30 | COMPLIMENTARY

To mark the beginning of the evening, guests are invited to a cocktail reception set against the breathtaking panorama of the sea hosted by the General Manager, where the sea breeze and twilight horizon will set the tone for the festivities ahead.

New Year's Eve Dinner & Countdown

CULINARY

CLUBHOUSE

19:30

Celebrate the final moments of 2025 with a bountiful feast of the finest flavours from around the world and a plethora of live entertainment. The evening's spectacular show will lead to the countdown and a midnight toast to the New Year. Dance the night away at the after-party in the Beach Club.

NEW YEAR'S EVE GALA MENU

31 December, Clubhouse

BREAD STATION

Baguette, Sour Dough, Zopf, Soft Roll, Multi Grain Roll, Tomato Herbs Focaccia, Grissini

SALAD BAR

Garden Rocket Leaves, Romaine Lettuce, Mesclun, Micro Greens, Cucumber, Cherry Tomatoes, Asparagus, Pickled Vegetable, Artichokes, Capers, Cornichons, Anchovy, Parmesan, Croutons, Olives
Dressing – House, Soy Sesame, Raspberry, French, Caesar, Balsamic Vinaigrette

APPETIZERS

Thai Beef Salad
Beet Salad with Goat cheese
Potato Espuma with prosciutto chips, bousin cheese
Marinated Seafood Salad
Thai Style Pomelo Salad with Soft Shell Crab
King Crab Salad with Tobiko
Ensalada Filipina

DIM SUM

Shrimp with Tobiko, Pork, Vegetarian, Lobster

BALUT

Infused Vinegar, Chili Salt Egg

CAVIAR BAR

Ossetra, Beiri, Ikura, Flying Fish
Blini, Classic Condiments

SEAFOOD BAR

Manamoc Clams, Capiz Scallops, Tiger Shrimp,
Snow Crab, Mussels, Slipper Lobster
Lato, Tambalang, Cocktail Sauce

SUSHI

Sushi, Sashimi, Nigiri, Gunkan, Temaki, Maki, Onigiri

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Children 5 years and below enjoy complimentary meals, between 6-11 years old priced at 50%.

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NEW YEAR'S EVE GALA MENU

31 December, Clubhouse

DELICATESSEN

Manchego, Reblochon, Parmigiano, Hot Pepper Gouda, Pecorino Toscano, Ash Goat
Jamon Iberico 100% Torres de Briz , Prosciutto San Daniele, Coppa de Beouf, Chorizo, Lomo, Soppresata
Mixed pitted Olives, Cornichons, Gherkins, Grapes, Nuts, Crispy Bread, Mustard,

FILIPINO

Okoy, Lumpia, Pancit Palabuk, Beef Kaldereta
Lumpia Sariwa to order
Pares Mami Noodles

PASTA

Cacio e Pepe with Truffles
Tajarin with French Butter and Tuffles

TEMPURA

Asparagus, Lotus Root, Shitake, Prawns, Salmon,
Squid, Kisu, Karaage, Kaki-Age

GRILL

Wagyu Beef Ribeye
Porchetta
Rotisserie Chicken
Tandoori Gobi 'Cauliflower'

PAMALICAN SURF & TURF

Lechon & Manamoc Grilled Seafood
Liver Sauce, Chimichurri,
Sauce Choron Dairy, Egg, Infused Soy Sauce, Spiced Vinegar, Atchara

WOK

Stir-fried Rice
Yeung Zhou, Salted Fish
Stir-fried Noodles
Kwey Teow, Pad Thai

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NEW YEAR'S EVE GALA MENU

31 December, Clubhouse

DESSERT

Apple Cinnamon Crumble Tart
Salted Caramel Tart
Jivara & Hazelnut Torte
Lemon Tart
Mini Éclair
Mango & Passion Velvet
Forest Berries Pavlova
Orizava
Mince Pie
Tropical Fruit Pavlova

BILAO DESSERTS

Salted Egg Puto, Coconut Kutsinta, Suman Malagkit, Pitchi Pitchi
Sapin Sapin, Palitaw, Bibingka, Brazo De Mercedes, Ube Macapuno, Swiss Roll

WHOLE CAKES

Tiramisu Yule Log
Berries Cheesecake
Strawberry Short Cake
Chocolate Fudge
Black Forest
Opera
Carrot
Apple Tarte Tatin
Red Velvet Frosted

VERRINES

Sesame Panna Cotta, Orange Confit Gelee, Crème Brulee, Strawberry & Hibiscus Panna Cotta
Cherry Bavaois, Mousse De Myrtille, Chocolate Namaleka, Mango Eton Mess

LIVE STATION

Chocolate Fountain, Cotton Candy, Popcorn

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REGULAR EVENTS

1 JANUARY 2026

Reformer Class

WELLNESS

AMAN SPA

15:00 | COMPLIMENTARY

Enjoy a dynamic and Reformer Pilates class that combines precise movement, core strengthening and mindful flow—designed to promote flexibility and balance. , *reservation is essential.*

Pop the Pinata

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

Little ones take turn in swinging and aiming at the colourful pinata to release a shower of candy and surprises, turning the moment into one of pure celebration.

Cocktail Making Class

CULINARY

CLUBHOUSE

17:00 | COMPLIMENTARY

Indulge in a luxurious afternoon of cocktail crafting alongside Amanpulo's expert bartenders, where every shake and stir leads to discovery of new sips to savour.

Caviar & Champagne

CULINARY

ORGANIC FARM

17:30 | SURPLUS CHARGE

Indulge in elegance with the timeless pairing of caviar and Champagne, set against the lush backdrop of the island's organic farm.

REGULAR EVENTS

1 JANUARY 2026

Long Life Noodles

CULINARY

CLUBHOUSE

18:30 | SURPLUS CHARGE

Guests are invited to a delightful dinner featuring long life noodles to honour Asian tradition and celebrate longevity, with each strand symbolising health, happiness and a prosperous year ahead.

Drive In Movie Night

FAMILY

HANGAR

19:00 | COMPLIMENTARY

From the island's club cars, little ones can sit back and unwind under the night sky with a magical movie in a breathtaking outdoor venue.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

LONG LIFE NOODLES MENU

1 January, Clubhouse

Japanese Ten Zaru

Buckwheat Noodles, Shrimp Tempura, Chilled Mentsuyu

Chinese Yi Mein

Flat Chives, Shiitake Mushrooms, Carrots, Oyster Sauce

Shrimp Yi Mein

Jumbo Local Shrimp, Flat Chives, Carrots, Oyster Sauce

Wagyu Japchae

Wagyu Ribeye, Sesame Oil, Carrots, Bean Sprouts

A La Carte

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CAVIAR & CHAMPAGNE MENU

1 January, Organic Farm

CAVIAR

Baeri Imperial

10 grams, Italy

5,000

Sevruga Royal

10 grams, Italy

5,700

Oscietra Imperial

10 grams, Italy

6,700

CHAMPAGNE

Dom Pérignon

Chardonnay, Pinot Noir – 2013

4,600

Pol Roger Brut Réserve Cuvée

Chardonnay, Pinot Noir – NV

2,700

Comte De Montaigne Aman Cuvée

Pinot Noir - NV

2,900

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REGULAR EVENTS

2 JANUARY 2026

Compass Balance

WELLNESS

AMAN SPA

07:00 | COMPLIMENTARY

A visiting specialist leads a focussed balance and stability class, guiding guests through targeted movements designed to enhance coordination, core strength and physical confidence.

Freedive Flow

SPORTS

WEST VILLA POOL

10:00 | COMPLIMENTARY

Freediving reveals a world untouched, where the ocean welcomes you into its rhythm. In this session, join a visiting specialist to explore a practice that harmonises breath, movement and introduces the exhilarating sport of freediving.

Galaxy in a Jar

KIDS

KIDS CLUB

10:30 | COMPLIMENTARY

Spark wonder with a constellation jar activity, where kids craft their own glowing galaxy, bringing the magic of the night sky to life through imagination.

Junior Hobie Cat Sailing

KIDS

BEACH CLUB

16:00 | COMPLIMENTARY

Set sail into adventure where young sailors learn the ropes, ride the waves and build confidence in the water.

REGULAR EVENTS

3 JANUARY 2026

Children's Swimming Class

KIDS

WEST VILLA CLUBHOUSE POOL
10:00 | COMPLIMENTARY

Make a splash with our swimming lessons designed for little swimmers to build water confidence, learn essential skill and find fun in every stroke.

Little Mixologists

KIDS

CLUBHOUSE
12:00 | COMPLIMENTARY

Join our fun-filled mocktail making class where kids become little mixologists, shaking up colourful, fruity creations while learning about flavours, teamwork and healthy choices.

Merry Mat Pilates

WELLNESS

AMAN CLUB
15:00 | COMPLIMENTARY

Embrace the festive spirit with a mat Pilates session that revitalises your body, uplifts your mood, and brings a boost of energy to your holiday season.

Space Quest

KIDS

KIDS CLUB
16:00 | COMPLIMENTARY

Little ones become young explorers navigating planets, solving cosmic puzzles and unlocking the mysteries of the universe through adventure and imagination.



REGULAR EVENTS

3 JANUARY 2026

Aperitive & Pintxos

CULINARY

BEACH CLUB

17:30 | SURPLUS CHARGE

As the sun sets over the sea, enjoy a tranquil moment with our Aperitive & Pintxos, a soulful Spanish tradition enveloped in coastal elegance and Mediterranean charm.

Filipino Boodlefight

CULINARY

CLUBHOUSE

18:30 | SURPLUS CHARGE

Join us for a vibrant feast that celebrates camaraderie, culture and the joy of shared meals. Experience the local boodlefight style—where food is laid out on banana leaves and enjoyed together.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature’s secrets under the stars.

FILIPINO BOODLEFIGHT MENU

3 January, Clubhouse

Ensalada

Tomato, Salted Egg, Sea Grapes

Lechon Baka

Roasted Beef Short Rib, Lemon Grass, Garlic

Liempo

Pinoy-style BBQ Pork Belly

Chicken Inasal

Marinated Chicken, Annatto Oil

Pinaputok Na Pusit

Stuffed Squid, Green Mango, Tomato, Onion

Sugpo

Grilled Sulu Sea Jumbo Prawn

Pancit Guisado

Chicken Liver, Carrots, Cabbage, Bihon Noodles

Mangga At Bagoong

Shrimp Paste

Grilled Vegetables

Eggplant, Okra

Garlic Rice

Jasmine

12,500 adult

6,250 child

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REGULAR EVENTS

4 JANUARY 2026

Water Meditation

WELLNESS

WEST VILLA POOL

07:00 | COMPLIMENTARY

Immerse in a guided water meditation session to calm the mind, ease stress and deepen your connection to the present moment.

Pizza Making Class

KIDS

PICNIC GROVE

10:30 | COMPLIMENTARY

Let kids become little chefs for the day as they roll dough, spread sauce and sprinkle toppings to create their own delicious pizzas with Amanpulo's chefs.

Space Scavenger Hunt

KIDS

KIDS CLUB

16:00 | COMPLIMENTARY

Young explorers are invited to navigate the cosmos of Pamalican Island, joining our mission is to uncover hidden cosmic treasure.

Beach Asado

CULINARY

BEACH CLUB

18:30 | SURPLUS CHARGE

Enjoy an authentic Argentinian-style beach asado, where premium cuts are expertly grilled over open flames and served against the backdrop of the sea.

Enchanted Jungle

WELLNESS

JUNGLE TRAIL

19:00 | COMPLIMENTARY

As twilight settles over the canopy, an evening jungle trail invites you into a world of hushed rustling, nocturnal wildlife and the quiet thrill of discovering nature's secrets under the stars.

BEACH ASADO

4 January, Beach Club

BITES

Pan Con Tomate
Pickled Vegetables

STARTERS

Fresh Chorizo Sausage
Pumpkin & Queso Blanco Empanada
Grilled Prawn Skewers

MAINS

Slow Roasted Beef Short Rib
Grilled Picanha
Lamp Chop
Iberico Pork Secreto
Grilled Fish

Accompanied With
Roasted Vegetables, Roasted Potatoes, Green Salad, Chimichurri

Condiments
Spiced Vinegar, Atchara, Barbecue Sauce, Kalamansi Soy, Thai Seafood Sauce

DESSERT

Roasted Pineapple & Rum Coulis
Crème Catalan

12,500 adult
6,250 child

All prices are in Philippine Peso and subject to a 12% service charge and 12% government tax where applicable.

Children 5 years and below enjoy complimentary meals, between 6-11 years old priced at 50%.

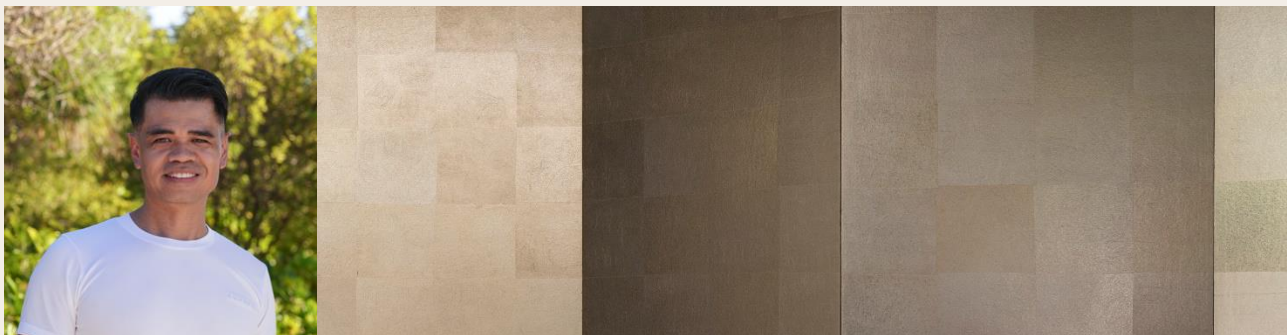
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Resident and Visiting Specialists



Our resident Fitness Manager, Elmer Munar, is a certified Personal Trainer and Group Fitness Instructor incorporating different modalities. He specializes in fat loss, toning, strength and endurance training, body conditioning Yoga, Mat Pilates and mobility training

Elmer is also an experienced holistic Thai Massage stretch therapist, incorporating elements of Thai massage and yoga. Holistic manual stretching can be included in a fitness session or as a stand-alone treatment to alleviate muscle tightness or body pain.

ELMER MUNAR RESIDENT FITNESS SPECIALIST

Inner Balance Massage

This specialised approach blends neuromuscular, deep tissue, and myofascial therapy to restore balance in the body and mind while supporting the nervous system. Customized to target specific areas, it helps release tension, clear trauma, and ease discomfort in muscles, connective tissues, and the emotional body.

Holistic Thai Massage Stretch

This massage stretch combines stretching and pressure point techniques to support joint function, leaving the body revitalised and pain-free. Ideally incorporated within a workout, or as a treatment after long travel and extended sitting or standing, the stretch helps relieve sore muscles, alleviate back pain, improve circulation, and enhance flexibility.

Blading and Cupping Mobility Therapy

Move better and feel better. Blade and Mobility pods are used to treat soft tissues, myofascial and muscles by various direct compressive stroke and techniques while improving blood flow, decreasing pain and increasing mobility around the joints. Massage and stretch are also incorporated to relax the muscle tissues and restore movement patterns.

Cold Immersion Therapy

Discover the invigorating benefits of cold plunging through a carefully guided process at the spa's private suite. The therapy aims to enhance recovery, boost immunity, and heighten mental clarity. It starts with yoga and breathwork, then cold plunge at 4-15°C per your comfort, followed by 1-3 steam room cycles. (30 minutes)

Yoga and Meditation

Yoga is a practice that harmonizes the body, mind and soul through the means of various breathing techniques, postures and movements, relaxation and concentration, self-inquiry and meditation. Benefits include improvement in posture, balance, flexibility, muscle strength, breathing, circulation, increased energy and deeper sleep.

Personal and Group Training Programs

Personalised one-on-one and group fitness programs designed to meet your specific wellness goals incorporating mat Pilates, Bosu, battle rope, Tabata boot camo, kettle ball, circuit training.

Pricing and Session Times

Inner Balance Massage

Php 10,000++ (60 minutes)

Php 12,500++ (90 minutes)

Individual Fitness, Pilates, Yoga

Php 8,000++ (60 minutes)

Php 10,500++ (90 minutes)

Holistic Thai Massage Stretch

Php 10,000++ (60 minutes)

Php 12,500++ (90 minutes)

Couples Fitness, Pilates, Yoga

Php 9,500++ (60 minutes)

Php 12,000++ (90 minutes)

Blading and Cupping Mobility Therapy

Php 10,000++ (60 minutes)

Php 12,500++ (90 minutes)

Group Fitness, Pilates, Yoga

Php 4,000++ (60 minutes)

Php 5,500++ (90 minutes)

*3-6 persons, priced per person

All sessions are subject to availability and advance reservations are essential to secure your reservation. Late cancellations (within four hours of session time) will be subject to a 100% charge. No-shows will be charged at 100% of the session price. Prices are subject to 12% service charge and 12% government taxes where applicable.



Tricia Tee is an acclaimed wellness practitioner specialising in Seifu therapy, a gentle yet powerful natural healing technique from Japan. By lifting the skin along meridian points, Seifu promotes circulation, oxygenation and cellular rejuvenation. It supports immunity, relieves stress, pain and insomnia. As a natural beauty therapy, Seifu also revitalises the skin and enhances hydration.

As a sound therapist, Tricia integrates her expertise to enhance holistic healing for the body, mind and soul. This approach was developed to complement and maximise each guest's overall wellbeing, offering a balanced and deeply restorative experience

TRICIA TEE VISITING WELLNESS SPECIALIST

20 December 2025 to 5 January 2026

Reawakening Body Cell/Facelift with Seifu and Tuning Forks

Discover the power of Seifu and Tuning Forks—two gentle, non-invasive techniques designed to rejuvenate your skin and restore your body's natural balance. Through the Seifu Lift and the harmonious frequency of Tuning Forks, your cells are activated to deliver a natural facelift effect, stimulate collagen production, and visibly reduce wrinkles and pigmentation. By restoring acupressure points, meridians, and lymphatic flow, these therapies enhance well-being, boost energy, and reveal radiant beauty through balance.

5 Elements Balancing Therapy with Seifu, Scent and Sound Therapy for Full Body Healing

Seifu therapy can be complemented by activating the five senses. The beauty of sound healing with singing bowls—an ancient therapy—helps deeply relax and restore both body and mind. The vibrations produced by the bowls travel through the body, which is composed of about 60% liquid, driving energy into every cell. This resonance heals at a cellular level, bringing deep relaxation and mental clarity.

Personalised Sound Bath

We are living in a state of constant distraction, focused on the needs of others. Now is the time to honor your own needs in a space designed uniquely for you. Each session begins with a personal consultation and chakra check to understand your current energy state. Using a combination of Tibetan bowls, tuning forks, chakra chimes, Koshi chimes, and a rainstick, Tricia creates a nurturing soundscape that encourages deep relaxation, emotional release, and energetic harmony.

Sound Healing with Singing Bowl and Tuning Forks

This session is a pure sound healing experience, a vibrational cleanse for body and mind. It begins with cellular detox through the soothing vibrations of singing bowls, releasing stagnant energy and tension. Tuning forks then deepen cellular healing, guiding your body's natural vibration back into harmony through resonance and entrainment. The session concludes with warm hot bowl therapy, allowing the body to absorb lingering vibrations while encouraging circulation, grounding, and total relaxation.

Pricing and Session Times

Reawakening Body Cell/Facelift with Seifu and Tuning Forks

Php 13,920++ (50 minutes)

5 Elements Balancing Therapy with Seifu, Scent and Sound Therapy

Php 20,880++ (90 minutes)

Sound Healing with Singing Bowl and Tuning Forks

Php 11,600++ (60 minutes)

Personalised Sound Bath

Php 10,440++ (50 minutes)

Group Sound Bath

Php 6,960++ (50 minutes)

Php 8,700++ (90 minutes)

*maximum of 5 persons

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Citadel is a premier movement specialist. With nearly a decade of experience in the pharmaceutical industry, she combines a deep understanding of anatomy and physiology with a refined, holistic approach to movement.

She has cultivated a distinguished career in therapeutic movement. She brings a rare blend of clinical expertise and luxury wellness experience, integrating advanced modalities including Lymphatic Therapy Levels 1-3, ISBT Bowen Therapy Levels 1-3, Yoga Rehab Levels 1-2, Dual Zone Myofascial Rehab, Pelvic Rehabilitation, Scoliosis and Spinal Conditioning, Medical and Kinesiology Taping, Theragun Therapy, and Cupping.

CITADEL BERNARDO VISITING WELLNESS SPECIALIST

24 December 2025 to 8 January 2026

Yoga

A curated experience of poise and presence, where every movement cultivates strength and serenity in harmonizing the body and mind, offering refined wellness, inner clarity, and graceful vitality.

Mat Pilates

A refined journey of strength and grace: sculpt your body, align with balance, and embrace a sophisticated practice designed to refine your form, awaken your energy, and elevate your mind through mindful, elegant movement.

Reformer Pilates

Indulge in the ultimate Pilates experience—Reformer, Cadillac, Chair, and Barrel—where each movement is designed to strengthen, lengthen, and perfect your body with precision and elegance, showcasing the art of Pilates at its finest through tailored resistance, flawless alignment, and mindful, luxurious motion.

Manual Lymphatic Therapy

This is a gentle technique that stimulates natural lymph flow, reduces fluid retention, and supports detoxification. With precise, rhythmic movements, it enhances circulation, calms the nervous system, and promotes clarity and balance—ideal for wellness, recovery, and aesthetic care.

Advanced Manual Lymphatic Therapy – Head and Neck

This uses gentle, precise techniques to support fluid drainage, reduce congestion, and restore tissue balance. Ideal for puffiness, sinus tension, post-aesthetic swelling, or stagnation, it enhances circulation, boosts immune function, and promotes a lifted, refreshed appearance with profound clarity and rejuvenation.

Bowen Therapy

A gentle bodywork method using subtle rolling movements to release tension, restore alignment, and promote relaxation—supporting pain relief, stress reduction, and overall balance for all ages.

Pricing and Session Times

Individual Fitness, Pilates, Yoga

Php 8,000++ (60 minutes)

Php 10,500++ (90 minutes)

Couples Fitness, Pilates, Yoga

Php 9,500++ (60 minutes)

Php 12,000++ (90 minutes)

Group Fitness, Pilates, Yoga

Php 4,000++ (60 minutes)

Php 5,500++ (90 minutes)

*3 – 6 persons, priced per person

All sessions are subject to availability and advance reservations are essential to secure your reservation. Late cancellations (within four hours of session time) will be subject to a 100% charge. No-shows will be charged at 100% of the session price. Prices are subject to 12% service charge and government taxes where applicable.



Naz is a trauma informed and mental health aware, multi-style Yoga and holistic practices instructor, mindfulness and breath-work coach and a cold immersion therapy and sound healing facilitator and wellness speaker and concept designer.

Central to her approach is trauma informed and mental health aware practices, creating a nurturing environment where participants can authentically explore their mind-body without fear of judgment.

Her classes serve as a space for self-discovery, encouraging students to connect with their bodies and thoughts. Her goal is to facilitate clear communication with oneself and the world, fostering an honest narrative and genuine connections.

NAZ NEKOUDEST VISITING WELLNESS SPECIALIST

26 December 2025 to 30 December 2025

Vital Breathwork & Movement for Energy

A revitalizing practice combining intentional breathwork with fluid, functional movement to awaken your vitality, clear stagnant energy, and uplift your whole system.

Yoga and Mobility

A holistic view on our movement and range of motion. Not just in the body, but in the mind and spirit. A grounding blend of yoga and mobility training designed to improve flexibility, joint health, and overall ease of movement. Supportive for all bodies and levels.

Yoga for Tension Release

A soothing, trauma-informed class focusing on releasing muscular and emotional tension through mindful stretching, breath awareness, and slow, supported postures

Pranayama, Yoga Nidra & Sound Bath Healing

HealingA deep restorative journey beginning with guided breathwork, flowing into Yoga Nidra (yogic sleep), and closing with a therapeutic sound bath to reset the nervous system

Sound & Breath Meditation

A calming meditation combining conscious breathing with healing sound frequencies to quiet the mind, reconnect you to presence, and cultivate inner spaciousness.

Pricing and Session Times

Individual Fitness

Php 8,000++ (60 minutes)

Php 10,500++ (90 minutes)

Couples Fitness

Php 9,500++ (60 minutes)

Php 12,000++ (90 minutes)

Group Fitness

Php 4,000++ (60 minutes)

Php 5,500++ (90 minutes)

*3 - 6 persons, priced per person

All sessions are subject to availability and advance reservations are essential to secure your reservation. Late cancellations (within four hours of session time) will be subject to a 100% charge. No-shows will be charged at 100% of the session price. Prices are subject to 12% service charge and government taxes where applicable.



Warner is a certified instructor by the International Kitesurfing Organization and is currently a member of the Philippine Kite Surfing Team. He is a 6-time champion titleholder and is the Top 6 kite surfer in Asia. With 11 years experience in this extreme sport, he brings a wealth of knowledge and skills to share with his students. He is based in Boracay where he trains enthusiasts from around the world.

Jing is a dedicated kitesurfing instructor with 14 years of experience in water sports. He is proficient in swimming, water safety, open water diving, windsurfing, kite surfing, and foil surfing. He is a certified instructor by the International Kitesurfing Organization (IKO). He is also a certified open water diver by Professional Technical and Recreational Diving (ProTech). He co-founded the Cuyo Water Sports Association and continues to contribute to its growth and development as the current President of the organization.

JING TABANGAY VISITING KITESURFING SPECIALIST
10 December 2025 to 15 January 2026

WARNER JANOYA VISITING KITESURFING SPECIALIST
23 December 2024 to 15 January 2024

Amanpulo Kite and Surf Centre

Endowed with a crystal-clear shallow lagoon offering strong, consistent winds, Amanpulo is a sailor's paradise and a kite and wind surfer's dream. The Amanpulo Kite and Surf Centre (AKSC) welcomes riders of all abilities, from complete beginners to seasoned pros, and is equipped with high quality professional gear and staffed by certified instructors and experts. The AKSC is open seasonally during the Amihan monsoon season.

From the Sea to the Sky

Jing and Warner are committed to creating a safe and enjoyable environment for students to master the waves and take to the air confidently. Their expertise in kite control, water safety, and equipment maintenance ensures a thorough learning experience for all students.

First Flight: An Introduction to Kitesurfing

Designed for complete beginners, this three-day programme offers guided instruction in kitesurfing fundamentals—from wind theory and safety to equipment setup and in-water techniques. The highlight is the water start, where students ride the board powered by the kite—a thrilling milestone in their journey.

Pricing and Session Times

Single Class (2 hours)
USD 400++

Couples Class (2 hours)
USD 600++

Coaching Class (1 hour)
USD 150++

Instructor Assistance (1 hour)
USD 150++

Equipment Rental (2 hours)
USD 200++

Equipment Rental (6 hours)
USD 200++

First Flight: An Introduction to Kitesurfing (3 days, 2 hours per day)
USD 950++

All sessions are subject to availability and advance reservations are essential to secure your reservation. Late cancellations (within four hours of session time) will be subject to a 100% charge. No-shows will be charged at 100% of the session price. Prices are subject to 12% service charge and 12% government taxes where applicable.



A national record holder for free immersion at 52 meters, Lady has been a competitive freediver for over 8 years. She is a certified Molchanovs Wave 2 Instructor and RAID Advanced Freediving Instructor.

Mikaela is a professional free diving instructor certified under both Molchanovs and the International Association for the Development of Apnea (AIDA). She is a four-time Philippine National Record Holder and member of Philippine Pool Freediving team.

LADY LISONDRA VISITING FREEDIVING SPECIALIST
20 December 2025 to 04 January 2026

MIKAELA CONCEPTION VISITING FREEDIVING SPECIALIST
20 December 2025 to 04 January 2025

Freediving

Descend into the ocean's embrace with nothing but a single breath—freediving is a rare blend of adventure and tranquility, inviting you to explore the underwater world in its purest form. More than just a sport, it's a meditative experience that quiets the mind and liberates the spirit, as you glide effortlessly through the serene, crystal-clear waters surrounding the island. This idyllic setting offers the perfect backdrop for both beginners and seasoned divers to deepen their connection with the sea.



AMANPULO

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