WELLNESS SHOT

Turmeric, Ginger

Celery, Lime, Lemongrass

Apple, Spinach, Ginger

Coconut, Thai Basil, Guava

PROBIOTIC

Homemade Kombucha

Oolong Tea

Gingergize

Kombucha, Ginger, Turmeric, Lime, Mint

Pineapple Passion

Phuket Pineapple, Passion Fruit

FRESH JUICE

Antioxidant

Goji Berries, Carrot, Apple, Blood Orange, Ginger

Digestive Boost

Kombucha, Apple, Beetroot, Carrot

Anti-Inflammatory

Celery, Cucumber, Ginger, Spinach, Green Apple

Detoxification

Green Apple, Celery, Beetroot, Fresh Ginger, Turmeric

Orange | Pineapple | Apple | Coconut | Watermelon | Carrot

SMOOTHIE

Workout (S)

Raw Vegan Protein, L-Arginine, Shelled Hemp Seed, Soy Milk

Detox

Pineapple, Spirulina

Hydration (N)

 $Banana, Orange, Almond\,Milk, Roasted\,Almond$

COFFEE & TEA

Coffee

Espresso | Double Espresso | Americano | Latte | Cappuccino | Macchiato | Flat White | Ice Black Coffee | Iced Cappuccino | Iced Latte

Specialty Coffee

Khun Chang Khian 100% Thai Arabica

Cold Brew | French Press

Tea

English Breakfast | Earl Grey | Jasmine | Darjeeling | Japanese Green Tea | Fresh Mint | Ginger | Lemongrass | Peppermint | Thai Iced Tea

Our coffee and tea are green certified and come from Fairtrade partnerships.

BREAKFAST

Available from 6.30am to 11am

YOGHURT, CEREAL AND FRUIT

Yoghurt (D, VG)

Plain | Greek | Low Fat | Coconut

Cereal (N)

Corn Flakes | Special K | Weetabix | All-Bran | Rice Krispies | Muesli | Homemade Granola

Milk (D, S, VG, N)

Full Cream | Skim | Soy | Oat | Almond

Thai Mango Bowl (VG, N)

Coconut Yoghurt, Homemade Granola, Mango, Lychee

Bircher Muesli (N, D)

Almond, Dragon Fruit, Blueberry

Mix Berry Bowl (VG)

Strawberry, Raspberry, Blueberry

Phuket Pineapple Carpaccio (VG)

Orange Juice, Lime

Tropical Fruit Plate (VG)

Thai Fruit Selection

BAKERY

Sourdough (G)

Multigrain (G, D, E)

Sliced White Bread (G, D, E)

 $Croissant(\mathsf{D},\mathsf{G})$

Pain au Chocolat(G, D, S)

Banana Bread (G, D, E)

 $Plum\,Cake\,({\sf G},{\sf D},{\sf E})$

Blueberry Muffin (G, D, E)

(V) Vegetarian

(VG) Vegan

(D) Dairy

(N) Nuts

Pastry of the Day

FRESH & LIGHT

Baby Spinach Salad (VG, N)

 $Pomegranate, Roasted\,Almond,\,Quinoa,$

Chardonnay Vinaigrette

ScrambledTofu on Toast (VG, G)

Tofu & Turmeric, Hemp Seeds, Toasted Multigrain

Chia Pudding (N, VG)

Coconut Water, Almond Milk, Chiang Mai Matcha Tea,

Toasted Coconut, Strawberry, Mint

Açaí Smoothie Bowl (N, VG)

Banana, Almond Milk, Blueberry, Beetroot, Peanut Butter

TOAST

Avocado & Eggs (V, E, G)

 $Sourdough\,Bread, Crushed\,Avocado, Lemon,$

Poached Eggs

 $\pmb{Hummus}(\mathsf{G},\mathsf{D},\mathsf{VG})$

Multigrain Bread, Chickpea Hummus, Cream Cheese,

 $Cilantro, Chili\, Powder$

 $Smoked \, Salmon \, (F,G,D)$

Bagel, Smoked Salmon, Yoghurt, Dill

CURED & AGED

Prosciutto Toscano D.O.P (PK)

Beef Bresaola

SmokedSalmon

 $\boldsymbol{Artisan\, Cheeses\, Platter\, (D,\,G,\,N)}$

 $Served\,with\,Selection\,of\,Jams,\,Dried\,Fruits,$

Quince Paste & Bread (D, G)

(C) Crustaceans

SIDES

(F) Fish

Portobello Mushrooms | Crispy Bacon (PK)
Chicken or Pork Sausages (PK) | Hash Brown | Avocado

(S) Soy

(PK) Pork (E) Egg

BREAKFAST CLASSICS

Cage-Free Eggs Any Style (V, E)

Poached | Scrambled | Fried | Boiled |

Roasted Tomatoes, Mache Salad

Omelette (Regular or Egg White) (V, E)

Peppers | Cheese | Ham | Mushroom | Onion | Spinach

Egg White & Herb Frittata (V, E)

Red Onion, Basil, Green Chilli, Asparagus, Rocket

Eggs Florentine (V, E, D, G)

English Muffin, Poached Eggs, Spinach,

Hollandaise Sauce

Eggs Royale (F, D, E, G)

English Muffin, Poached Eggs, Smoked Salmon,

Hollandaise Sauce

Eggs Benedict (PK, E, D, G)

English Muffin, Poached Eggs, Ham, Hollandaise Sauce

Orange French Toast (V, D, E, G)

Caramelised Banana, Mixed Berries, Maple Syrup,

Whipped Cream

Pancake (Banana, Blueberry or Plain) (V, D, E, G)

Mixed Berry, Honeycomb, Whipped Cream

Kaffir Lime Waffle (V, D, E, G)

Mango Coulis, Maple Syrup, Whipped Cream

THAI FAVOURITES

Khao Tom Goong (C, S)

Boiled Rice Soup, Prawns, Pickled Turnip, Fried Garlic

Khao Klong (F, S)

Organic Brown Rice Porridge, Ginger, Fish Fillet, Spring Onion, Coriander, Shallots

Kai Jeow Pu (E, C, S)

Thai-Style Omelette with Crab Meat, Coriander with Steamed Jasmine Rice

Mee Sapaam (G, E, C, S)

Phuket-Style Stir-Fried Sapam Noodle, Vegetables, Shiitake Mushroom, Prawn, Poached Egg

Pho Ga (S, G)

Lao-Style Chicken Noodle Soup, Saw Leaf Coriander, Basil, Onion, Shallots, Garlic, Homemade Chilli Oil

Kai Gata (E, PK, S)

Pan Fried Eggs, Minced Pork, Pork Sausage, Spring Onions

Moo Ping (PK, S, G, F)

Grilled Pork Skewers, Black Sticky Rice, Tamarind Sauce

Please let us know if you have any allergies or special dietary requirements, or if you require any further information.

Our choice of suppliers and local produce – including fish, meat, dairy, fruits and vegetables – is informed by our commitment to sustainability.

(G) Gluten