Sandikala À la carte Breakfast

Smoothies ∨ H D

Juices $\vee G \ H$

Watermelon

Tangerine

Amankila Mint

pineapple, honey dew melon, mint, honey, milk

Pineapple Apple Papaya

East Dragon

dragon fruit, banana, honey,

yoghurt, milk

Coffee ∨ D

Tropical crush

watermelon cranberry, strawberry papaya, yoghurt Local Bali Coffee Double Espresso Americano Decaffeinated

Rocky Yummy

passion fruit, banana, ginger syrup, rosella syrup, coconut

cream, yoghurt

Cappuccino Café Latte Matcha Matcha Latte

Chocolate - Hot or Iced

All smoothies in combination with

yoghurt or soy milk

Tea $\lor \ \Box$

Green Tea

Healthy Smoothies VG H

Green Goddess apple, spinach, lime, cucumber,

celery

Indonesian Breakfast French Earl Grey Minty Breeze Organic Black Fresh Mint Lemongrass

Ginger

Rosella

Ginger Immune Chamomile ginger, beetroot, orange, apple, Rooibos

lime, mint

Amankila tea is sourced from an organic Indonesian brand: Tema.

(V) Vegetarian (VG) Vegan (H) Healthy choice (SF) Seafood (G) Gluten (D) Dairy (N) Nuts (P) Pork

Sandikala À la carte Breakfast

Cereals & Bowls

Cornflakes, Honey stars, Koko Krunch V H G D N with either: cow, soy, almond, oat milk

Chia Seeds Pudding VG H coconut milk, fresh market fruit, toasted seeds

House-made Tropical Granola Bowl ∨ D G N Greek yoghurt, mixed berries

Tropical Fruit Plate VG H fresh market seasonal fruit slices

Oat Porridge V H G D N choice of cow, soy, almond, oat milk, sliced banana

From Our Bakery

Bakery Basket $\vee G \supset$ sourdough, white, brown, baguette bread served with butter and jam

Pastry Basket G D croissant, pain au chocolat, daily pastry

Banana Bread ∨ G ⊃ chantilly cream

Cheese Plate G D

Selection of camembert, gruyere, manchego, sourdough bread, chutney

Eggs & Omelettes

Organic Free- Range Eggs Any-Style ∨ □ roasted tomato, hash brown

Turmeric Scrambled Tofu VVG roasted tomato, matchstick potatoes

Spiced Egg White Omelette ∨ ⊃ sauteed onion, chili, fresh tomato, coriander

Eggs Benedict G D P English muffin, poached eggs, ham, hollandaise sauce

Eggs Royale SF G D English muffin, poached eggs, smoked salmon, hollandaise sauce

Eggs Florentine G D English muffin, poached eggs, spinach, hollandaise sauce

Sides

Side on Choice SF P bacon, chicken sausage, mushroom, spinach, smoked salmon, avocado

Sandikala À la carte Breakfast

Morning Favorites

Avocado on Toast $\lor H G$ toasted brown bread, avocado, poached eggs

Cannellini Beans on Toast VG G toasted sourdough, tofu "ricotta", baked cherry tomatoes, herbs

Brioche French Toast V G D fresh mixed berries, cinnamon sugar, honeycomb butter

Banana Pancake $\vee \subseteq \square$ palm sugar syrup, chantilly cream, honeycomb butter

Waffles V G D mango, passion fruit sauce, chantilly cream

Indonesian Flavors

Bubur Ayam H SF rice porridge, spiced chicken, quail egg

Mie Goreng SF G stir-fried egg noodles, chicken, prawn, vegetables

Nasi Goreng SF G stir-fried rice, chicken, prawns, vegetables, sunny side up egg, fried chicken

Kway Teow Siram VG H vegetable stock, rice noodles, pok choi, bean sprouts, spring onions, coriander, chili soy sauce on side

Tahu Telur $\vee \mathbb{N}$ tofu omelette, spring onion, bean sprouts, coriander, green chili, peanut sauce

Sunrise Breakfast at Tamansari Bale

There is no better way to start the day than breakfast with a view. As the sun's first rays light up Mount Agung and the rice terraces of the Buitan Valley, relax in our open-air bale atop Tamansari Hill and enjoy a delicious home-cooked breakfast served by your own personal waiter.

Maximum six guests per seating, reservation required